

Missouri State Senior Games Records

Updated - April 2024

ARCHERY

Recurve

| | | |
|---------|---------------------------------------|-----|
| 50-54 F | Janis Grellner, Graham ('17)..... | 813 |
| 55-59 F | Janis Grellner, Linn ('22)..... | 817 |
| 60-64 F | Ruth Short, Lake Sherwood ('00)..... | 517 |
| 75-79 F | Ann Hoyt, Bridgeton ('97)..... | 763 |
| 80-84 F | Ann Hoyt, St Charles ('02)..... | 683 |
| 50-54 M | Paul Winterbower, Mexico ('07)..... | 840 |
| 55-59 M | Paul Winterbower, Mexico ('09)..... | 830 |
| 60-64 M | Paul Winterbower, Mexico ('14)..... | 792 |
| | Larry Skinner, Moberly ('04)..... | 792 |
| 65-69 M | Larry Skinner, Moberly ('10)..... | 818 |
| 70-74 M | Larry Skinner, Moberly ('13)..... | 805 |
| 75-79 M | J.C. Spelce, O' Fallon, IL ('03)..... | 763 |
| 80-84 M | J.C. Spelce, O' Fallon, IL ('06)..... | 721 |
| 85-89 M | Earl Hoyt, Bridgeton ('97)..... | 551 |

Compound Fingers

| | | |
|---------|---|-----|
| 50-54 F | Connie Randall, Skidmore ('08)..... | 650 |
| 55-59 F | Marsha Criger, Bethany ('12)..... | 757 |
| 60-64 F | Marsha Criger, Bethany ('13)..... | 747 |
| 50-54 M | Roger Hensley, Nevada ('01)..... | 825 |
| 55-59 M | Carroll Walker, Green City ('08)..... | 858 |
| 60-64 M | Carroll Walker, Green City ('11)..... | 836 |
| 65-69 M | Gary Lair, Smithville ('07)..... | 805 |
| 70-74 M | Don Haney, Smithville ('00)..... | 794 |
| 75-79 M | Winston Parkinson, Bull Shoals, AR ('99)..... | 781 |
| 80-84 M | Winston Parkinson, Bull Shoals, AR ('00)..... | 756 |
| 85-89 M | Winston Parkinson, Bull Shoals, AR ('06)..... | 695 |
| 90-94 M | Winston Parkinson, Rolla ('10)..... | 519 |

Compound Release

| | | |
|---------|---|-----|
| 50-54 F | Ellen Cameron-Rice, Greenfield ('22)..... | 853 |
| 55-59 F | Sharon Boedges, Fenton ('06)..... | 828 |
| 60-64 F | Wanda Mehaffy, Ballwin ('98)..... | 815 |
| 65-69 F | Wanda Mehaffy, Ballwin ('03)..... | 825 |
| 70-74 F | Rose Dorion, Wichita KS ('14)..... | 778 |
| 75-79 F | Wanda Mehaffy, Ballwin ('14)..... | 793 |
| 50-54 M | Bill Myers, High Ridge ('04, '06)..... | 877 |
| 55-59 M | Bill Myers, High Ridge ('11)..... | 878 |
| 60-64 M | Bill Myers, High Ridge ('13)..... | 879 |
| 65-69 M | Richard Gibson, Bethany ('13)..... | 858 |
| 70-74 M | Bill Myers, High Ridge ('22)..... | 859 |
| | Roger Dobias, Joplin ('13)..... | 859 |
| 75-79 M | Roger Dobias, Joplin ('18)..... | 825 |
| 80-84 M | Al Tuller, Buffalo ('19)..... | 812 |

Barebow Recurve (no sights)

| | | |
|---------|--------------------------------------|-----|
| 50-54 M | Mark Hodges, Lawrence KS ('14)..... | 744 |
| 55-59 M | Jacky Yam, St. Louis ('11)..... | 654 |
| 60-64 M | Mark Hodges, Lawrence KS ('13)..... | 707 |
| 65-69 M | John Carrell, ('12)..... | 692 |
| 70-74 M | Steve Craycraft, Inman SC ('22)..... | 633 |

| | | |
|---------|-------------------------------------|-----|
| 75-79 M | Stephen Amsden, Ballwin ('23)..... | 507 |
| 80-84 M | Roger Wertanen, Peterson ('23)..... | 215 |

Barebow Compound (no sights)

| | | |
|---------|-----------------------------------|-----|
| 60-64 M | Clint Kasten, St Louis ('04)..... | 770 |
| 65-69 M | Clint Kasten, St Louis ('08)..... | 763 |
| 70-74 M | Clint Kasten, St Louis ('14)..... | 749 |
| 75-79 M | Clint Kasten, St Louis ('16)..... | 676 |

BOWLING

Singles - Scratch

| | | |
|---------|--|-----|
| 50-54 F | Monica Woodsmall, Lake St Louis ('23)..... | 651 |
| 55-59 F | Joyce Wolf, Sedalia ('04)..... | 670 |
| 60-64 F | Jo Schlafer, Berger ('14)..... | 626 |
| 65-69 F | Shirley Sherman, St Joseph ('02)..... | 586 |
| 70-74 F | Jerri Korber, Warsaw ('06)..... | 582 |
| 75-79 F | Goldie Wolford, Marshall ('99)..... | 538 |
| 80-84 F | Virginia Serb, St Louis ('00)..... | 510 |
| 85-89 F | Loretta Kemna, St Elizabeth ('02)..... | 456 |
| 90-94 F | Blanche Deal, Marshall ('06)..... | 437 |
| 50-54 M | Ronald Paubel, Claycomo ('01)..... | 743 |
| 55-59 M | Douglas Hufendick, Maryland Heights ('16)..... | 721 |
| 60-64 M | Oscar Maddox, Steedman ('02)..... | 726 |
| 65-69 M | John Brown, St. Louis ('05)..... | 742 |
| 70-74 M | Jim Barksdale, Steelville ('06)..... | 807 |
| 75-79 M | Harold Long, Camdenton ('01)..... | 668 |
| 80-84 M | Gus Marsala, St Charles ('18)..... | 647 |
| 85-89 M | Melvorn Winter, Columbia ('17)..... | 510 |
| 90-94 M | Melvorn Winter, Columbia ('21)..... | 498 |
| 95-99 M | Charles Myers Columbia ('99)..... | 430 |

Doubles - Scratch

| | | |
|---------|--|------|
| 50-54 F | Joyce Wolf, Sedalia Florine Reynolds, Sedalia ('02)..... | 1230 |
| 55-59 F | Judith Seckel, Florissant Mary Anne Mueller, Arnold ('00)..... | 1117 |
| 60-64 F | Lynn Angle, St Louis Glenda Weaver, Eureka ('02)..... | 1178 |
| 65-69 F | Beverly Wilson, Marshall Shirley Keyton, Slater ('06)..... | 1140 |
| 70-74 F | Rose Davis, Marshall Leann Westbrook, Marshall ('02)..... | 1081 |
| 75-79 F | Phyllis Jesse, Mexico Dot Davidson, Mexico ('02)..... | 902 |
| 80-84 F | Dot Davidson, Mexico Reita Allen, Mexico ('05)..... | 911 |
| 50-54 M | Charles Clutts, Jefferson City Mike Heinaman, Holts Summit ('23)..... | 1527 |
| 55-59 M | Jim Costello, St. Louis Paul Costello, Eureka ('05)..... | 1315 |
| 60-64 M | Robert Dierking, Columbia Edward Hinderberger, Columbia ('06)..... | 1363 |
| 65-69 M | Robert Murray, Waterloo, IL | |

Missouri State Senior Games Records

| | | |
|---------|--|------|
| | John Seckman, Hillsboro ('02)..... | 1342 |
| 70-74 M | Dale Mackey, St Peters Donald Swegel, Kansas City, KS ('02) | 1341 |
| 75-79 M | John Brown, St Louis Donald Lipka, Kirkwood ('14)..... | 1127 |
| 80-84 M | William Diehl, Mexico Don Beckett, Mexico ('05)..... | 1060 |

Mixed Doubles - Scratch

| | | |
|-------|---|------|
| 50-54 | Gina Green, Independence John Snowden, Independence ('14)..... | 1244 |
| 55-59 | Donna Spectra Phillip Wagner ('11) | 1202 |
| 60-64 | Jo Schlafer, Berger Gregory Schlafer, Berger ('12)..... | 1176 |
| 65-69 | Sylvia Antrim, Raytown Marvin Antrim, Raytown ('02)..... | 1159 |
| 70-74 | Ruth Lowe, Waverly, IL James Lowe, Waverly, IL ('02)..... | 1133 |
| 75-79 | Evelyn Dougherty, Boonville Robert Dougherty, Boonville ('22)..... | 1186 |
| 80-84 | Dot Davidson, Mexico Don Beckett, Mexico ('06)..... | 1009 |
| 85-59 | Dorothy Rasp, Kirkwood Donald Lipka, Kirkwood ('17)..... | 864 |
| 90-94 | Charles Myers, Columbia Cleo Windsor, Columbia ('99) | 807 |

Team - Scratch

| | | |
|-------|--|------|
| 50-54 | Donna's Hunks ('05)..... Jim Costello, St. Louis John Brown, St. Louis Michael Hackett, Chesterfield Paul Costello, Eureka | 2344 |
| 55-59 | Good Timers ('02)..... Zed Dougherty, Boonville Norris Kruse, Columbia Omer Ball, Clark James Flower, Columbia | 2387 |
| 60-64 | Good Timers ('01)..... John Riechers, Columbia Norris Kruse, Columbia James Flower, Columbia William Huber, Columbia | 2253 |
| 65-69 | Rock 'n Rollers ('02) | 2198 |
| | Albert "Bud" Green, Odessa Mary "Gina" Green, Odessa H. Hawkins, Jerico Springs Regina Baker, Grandview | |
| 70-74 | Good Timers ('06)..... Norris, Kruse, Columbia Richard Potrafka, Columbia Wayne Sapp, Ashland John Starbuck, Kirksville | 2277 |
| 75-79 | Don's Crew ('03) | 2057 |
| | Dot Davidson, Mexico William Diehl, Mexico | |

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|-------|---|------|
| | Don Beckett, Mexico Elsie Martin, Mexico | |
| 80-84 | Don's Crew ('07) | 1882 |
| | Reita Allen, Mexico William Diehl, Mexico Dot Davidson, Mexico Don Beckett, Mexico | |

CYCLING

1 Mile Time Trial

| | | |
|---------|---|---------|
| 50-54 F | Deb Schopp, Ballwin ('05)..... | 2:43 |
| 55-59 F | Charlene McMenamy, St Charles ('95)..... | 2:54 |
| 60-64 F | Charlene McMenamy, St Charles ('00)..... | 2:54 |
| 65-69 F | Charlene McMenamy, St Charles ('04)..... | 3:00.2 |
| 70-74 F | Dorothy Davis, Houston ('04)..... | 3:24.8 |
| 50-54 M | Raymond Sapp, Columbia ('99, '00)..... | 2:16 |
| 55-59 M | Dick Walker, Shawnee Mission, KS ('99)..... | 2:25 |
| 60-64 M | Jim Witt, Grandview ('04)..... | 2:29.4 |
| 65-69 M | Herbert Mittlehauser, Sedalia ('95) | 2:36 |
| 70-74 M | David Oakes, Kosciusko, MS ('06)..... | 2:37.30 |
| 75-79 M | Ray Wageman, Springfield ('00) | 3:00 |
| 80-84 M | Ray Wageman, Springfield ('05) | 3:08 |
| 85-89 M | Eugene Gotsch, St Louis ('95) | 3:29 |

5K Time Trial

| | | |
|---------|--|-------|
| 50-54 F | Patti Vanderhoff, Centerton, AR ('14)..... | 6:29 |
| 55-59 F | Sheryl Galvin, Clever ('14) | 6:40 |
| 60-64 F | Roberta Dierks, Leadwood ('12)..... | 8:47 |
| 65-69 F | Sandra Wulff, Holts Summit ('12)..... | 8:02 |
| 70-74 F | Sister Josepha Schaeffer, Spfd, IL ('04) | 10:28 |
| 75-79 F | Lois Jazo, Bloomington, IL ('18) | 10:45 |
| 50-54 M | Chip Asher, St Louis ('14)..... | 5:39 |
| 55-59 M | Lance Farr, Evansville IN ('14)..... | 5:50 |
| 60-64 M | Ron Sapp, Columbia ('14)..... | 5:02 |
| 65-69 M | Andy Brown, Kearney ('14)..... | 4:38 |
| 70-74 M | Gary Carr, Mascoutah IL ('14) | 5:03 |
| 75-79 M | Dean Wilkinson, Dallas TX ('14)..... | 5:12 |
| 80-84 M | Bill Earp, Independence MO ('23)..... | 7:24 |
| 85-89 M | Herbert Mittlehauser, Sedalia ('14) | 7:19 |

10K Time Trial

| | | |
|---------|--|-------|
| 50-54 F | Peggy Donovan, Grandview ('98)..... | 16:50 |
| 55-59 F | Charlene McMenamy, St Charles ('96)..... | 15:32 |
| 60-64 F | Sister Josepha Schaeffer, Spfd, IL ('96) | 15:33 |
| 65-69 F | Dorothy Davis, Houston ('96)..... | 17:28 |
| 70-74 F | Sister Josepha Schaeffer, Spfd, IL ('06) | 20:06 |
| 75-79 F | Charlene McMenamy, St. Charles ('12)..... | 21:50 |
| 50-54 M | John Ollar, Columbia ('96)..... | 13:28 |
| 55-59 M | Scott Sifferman, Mt Vernon ('10)..... | 12:35 |
| 60-64 M | Carl Penzel, Jackson ('96)..... | 13:12 |
| 65-69 M | Gary Carr, Mascoutah IL ('10) | 13:59 |
| | Robert Cohn, Creve Couer ('96) | 13:59 |
| 70-74 M | Earl Higler, Gravette, AR ('10) | 14:30 |
| 75-79 M | Bill Mundy, Grantwood Village ('96) | 16:14 |
| 80-84 M | Ray Wageman, Springfield ('06) | 18:29 |
| 85-89 M | Eugene Gotsch, St Louis ('96) | 22:17 |

20K Road Race

| | | |
|---------|-----------------------------------|-------|
| 50-54 F | Catherine Finn, Festus ('22)..... | 30:16 |
|---------|-----------------------------------|-------|

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|---------|--|-------|
| 55-59 F | Sandra Wulff, Holts Summit ('03)..... | 33:21 |
| 60-64 F | Sister Josepha Schaeffer, Spfd, IL ('96) | 33:06 |
| 65-69 F | Charlene McMenemy, St. Charles ('05)..... | 36:17 |
| 70-74 F | Sister Josepha Schaeffer ('12) | 40:15 |
| 75-79 F | Lois Jazo, Bloomington, IL ('18) | 39:52 |
| 50-54 M | John Ollar, Columbia ('96)..... | 29:06 |
| 55-59 M | Dick Walker, Shawnee, KS ('97)..... | 26:05 |
| 60-64 M | Carl Penzel, Jackson ('96)..... | 28:58 |
| 65-69 M | Dennis Lilly, St Louis ('22)..... | 30:05 |
| 70-74 M | Andy Brown, Overland Park, KS ('18) | 30:49 |
| 75-79 M | Gary McGregor, Atchison, KS ('10) | 33:47 |
| 80-84 M | Joe Douglas, Lawrence, KS ('19)..... | 35:00 |
| 85-89 M | Herbert Mittlehauser, Sedalia ('15) | 45:00 |

40K Road Race

| | | |
|---------|--|---------|
| 50-54 F | Catherine Finn, Festus ('22)..... | 1:00:37 |
| 55-59 F | Sandra Wulff, Holts Summitt ('01)..... | 1:06:52 |
| 60-64 F | Charlene McMenemy, St. Charles ('01)..... | 1:11:32 |
| 65-69 F | Charlene McMenemy, St. Charles ('06)..... | 1:14:29 |
| 70-74 F | Charlene McMenemy, St Charles ('08)..... | 1:23:38 |
| 75-79 F | Sandra Wulff, Clermont FL ('22) | 1:26:17 |
| 50-54 M | JC Van Deventer, Lee's Summit ('22) | 1:00:25 |
| 55-59 M | Charles Givens, Springfield ('22)..... | 1:00:38 |
| 60-64 M | John Cole, Lake Lotawana ('22) | 1:00:35 |
| 65-69 M | Dennis Lilly, St Louis ('22)..... | 1:00:39 |
| 70-74 M | Craig Lofgren, Lee's Summit ('22) | 1:00:44 |
| 75-79 M | Martin Vance, Lee's Summit ('22)..... | 1:00:40 |
| 80-84 M | Bill Earp, Independence, MO ('23)..... | 1:02:10 |
| 85-89 M | Patrick Bunch, Roeland Park, KS ('21)..... | 1:30:00 |

50K Road Race

| | | |
|---------|---|---------|
| 50-54 F | Sandra Wulff, Hots Summit ('98)..... | 1:30:20 |
| 55-59 F | Charlene McMenemy, St Charles ('96)..... | 1:37:05 |
| 60-64 F | Sister Josepha Schaeffer, Springfield, IL ('96) | 1:32:10 |
| 65-69 F | Sister Josepha Schaeffer, Springfield, IL ('97) | 1:43:18 |
| 50-54 M | John Ollar, Columbia ('96)..... | 1:24:17 |
| 55-59 M | Dick Walker, Shawnee, KS ('96)..... | 1:17:57 |
| 60-64 M | Carl Penzel, Jackson ('96)..... | 1:21:43 |
| 65-69 M | Robert Cohn, Creve Couer ('96) | 1:27:09 |
| 70-74 M | Ray Wageman, Springfield ('96)..... | 1:29:01 |
| 75-79 M | Dick Oldakowski, Chillicothe ('96) | 1:42:14 |

GOLF

| | | |
|---------|--|-----|
| 50-54 F | Lee Shattuck, Warrensburg ('99)..... | 84 |
| | Sherri Sommerer, California ('12)..... | 84 |
| 55-59 F | Vicki Briggs, Mexico ('04)..... | 78 |
| 60-64 F | Mary Rose Heil, Clayton ('96)..... | 77 |
| 65-69 F | Fern Carter, Columbia ('96) | 79 |
| | Mildred Barnes, Warrensburg ('99)..... | 79 |
| 70-74 F | Fern Carter, Columbia ('97) | 78 |
| 75-79 F | Millie Barnes, Warrensburg ('06)..... | 87 |
| 80-84 F | Helen Crawford, Columbia ('11)..... | 98 |
| 90-94 F | Peggy Hall, St Peters ('15) | 118 |
| 50-54 M | Jerry McCarty, Columbia ('99) | 68 |
| 55-59 M | Mike Goff, Huntsville ('09)..... | 73 |
| | Ronald Stein, Moberly ('97)..... | 73 |
| 60-64 M | Vernon Frank, Versailles ('96)..... | 71 |
| 65-69 M | Henry Hartle, Lebanon ('06) | 72 |

| | | |
|---------|--------------------------------------|----|
| 70-74 M | Francis Hagan, Columbia ('96) | 70 |
| 75-79 M | John Hiesberger, Columbia ('23)..... | 71 |
| 80-84 M | Bob Iglehart, Columbia ('21) | 72 |
| 85-89 M | Ben Gibson, Cuba ('22)..... | 76 |
| 90-94 M | Steven Roberge, Desoto ('12) | 89 |

RACE WALK

1,500M Race Walk

| | | |
|---------|--|-------|
| 50-54 F | Jeanine Allsup, Belleville, IL ('05)..... | 9:12 |
| 55-59 F | Eileen McManus, Kansas City ('12) | 8:14 |
| 60-64 F | Maurine Lia, Creve Coeur ('97)..... | 8:35 |
| 65-69 F | Maurine Lia, Creve Coeur ('98)..... | 8:36 |
| 70-74 F | Maurine Lia, Creve Coeur ('03)..... | 9:05 |
| 75-79 F | Maruine Lia, Creve Coeur ('08)..... | 9:38 |
| 80-84 F | Maurine Lia, Creve Coeur ('12)..... | 10:22 |
| 85-89 F | Maurine Lia, Fenton ('18) | 11:51 |
| 50-54 M | David Couts, Whiteside ('06)..... | 7:00 |
| 55-59 M | David Couts, Whiteside ('13)..... | 7:10 |
| 60-64 M | David Couts, Whiteside ('15)..... | 7:27 |
| 65-69 M | David Couts, Whiteside ('23)..... | 7:51 |
| 70-74 M | David Eisenberg, Leawood, KS ('23) | 9:04 |
| 75-79 M | Alan Poisner, Overland Park KS ('10) | 9:16 |
| 80-84 M | Alan Poisner, Overland Park KS ('14) | 9:37 |
| 85-89 M | Fred Adams, Kansas City ('19) | 11:41 |
| 90-94 M | Thomas Young, Overland Park, KS ('07)..... | 14:18 |

5K Race Walk

| | | |
|---------|---|-------|
| 50-54 F | Patty Zinchuk, Lee's Summit ('01)..... | 32:11 |
| 55-59 F | Gayle Johnson, Columbia ('07)..... | 30:16 |
| 60-64 F | Liz Kyger, Oldfield ('23)..... | 27:30 |
| 65-69 F | Maurine Lia, Creve Coeur ('98)..... | 31:03 |
| 70-74 F | Maurine Lia, Creve Coeur ('03)..... | 33:46 |
| 75-79 F | Maruine Lia, Creve Coeur ('08)..... | 35:27 |
| 80-84 F | Maurine Lia, Creve Coeur ('12)..... | 37:22 |
| 85-89 F | Maurine Lia, Fenton ('18) | 43:46 |
| 50-54 M | David Couts, Whiteside ('06)..... | 24:50 |
| 55-59 M | David Couts, Whiteside ('13)..... | 25:24 |
| 60-64 M | David Couts, Whiteside ('19)..... | 25:48 |
| 65-69 M | David Couts, Whiteside ('23)..... | 24:49 |
| 70-74 M | Fred Adams, Liberty ('04)..... | 34:12 |
| 75-79 M | James Veenstra, Jacksonville IL ('15) | 34:52 |
| 80-84 M | Tom Kirley, Kewanee, IL ('99) | 35:02 |
| 85-59 M | Fred Adams, Kansas City ('19) | 41:03 |
| 90-94 M | Thomas Young, Overland Park, KS ('07)..... | 48:47 |

ROAD RACE

5K Road Race

| | | |
|---------|--|-------|
| 50-54 F | Liz Kyger, Oldfield ('12)..... | 21:58 |
| 55-59 F | Liz Kyger, Oldfield ('14)..... | 22:47 |
| 60-64 F | Liz Kyger, Oldfield ('22)..... | 21:00 |
| 65-69 F | Kathy Bruce, St. Louis, MO ('16)..... | 27:59 |
| 70-74 F | Rita Kilker, Ballwin ('12)..... | 28:23 |
| 75-79 F | Rita Kilker, Ballwin ('14)..... | 29:17 |
| 80-84 F | Dottie Gray, Kirkwood ('06) | 38:53 |
| 50-54 M | Marc Keys, Columbia ('14)..... | 18:00 |
| 55-59 M | Bobby Kincaid, Farley ('96)..... | 18:48 |
| 60-64 M | Patrick Moreton, Webster Groves ('21)..... | 19:40 |

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|---------|--|-------|
| 65-69 M | John Howland, Jefferson City ('14)..... | 19:58 |
| 70-74 M | Neville Davis, Hartsburg ('23)..... | 20:20 |
| 75-79 M | Delbert Camp, Griggsville, IL ('08)..... | 25:20 |
| 80-84 M | Sandy MacLean, St. Louis ('16)..... | 31:32 |
| 85-89 M | Barney Sword, Columbia ('16)..... | 34:35 |
| 90-94 M | Barney Sword, Columbia ('22)..... | 42:00 |

10K Road Race

| | | |
|---------|--|---------|
| 50-54 F | Pam Sailors, Springfield ('13)..... | 47:29 |
| 55-59 F | Pam Sailors, Springfield ('18)..... | 48:49 |
| 60-64 F | Carol Kuhlmann, New Haven ('06)..... | 58:16 |
| 65-69 F | Mary Specking, St Charles ('95)..... | 56:38 |
| 70-74 F | Rita Kilker, Ballwin ('12)..... | 59:39 |
| 75-79 F | Rita Kilker, Ballwin ('14)..... | 1:04:02 |
| 80-84 F | Dottie Gray, Kirkwood ('00)..... | 1:25:04 |
| 50-54 M | Jack Uhrig, Marshall ('06)..... | 42:04 |
| 55-59 M | Bobby Kincaid, Farley ('96)..... | 39:53 |
| 60-64 M | Granville White, Town and Country ('02)..... | 42:00 |
| 65-69 M | Steve Terry, Lexington ('21)..... | 47:37 |
| 70-74 M | Thom Wilkins, Lebanon ('16)..... | 46:47 |
| 75-79 M | Ernie Hirschfeld, Pacific ('02)..... | 50:30 |
| 80-84 M | Richard Kane, Kansas City ('14)..... | 1:09:20 |
| 85-89 M | Ed Burnham, Kansas City ('06)..... | 1:29:28 |

SHOOTING

Trap

| | | |
|---------|---|----|
| 50-54 F | Mary Ann Gates, Columbia ('00)..... | 44 |
| | Peggy Siler, Branson ('96)..... | 44 |
| 55-59 F | Mary Ann Gates, Columbia ('02)..... | 44 |
| 60-64 F | Mary Ann Gates, Columbia ('06)..... | 39 |
| 65-69 F | Cathy Paben, Camdenton ('16)..... | 39 |
| 70-74 F | Joan Allison, Carrollton ('04)..... | 44 |
| 75-79 F | Mary Dale, Napoleon ('19)..... | 35 |
| 50-54 M | Bob Rassler, Roach ('15)..... | 49 |
| | George Nichols, Shawnee, KS ('96)..... | 49 |
| 55-59 M | Karrol Hildebrand, Vandalia ('96)..... | 50 |
| 60-64 M | Clark Marks, Columbia ('04)..... | 49 |
| | James Badaracco, Mexico ('99, '01)..... | 49 |
| | Karrol Hildebrand, Vandalia ('00)..... | 49 |
| | James Huffington, Madison ('96)..... | 49 |
| 65-69 M | Karrol Hildebrand, Vandalia ('06, '08)..... | 50 |
| 70-74 M | Mike Szemplenski, Camdenton ('13)..... | 47 |
| | Karrol Hillebrand, Vandalis ('11)..... | 47 |
| | Jim Badaracco, Mexico ('08)..... | 47 |
| 75-79 M | Richard Dale, Napoleon ('19)..... | 48 |
| | Glenn Taylor, Eldon ('06)..... | 48 |
| 80-84 M | Ronald Kleiboeker, Lake St Louis ('19)..... | 47 |
| 85-89 M | Elmer Hawse, St Charles ('19, '21)..... | 36 |
| 90-94 M | Elmer Hawse, St Charles ('23)..... | 32 |

Modified International Trap (50 targets)

| | | |
|---------|---------------------------------------|----|
| 50-54 F | Sandy Harvey, Lebanon ('10)..... | 31 |
| 55-59 F | Mary Ann Gates, Columbia ('04)..... | 42 |
| 60-64 F | Cathy Pabon, Camdenton ('15)..... | 32 |
| 65-69 F | Mary Ann Gates, Columbia ('13)..... | 39 |
| 70-74 F | Kathy Paben, Camdenton ('21)..... | 36 |
| 75-79 F | Linda Kittle, Columbus, OH ('18)..... | 8 |
| 50-54 M | Jerry Morgan, Lebanon ('02)..... | 50 |

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|---------|--|----|
| 55-59 M | Stephen Sasek, Madison ('04)..... | 50 |
| 60-64 M | Karrol Hillebrand, Vandalia ('04)..... | 49 |
| 65-69 M | Don Deven, St. Louis ('05)..... | 49 |
| 70-74 M | Clifford Holmes, Columbia ('04)..... | 46 |
| 75-79 M | Glen Jungmeyer, Eldon ('17)..... | 45 |
| 80-84 M | Edward Ruehter, Sunrise Beach ('15)..... | 46 |
| 85-89 M | Elmer Hawse, St Charles ('19)..... | 36 |
| 90-94 M | Elmer Hawse, St Charles ('23)..... | 21 |

Modified International Trap (25 targets)

| | | |
|---------|--------------------------------------|----|
| 50-54 F | Mary Ann Gates, Columbia ('00)..... | 21 |
| 50-54 M | Ralph Gates, Columbia ('00)..... | 21 |
| 55-59 M | Everett Stout, Glencoe ('00)..... | 20 |
| 60-64 M | Chuck Farquhar, Columbia ('00)..... | 21 |
| 65-69 M | Clifford Holmes, Columbia ('00)..... | 22 |
| | Bill McCray, Columbia ('00)..... | 22 |
| 75-79 M | Harvey Tuner, Thompson ('00)..... | 16 |

Doubles Trap

| | | |
|---------|--|----|
| 50-54 F | Sandy Harvey, Lebanon ('10)..... | 27 |
| 55-59 F | Joyce Rice, Freeman ('03)..... | 16 |
| 50-54 M | Rob Rassler, Roach ('13)..... | 46 |
| 55-59 M | Ralph Gates, Columbia ('03)..... | 47 |
| | Jerry Morgan, Lebanon ('05)..... | 47 |
| 60-64 M | Karrol Hillebrand, Vandalia ('04)..... | 47 |
| 65-69 M | Jim Badaracco, Mexico ('05)..... | 48 |
| 70-74 M | James Badaracco, Mexico ('07)..... | 45 |
| 75-79 M | Clifford Holmes, Columbia ('07)..... | 42 |
| | Ronald Kleiboeker, Lake St. Louis ('16)..... | 42 |
| 80-84 M | Gordon Becht, Hermann ('05)..... | 45 |
| 85-89 M | Carl Meisenheimer, California ('21)..... | 34 |
| 90-94 M | Elmer Hawse, Columbia ('23)..... | 23 |

Bunker Trap (25 targets)

| | | |
|---------|--|----|
| 50-54 M | Tim Beauchamp, Jefferson City ('19)..... | 10 |
| 55-59 M | John Brummett, Marshall ('19)..... | 17 |
| 60-64 M | Jeff Cockerham, Jefferson City ('19)..... | 18 |
| 65-69 M | David Horton, Tuscumbia ('19)..... | 20 |
| 70-74 M | Robert Rehmeier, Jefferson City ('19)..... | 15 |
| 75-79 M | Richard Dale, Napoleon ('19)..... | 16 |
| 80-84 M | Carl Meisenheimer, California ('19)..... | 4 |

Bunker Trap (50 targets)

| | | |
|---------|--|----|
| 50-54 M | Thomas McMillin, Columbia ('23)..... | 21 |
| 55-59 M | Stuart Devore, Columbia ('21)..... | 32 |
| 60-64 M | Stuart DeVore, Columbia ('23)..... | 39 |
| 65-69 M | Robert Hyder, Jefferson City ('23)..... | 40 |
| 70-74 M | Robert Rehmeier, Jefferson City ('21)..... | 33 |
| 75-79 M | Robert Rehmeier, Jefferson City ('23)..... | 37 |
| 80-84 M | Glen Jungmeyer, Eldon ('23)..... | 30 |

American Skeet

| | | |
|---------|--|----|
| 50-54 F | Darcy Marlow, Columbia ('10, '11)..... | 18 |
| 55-59 F | Mary Ann Gates, Columbia ('03)..... | 49 |
| 60-64 F | Mary Ann Gates, Columbia ('06)..... | 48 |
| 65-69 F | Mary Ann Gates, Columbia ('12)..... | 42 |
| 70-74 F | Mary Ann Gates, Columbia ('18)..... | 40 |
| 50-54 M | Joe Wilkins, St Louis ('08)..... | 50 |
| | Harry Knollhoff, St Charles ('07)..... | 50 |
| | Ralph Gates, Columbia ('97)..... | 50 |
| | Joe Wilkins, St. Louis ('05)..... | 50 |

Missouri State Senior Games Records

| | | |
|---------|--|----|
| 55-59 M | Ralph Gates, Columbia ('06)..... | 50 |
| 60-64 M | D.C. Look, Rolla ('02)..... | 50 |
| 65-69 M | Tim Ripperger, Jefferson City ('22)..... | 49 |
| | Bill Motley, Rocheport ('21)..... | 49 |
| | Ralph Gates, Columbia ('13)..... | 49 |
| | George Miller, Vandalia ('06)..... | 49 |
| | Richard Fritz, Eldon ('97)..... | 49 |
| 70-74 M | Lawrence Cannon, St Charles ('08)..... | 49 |
| 75-79 M | Joe Sullivan, Columbia ('23)..... | 47 |
| 80-84 M | Lawrence Cannon, St Charles ('17)..... | 44 |
| | Elmer Hawse, St Charles ('15)..... | 44 |
| 85-89 M | Elmer Hawse, St Charles ('19)..... | 42 |
| 90-94 M | Ramie Julian, Rolla ('00)..... | 40 |

Modern Skeet

| | | |
|---------|--|----|
| 50-54 F | Mary Ann Gates, Columbia ('98, '99)..... | 42 |
| 55-59 F | Mary Ann Gates, Columbia ('04)..... | 44 |
| 60-64 F | Mary Ann Gates, Columbia ('06)..... | 39 |
| 50-54 M | Rick Pityer, O' Fallon ('01)..... | 49 |
| | Ralph Gates, Columbia ('99)..... | 49 |
| | Mike Rhodes, Center ('98)..... | 49 |
| 55-59 M | Ralph Gates, Columbia ('02)..... | 50 |
| 60-64 M | Ralph Gates, Columbia ('08)..... | 49 |
| | Harold Toalson, Columbia ('02)..... | 49 |
| 65-69 M | Ralph Gates, Columbia ('13)..... | 50 |
| 70-74 M | Ralph Gates, Columbia ('18)..... | 48 |
| 75-79 M | Robert Rehmeier, Jefferson City ('22)..... | 47 |
| 80-84 M | Elmer Hawse, St Charles ('13)..... | 43 |
| 85-89 M | Elmer Hawse, St Charles ('21)..... | 37 |
| 90-94 M | Elmer Hawse, St Charles ('23)..... | 32 |

International Skeet

| | | |
|---------|--|----|
| 55-59 F | Mary Ann Gates, Columbia ('02)..... | 23 |
| 50-54 M | Ralph Gates, Columbia ('98, '99, '01)..... | 46 |
| 55-59 M | Ralph Gates, Columbia ('02)..... | 45 |
| 60-64 M | Ralph Gates, Columbia ('10 & '11)..... | 42 |
| 65-69 M | Ralph Gates, Columbia ('12)..... | 45 |
| 70-74 M | Ralph Gates, Columbia ('17)..... | 40 |
| 75-79 M | Lawrence Cannon, St Charles ('13)..... | 34 |
| 80-84 M | Glenn Taylor, Eldon ('03)..... | 33 |
| 85-89 M | Elmer Hawse, St Charles ('21)..... | 15 |

Doubles Skeet

| | | |
|---------|--|----|
| 55-59 F | Mary Ann Gates, Columbia ('03)..... | 43 |
| 60-64 F | Mary Ann Gates, Columbia ('10)..... | 38 |
| 65-69 F | Mary Ann Gates, Columbia ('11)..... | 36 |
| 50-54 M | Terry Elliott, Wentzville ('11)..... | 47 |
| | Joe Wilkins, St. Louis ('05)..... | 47 |
| 55-59 M | Ralph Gates, Columbia ('04)..... | 49 |
| 60-64 M | Ralph Gates, Columbia ('10)..... | 49 |
| 65-69 M | Harry Knollhoff, St Charles ('21)..... | 47 |
| | Ralph Gates, Columbia ('15)..... | 47 |
| 70-74 M | Ralph Gates, Columbia ('18)..... | 47 |
| 75-79 M | Fred Schwarz, Chesterfield ('06)..... | 46 |
| 80-84 M | Elmer Hawse, St Charles ('15)..... | 39 |
| 85-89 M | Elmer Hawse, St Charles ('21)..... | 36 |
| 90-94 M | Elmer Hawse, St Charles ('23)..... | 24 |

Sporting Clays

| | | |
|---------|-------------------------------------|----|
| 50-54 F | Mary Ann Gates, Columbia ('00)..... | 37 |
|---------|-------------------------------------|----|

| | | |
|---------|---|----|
| 55-59 F | Sharon Jobs, St Joseph ('04)..... | 37 |
| 60-64 F | Mary Ann Gates, Columbia ('10)..... | 37 |
| 65-69 F | Mary Ann Gates, Columbia ('12)..... | 30 |
| 75-79 F | Linda Kittle, Columbus, OH ('18)..... | 18 |
| 50-54 M | Curt Mauldin ('22)..... | 47 |
| | Brian Coleman, Boonville ('21)..... | 47 |
| | Ralph Gates, Columbia ('99)..... | 47 |
| 55-59 M | Robert Hyder, Jefferson City ('17)..... | 48 |
| | David Cruse, Columbia ('14)..... | 48 |
| 60-64 M | Jim Morgan, Lebanon ('07)..... | 49 |
| 65-69 M | Ralph Gates, Columbia ('12)..... | 49 |
| 70-74 M | Ralph Gates, Columbia ('18)..... | 46 |
| 75-79 M | Glen Jungmeyer, Eldon ('17)..... | 46 |
| 80-84 M | Elmer Hawse, St Charles ('17)..... | 43 |
| 85-89 M | Elmer Hawse, St Charles ('21)..... | 36 |
| 90-94 M | Elmer Hawse, St Charles ('23)..... | 21 |

5-Stand (50 targets)

| | | |
|---------|--|----|
| 50-54 F | Nancy Rodney, St Louis ('12)..... | 28 |
| 55-59 F | Sharon Jobs, St Joseph ('04)..... | 29 |
| 75-79 F | Linda Kittle, Columbus, OH ('18)..... | 17 |
| 50-54 M | Curt Mauldin ('22)..... | 47 |
| | Alan Lynch, Hallsville ('02)..... | 47 |
| 55-59 M | Mark Rowden, Fulton ('06)..... | 49 |
| | Ralph Gates, Columbia ('04)..... | 49 |
| 60-64 M | Steve Jobs, St Joseph ('04)..... | 49 |
| 65-69 M | Ralph Gates, Columbia ('15)..... | 47 |
| 70-74 M | Ralph Gates, Columbia ('18)..... | 42 |
| 75-79 M | Glenn Taylor, Eldon ('04)..... | 44 |
| 80-84 M | Ron Kleiboeker, Sunrise Beach ('22)..... | 31 |
| 85-89 M | Elmer Hawse, St Charles ('19)..... | 28 |

5-Stand (25 targets)

| | | |
|---------|---------------------------------------|----|
| 50-54 M | Ralph Gates, Columbia ('00)..... | 24 |
| 55-59 M | Ray Haeffner, Hermann ('00)..... | 20 |
| | Ted Smith, Madison ('00)..... | 20 |
| 60-64 M | Richard Crigler, Centralia ('00)..... | 20 |
| 65-69 M | Bill McCray, Columbia ('00)..... | 19 |

SKILL CONTESTS

Basketball - Around the World

| | | |
|---------|---|-------|
| 50-54 F | Hazel Urquilla, Warrensburg ('00)..... | 13-12 |
| 55-59 F | Hazel Urquilla, Warrensburg ('01)..... | 11-4 |
| | Dolores Hurley, Hazelwood ('96)..... | 11 |
| 60-64 F | Freddie Walker, Springfield ('00, '02)..... | 10 |
| 65-69 F | Freddie Walker, Springfield ('06)..... | 10-7 |
| 70-74 F | Carole Kennedy, Columbia ('14)..... | 12-4 |
| 75-79 F | Alice Purdes, Madison, IL ('10, '08)..... | 4-2 |
| 80-84 F | Georgie Bender, Oregon ('18)..... | 1 |
| | Donna Wilson, Columbia ('09)..... | 1 |
| 50-54 M | Dean Homan, Sedalia ('04)..... | 13-6 |
| 55-59 M | Bob Owens, Valparaiso, IN ('02)..... | 14 |
| 60-64 M | Bob Bryant, Columbia ('03)..... | 13 |
| 65-69 M | Bob Bryant, Columbia ('04)..... | 14-14 |
| | Bill Little, Maryland Hts ('02)..... | 14 |
| 70-74 M | Raymond Schumann, Hull, IL ('01)..... | 14-11 |
| 75-79 M | Raymond Schumann, Hull, IL ('02)..... | 14 |
| 80-84 M | William Faunce, Independence ('22)..... | 13-12 |

| | | |
|---------|--|------|
| | Bob McCoid, West Alexander PA ('21)..... | 13-9 |
| | Gary Filbert, Columbia ('10)..... | 13-7 |
| 85-89 M | Ron Jelinek, Smithton, IL ('18)..... | 13 |
| 90-94 M | Ed Storey, Jefferson City ('21)..... | 7-2 |

Basketball - Free Throws

| | | |
|---------|---|-------|
| 50-54 F | Melissa Lawson, Columbia ('19)..... | 20 |
| 55-59 F | Michelle Whitaker, Holts Summit ('22, '23)..... | 20-5 |
| 60-64 F | Shirley Dickherber, Wentzville ('99)..... | 20-9 |
| 65-69 F | Freddie Walker, Harrison, AR ('07)..... | 23-10 |
| 70-74 F | Freddie Walker, Harrison, AR ('11)..... | 19-9 |
| 75-79 F | Alice Purdes, Madison, IL ('08)..... | 12 |
| 80-84 F | Donna Wilson, Columbia ('09)..... | 4-1 |
| 50-54 M | Russell Cobb, Columbia ('17)..... | 25-25 |
| 55-59 M | Sonny Brown, Auburn, IL ('98)..... | 25-25 |
| 60-64 M | Jerry Layton, Kansas City ('11)..... | 25-25 |
| | Jerry Layton, Kansas City ('09)..... | 25-25 |
| | G..A. Salmon, Creighton ('06)..... | 25-25 |
| 65-69 M | Jerry Layton, Kansas City ('14)..... | 25-25 |
| | Bob Bryant, Columbia ('04, '05)..... | 25-25 |
| | Paul Adams, University City ('03)..... | 25-25 |
| 70-74 M | Raymond Schumann, Hull, IL ('98)..... | 25-25 |
| 75-79 M | Raymond Schumann, Hull, IL ('02, '03, '04)..... | 24 |
| 80-84 M | Gary Filbert, Columbia ('10)..... | 24-22 |
| 85-89 M | Jack Weston, Raytown ('05)..... | 17-8 |
| 90-94 M | Ed Storey, Jefferson City ('22)..... | 14-5 |

Football - Throw for Accuracy

| | | |
|---------|---|-----|
| 50-54 F | Mitzi Clayton, Columbia ('23)..... | 96 |
| 55-59 F | Terry Basler, Ste Genevieve ('07)..... | 96 |
| 60-64 F | Janet Ossie, Troy ('19)..... | 87 |
| 65-69 F | Rita Eckert, Bridgeton, MO ('15)..... | 96 |
| 70-74 F | Betty Adams, University City ('04)..... | 29 |
| 75-79 F | Loretta Hopgood, St Louis ('12)..... | 36 |
| 80-84 F | Loretta Hopgood, St Louis ('17)..... | 27 |
| 85-89 F | Georgie Bender, Oregon ('19)..... | 38 |
| 50-54 M | Jim Gould, Glenmount, NY ('98)..... | 130 |
| 55-59 M | Russell Cobb, California ('21)..... | 125 |
| 60-64 M | Jeff Minasian, Springfield ('21)..... | 118 |
| | Dean Homan, Sedalia ('14)..... | 118 |
| 65-69 M | Churng Anderson, Kansas City ('99)..... | 120 |
| 70-74 M | Dennis Squires, St. Charles ('12)..... | 116 |
| 75-79 M | Lyle Pfaff, Leonardville, KS ('11)..... | 105 |
| 80-84 M | Lyle Pfaff, Leonardville KS ('12)..... | 89 |
| 85-89 M | Ron Jelinek, Smithton, IL ('18)..... | 96 |
| 90-94 M | Dave McCoy, Carthage ('21)..... | 58 |

Football - Throw for Distance

| | | |
|---------|--|-----------|
| 50-54 F | Connie Strobach, Town & Country ('98)..... | 106-07.50 |
| 55-59 F | Betty Tanurchis, Eureka ('98)..... | 101-00.00 |
| 60-64 F | Betty Adams, University City ('96)..... | 81-07.00 |
| 65-69 F | Betty Adams, University City ('99)..... | 68-10.00 |
| 70-74 F | Betty Adams, University City ('05)..... | 61-08.50 |
| 75-79 F | Rose Marie Karius, St Louis ('02)..... | 82-01.50 |
| 80-84 F | Georgie Bender, Oregon ('18)..... | 48-07.00 |
| 85-89 F | Georgie Bender, Oregon ('23)..... | 38-04.00 |
| 95-99 F | Edith Brown, Carthage ('99)..... | 22-04.00 |
| 50-54 M | Tarry Cory, Urbandale, IL ('02)..... | 188-08.50 |
| 55-59 M | Tarry Cory, Urbandale, IL ('03)..... | 183-03.50 |

| | | |
|---------|--|-----------|
| 60-64 M | Bob Bryant, Columbia ('99)..... | 166-04.00 |
| 65-69 M | Art Tayon, Perryville ('00)..... | 159-03.00 |
| 70-74 M | Art Tayon, Perryville ('00)..... | 142-10.00 |
| 75-79 M | James Moffatt, Texarkana TX ('14)..... | 116-05.00 |
| 80-84 M | Dave McCoy, Carthage ('12)..... | 111-03.00 |
| 85-89 M | Dave McCoy, Carthage ('17)..... | 99-02.00 |
| 90-94 M | Dave McCoy, Carthage ('22)..... | 72-06.00 |

Softball - Throw for Accuracy

| | | |
|---------|---|-----|
| 50-54 F | Janet Ossie, Troy ('11)..... | 145 |
| 55-59 F | Terry Basler, Ste Genevieve ('08)..... | 145 |
| 60-64 F | Terry Basler, Ste Genevieve ('13)..... | 136 |
| 65-69 F | Char Sobkowski, Edwardsville, IL ('04)..... | 116 |
| 70-74 F | Rita Eckert, Bridgeton ('19)..... | 67 |
| 75-79 F | Loretta Hopgood, St Louis ('14)..... | 78 |
| 80-84 F | Loretta Hopgood, St Louis ('17)..... | 54 |
| 85-89 F | Betty McCoy, Carthage ('13)..... | 18 |
| 50-54 M | Marvin Ashley, Wildwood ('97)..... | 140 |
| 55-59 M | Tarry Cory, Clive, IA ('03)..... | 145 |
| | Dean Homan, Sedalia ('07)..... | 145 |
| 60-64 M | Scott Schwartz, Chesterfield ('19)..... | 145 |
| 65-69 M | Lyle Pfaff, Leonardville, KS ('01)..... | 140 |
| 70-74 M | James Moffatt, Texarkana TX ('10)..... | 145 |
| 75-79 M | Ray Schumann, Hull, IL ('02)..... | 145 |
| 80-84 M | Edgar Curtis, Columbia ('02)..... | 116 |
| | James, Moffatt, Texarkana, TX ('16)..... | 116 |
| 85-89 M | Dave McCoy, Carthage ('16)..... | 116 |
| 90-94 M | Dave McCoy, Carthage ('23)..... | 87 |

Softball - Throw for Distance

| | | |
|---------|--|-----------|
| 50-54 F | Connie Strobach, Town & Country ('99)..... | 166-05.00 |
| 55-59 F | Marj Locker, Ludlow ('14)..... | 140-04.00 |
| 60-64 F | Barb Borger, Freeburg, IL ('18)..... | 127-05.00 |
| 65-69 F | Vera Whitesides, Mt Vernon, IL ('00)..... | 105-03.00 |
| 70-74 F | Aileen McComas, Blue Springs ('06)..... | 77-11.00 |
| 75-79 F | Loretta Hopgood, St. Louis ('12)..... | 55-03.00 |
| 80-84 F | Georgie Bender, Oregon ('18)..... | 70-09.00 |
| 85-89 F | Georgie Bender, Oregon ('19)..... | 49-00.00 |
| 95-99 F | Edith Brown, Carthage ('99)..... | 29-02.00 |
| 50-54 M | Tarry Cory, Urbandale, IA ('02)..... | 261-04.50 |
| 55-59 M | Bob Henning, Lake Winnebago ('05)..... | 249-05.00 |
| 60-64 M | Bob Bryant, Columbia ('00)..... | 221-10.00 |
| 65-69 M | Art Tayon, Perryville ('97)..... | 202-10.00 |
| 70-74 M | James McCoy, Carthage ('05)..... | 202-11.00 |
| 75-79 M | Dave McCoy, Carthage ('09)..... | 178-11.00 |
| 80-84 M | Dave McCoy, Carthage ('11)..... | 174-05.00 |
| 85-89 M | Dave McCoy, Carthage ('17, '16)..... | 151-02.00 |
| 90-94 M | Dave McCoy, Carthage ('21)..... | 119-11.00 |

SPEED WALK**2-Mile Speed Walk**

| | | |
|---------|--|-------|
| 55-59 F | Bonnie Bell, St Charles ('04)..... | 28:43 |
| 55-59 M | Jack Hudson, Mexico ('04)..... | 24:57 |
| 60-64 M | Jack Hudson, Mexico ('05)..... | 27:46 |
| 65-69 M | Dave Lundgren, St Louis ('04)..... | 28:43 |
| 75-79 M | Herbert Mittelhauser, Sedalia ('05)..... | 25:11 |

SWIMMING

50yd Backstroke

| | | |
|---------|---|---------|
| 50-54 F | Terry Freerks, St Louis ('04) | 32.19 |
| 55-59 F | Terry Freerks, St Louis ('08) | 33.18 |
| 60-64 F | Teresa McDowell, St Louis ('11) | 37.17 |
| 65-69 F | Teresa McDowell, St Louis ('16) | 41.00 |
| 70-74 F | Teresa McDowell, St Louis ('23) | 42.82 |
| 75-79 F | Regan Kenner, Canton ('99) | 49.21 |
| 80-84 F | Carol Harris, Jefferson City ('22) | 53.73 |
| 85-89 F | Edith Hendry, St. Peters ('96) | 1:05.81 |
| 90-94 F | Hedy Pullman, Leawood, KS ('01) | 1:39.36 |
| 50-54 M | James Halliburton, Jefferson City ('09) | 27.70 |
| 55-59 M | Charles Shedd, Chesterfield ('99) | 34.42 |
| 60-64 M | Steven Hancock, Florissant ('16) | 34.48 |
| 65-69 M | William Ryan, Lake Lotawana ('14) | 35.17 |
| 70-74 M | Ted Iverson, St Louis ('22) | 36.42 |
| 75-79 M | Dave Noble, Raymore ('19) | 40.42 |
| 80-84 M | Dave Noble, Raymore ('23) | 48.83 |
| 85-89 M | Albert Fisher, Springfield ('02) | 1:00.37 |
| 90-94 M | Lowell Coon, Sparta ('13) | 1:18.51 |

100yd Backstroke

| | | |
|---------|------------------------------------|---------|
| 50-54 F | Terry Freerks, St Louis ('04) | 1:08.80 |
| 55-59 F | Terry Freerks, St Louis ('08) | 1:12.02 |
| 60-64 F | Teresa McDowell, St Louis ('11) | 1:20.80 |
| 65-69 F | Teresa McDowell, St Louis ('16) | 1:30.38 |
| 70-74 F | Teresa McDowell, St Louis ('23) | 1:30.62 |
| 75-79 F | Regan Kenner, Canton ('01) | 1:42.88 |
| 80-84 F | Carol Harris, Jefferson City ('22) | 1:58.82 |
| 85-89 F | Edith Hendry, St. Peters ('96) | 2:39.38 |
| 90-94 F | Hedy Pullman, Leawood, KS ('01) | 3:30.99 |
| 50-54 M | Jim Halliburton, Grover ('10) | 58.78 |
| 55-59 M | Steven Hancock, Florissant ('11) | 1:14.81 |
| 60-64 M | Cal Biesecker, Columbia ('21) | 1:11.48 |
| 65-69 M | Dave Noble, Raymore ('12) | 1:17.95 |
| 70-74 M | Dave Noble, Raymore ('13) | 1:20.83 |
| 75-79 M | Dave Noble, Raymore ('19) | 1:23.85 |
| 80-84 M | Dave Noble, Raymore ('23) | 1:31.82 |
| 85-89 M | William Cannon, Ballwin ('17) | 2:18.75 |
| 90-94 M | Lowell Coon, Sparta ('13) | 2:59.14 |

200yd Backstroke

| | | |
|---------|-------------------------------------|---------|
| 50-54 F | Terry Freerks, St Louis ('04) | 2:28.41 |
| 55-59 F | Terry Freerks, St Louis ('08) | 2:32.60 |
| 60-64 F | Mary Woehler, Lake St Louis ('21) | 2:42.76 |
| 65-69 F | Mary Pohlmann, Carbondale, IL ('06) | 2:53.03 |
| 70-74 F | Teresa McDowell, St Louis ('23) | 3:13.35 |
| 75-79 F | Regan Kenner, Canton ('01) | 3:44.18 |
| 80-84 F | Carol Harris, Jefferson City ('21) | 4:15.70 |
| 85-89 F | Edith Hendry, St. Peters ('96) | 5:50.33 |
| 50-54 M | Jim Halliburton, Grover ('10) | 2:08.45 |
| 55-59 M | Steve Hancock, Florissant ('11) | 2:43.68 |
| 60-64 M | Steve Hancock, Florissant ('19) | 2:48.07 |
| 65-69 M | Dave Noble, Raymore ('12) | 2:44.31 |
| 70-74 M | Dave Noble, Raymore ('15) | 2:50.82 |
| 75-79 M | Dave Noble, Raymore ('18) | 2:54.59 |
| 80-84 M | Dave Noble, Raymore ('23) | 3:18.99 |
| 85-89 M | William Cannon, Ballwin ('16) | 4:55.17 |
| 90-94 M | Lowell Coon, Rogersville ('15) | 7:08.75 |

50yd Breaststroke

| | | |
|---------|-------------------------------------|---------|
| 50-54 F | Terry Freerks, St Louis ('04) | 37.39 |
| 55-59 F | Mary Woehler, Lake St Louis ('18) | 38.47 |
| 60-64 F | Mary Woehler, Lake St Louis ('21) | 39.64 |
| 65-69 F | Jeanne Mathiesen, Kansas City ('19) | 48.29 |
| 70-74 F | Regan Kenner, Canton ('96) | 47.96 |
| 75-79 F | Regan Kenner, Canton ('99) | 46.95 |
| 80-84 F | Marie Kreipe, Tecumseh, KS ('99) | 1:17.60 |
| 85-89 F | Hedy Pullman, Leawood, KS ('98) | 1:58.75 |
| 90-94 F | Hedy Pullman, Leawood, KS ('01) | 2:19.89 |
| 50-54 M | Ronald Cervenka, High Ridge ('98) | 33.54 |
| 55-59 M | Charles Shedd, Chesterfield ('03) | 35.32 |
| 60-64 M | Dave Noble, Kansas City ('08) | 35.09 |
| 65-69 M | Dave Noble, Raymore ('10) | 33.64 |
| 70-74 M | Dave Noble, Raymore ('16) | 36.31 |
| 75-79 M | Dave Noble, Raymore ('19) | 36.93 |
| 80-84 M | Dave Noble, Raymore ('23) | 39.06 |
| 85-89 M | James Jackson, Marthasville ('11) | 1:04.66 |

100yd Breaststroke

| | | |
|---------|--|---------|
| 50-54 F | Heather Huettner, Overland Park KS ('17) | 1:27.99 |
| 55-59 F | Catherine Kohn, St Louis ('08) | 1:26.66 |
| 60-64 F | Teresa McGiverin, Kansas City ('17) | 1:36.11 |
| 65-69 F | Jeanne Mathiesen, Kansas City ('19) | 1:45.24 |
| 70-74 F | Regan Kenner, Canton ('96) | 1:44.45 |
| 75-79 F | Regan Kenner, Canton ('99) | 1:54.27 |
| 80-84 F | Carol Harris, Jefferson City ('22) | 2:43.91 |
| 85-89 F | Hedy Pullman, Leawood, KS ('98) | 3:53.85 |
| 90-94 F | Hedy Pullman, Leawood, KS ('01) | 4:45.08 |
| 50-54 M | Ronald Cervenka, High Ridge ('98) | 1:16.26 |
| 55-59 M | Charles Shedd, Chesterfield ('02) | 1:17.79 |
| 60-64 M | Dave Noble, Kansas City ('08) | 1:15.56 |
| 65-69 M | Dave Noble, Raymore ('10) | 1:14.95 |
| 70-74 M | Dave Noble, Raymore ('15) | 1:18.32 |
| 75-79 M | Dave Noble, Raymore ('19) | 1:21.17 |
| 80-84 M | Dave Noble, Raymore ('23) | 1:27.51 |
| 85-89 M | Tom Hairabedian, Independence ('10) | 2:36.26 |
| 90-94 M | Tom Hairabedian, Independence ('14) | 2:56.21 |

200yd Breaststroke

| | | |
|---------|--------------------------------------|---------|
| 50-54 F | Terry Freerks, St Louis ('04) | 2:50.71 |
| 55-59 F | Catherine Kohn, St Louis ('08) | 3:06.34 |
| 60-64 F | Samantha Martoni, Grain Valley ('22) | 3:22.14 |
| 65-69 F | Caryl Simon, St Louis ('02) | 4:05.32 |
| 70-74 F | Barbara Zaremski, Leawood, KS ('08) | 4:03.79 |
| 75-79 F | Regan Kenner, Canton ('03) | 4:30.49 |
| 80-84 F | Mary Pat Henehan, St Louis ('23) | 6:01.20 |
| 50-54 M | Keith Loving, Kirkwood ('06) | 3:00.22 |
| 55-59 M | Stephen Smith, Ballwin ('08) | 2:56.88 |
| 60-64 M | Dave Noble, Kansas City ('08) | 2:55.14 |
| 65-69 M | Dave Noble, Raymore ('10) | 2:44.99 |
| 70-74 M | Dave Noble, Raymore ('13) | 2:55.57 |
| 75-79 M | Dave Noble, Raymore ('18) | 3:00.73 |
| 80-84 M | Dave Noble, Raymore ('23) | 3:13.24 |
| 85-89 M | William Cannon, Ballwin ('16) | 6:49.55 |

50yd Butterfly

| | | |
|---------|-----------------------------------|-------|
| 50-54 F | Terry Freerks, St Louis ('04) | 31.12 |
| 55-59 F | Mary Woehler, Lake St Louis ('18) | 30.80 |

| | | |
|---------|--|---------|
| 60-64 F | Mary Woehler, Lake St Louis ('21)..... | 31.25 |
| 65-69 F | Ardeth Mueller, Ballwin ('06)..... | 33.07 |
| 70-74 F | Teresa McDowell, St Louis ('23)..... | 45.36 |
| 75-79 F | Carol Harris, Jefferson City ('18)..... | 1:05.78 |
| 80-84 F | Carol Harris, Jefferson City ('21)..... | 1:15.55 |
| 50-54 M | Jim Halliburton, Grover ('10)..... | 25.23 |
| 55-59 M | David Whitaker, Rolla ('97)..... | 30.23 |
| 60-64 M | Larry Doerr, St Louis ('16)..... | 31.18 |
| 65-69 M | William Ryan, Lake Lotawana ('14)..... | 29.92 |
| 70-74 M | Dave Noble, Raymore ('15)..... | 33.17 |
| 75-79 M | Dave Noble, Raymore ('19)..... | 35.47 |
| 80-84 M | Dave Noble, Raymore ('23)..... | 37.64 |
| 85-89 M | Loyal Buckingham, Pleasant Hill ('98)..... | 1:14.70 |

100yd Butterfly

| | | |
|---------|--|---------|
| 50-54 F | Terry Freerks, St Louis ('04)..... | 1:09.82 |
| 55-59 F | Mary Woehler, Lake St Louis ('18)..... | 1:11.49 |
| 60-64 F | Mary Woehler, Lake St Louis ('22)..... | 1:13.87 |
| 65-69 F | Teresa McDowell, St Louis ('12)..... | 1:34.06 |
| 70-74 F | Teresa McDowell, St Louis ('21)..... | 1:51.51 |
| 75-79 F | Carol Harris, Jefferson City ('18)..... | 2:28.60 |
| 80-84 F | Carol Harris, Jefferson City ('21)..... | 2:55.17 |
| 50-54 M | Jeff Haliburton, Jefferson City ('09)..... | 56.09 |
| 55-59 M | Stanley Freerks, St Louis ('08)..... | 1:12.18 |
| 60-64 M | Larry Doerr, St Louis ('16)..... | 1:14.25 |
| 65-69 M | Dave Noble, Raymore ('11)..... | 1:17.62 |
| 70-74 M | Dave Noble, Raymore ('15)..... | 1:19.24 |
| 75-79 M | Dave Noble, Raymore ('19)..... | 1:27.33 |
| 80-84 M | Dave Noble, Raymore ('23)..... | 1:37.53 |

200yd Butterfly

| | | |
|---------|---|---------|
| 50-54 F | Diane Jones, Washington ('16)..... | 4:27.09 |
| 55-59 F | Mary Woehler, Lake St Louis ('16)..... | 2:50.87 |
| 60-64 F | Mary Woehler, Lake St Louis ('21)..... | 2:50.38 |
| 70-74 F | Carol Harris, Jefferson City ('13)..... | 5:19.12 |
| 75-79 F | Carol Harris, Jefferson City ('18)..... | 5:16.28 |
| 80-84 F | Carol Harris, Jefferson City ('21)..... | 6:21.98 |
| 60-64 M | Larry Doerr, St Louis ('16)..... | 2:50.68 |
| 65-69 M | Dave Noble, Raymore ('11)..... | 3:00.57 |
| 70-74 M | Dave Noble, Raymore ('14)..... | 3:08.87 |
| 75-79 M | Dave Noble, Raymore ('18)..... | 3:08.62 |
| 80-84 M | Dave Noble, Raymore ('23)..... | 3:27.04 |

50yd Freestyle

| | | |
|---------|---|---------|
| 50-54 F | Heather Huettner, Overland Park KS ('17)..... | 29.16 |
| 55-59 F | Mary Woehler, Lake St Louis ('18)..... | 27.99 |
| 60-64 F | Mary Woehler, Lake St Louis ('21)..... | 28.47 |
| 65-69 F | Barbara Zaremski, Leawood, KS ('04)..... | 35.08 |
| 70-74 F | Barbara Zaremski, Leawood, KS ('04)..... | 35.45 |
| 75-79 F | Clara Sotak, Springfield, IL ('00)..... | 47.70 |
| 80-84 F | Carol Harris, Jefferson City ('22)..... | 50.75 |
| 85-89 F | Edith Hendry, Saint Peters ('96)..... | 1:02.55 |
| 90-94 F | Hedy Pullman, Leawood, KS ('01)..... | 1:41.02 |
| 50-54 M | Jim Halliburton, Grover ('10)..... | 23.36 |
| 55-59 M | Steven Hancock, Florissant ('11)..... | 26.59 |
| 60-64 M | Steven Hancock, Florissant ('16)..... | 26.68 |
| 65-69 M | William Ryan, Lake Lotawana ('14)..... | 25.90 |
| 70-74 M | Ted Iverson, St Louis ('22)..... | 29.85 |
| 75-79 M | Robert Blake, Bridgeton ('00)..... | 31.14 |

| | | |
|---------|-------------------------------------|---------|
| 80-84 M | Robert Blake, O' Fallon ('06)..... | 33.95 |
| 85-89 M | William Cannon, Ballwin ('16)..... | 48.43 |
| 90-94 M | Lowell Coon, Rogersville ('15)..... | 1:08.42 |

100yd Freestyle

| | | |
|---------|---|---------|
| 50-54 F | Heather Huettner, Overland Park KS ('17)..... | 1:04.58 |
| 55-59 F | Mary Woehler, Lake St Louis ('18)..... | 1:02.36 |
| 60-64 F | Mary Woehler, Lake St Louis ('21)..... | 1:02.73 |
| 65-69 F | Barbara Zaremski, Leawood, KS ('04)..... | 1:19.82 |
| 70-74 F | Barbara Zaremski, Leawood, KS ('08)..... | 1:21.41 |
| 75-79 F | Regan Kenner, Canton ('00)..... | 1:43.10 |
| 80-84 F | Carol Harris, Jefferson City ('22)..... | 1:57.48 |
| | Carol Harris, Jefferson City ('23)..... | 1:57.48 |
| 85-89 F | Edith Hendry, Saint Peters ('00)..... | 2:32.65 |
| 50-54 M | James Halliburton, Jefferson City ('09)..... | 51.67 |
| 55-59 M | Stanley Freerks, St Louis ('08)..... | 57.74 |
| 60-64 M | Steve Hancock, Florissant ('18)..... | 1:01.23 |
| 65-69 M | Steve Hancock, Florissant ('23)..... | 1:04.45 |
| 70-74 M | Ted Iverson, St Louis ('22)..... | 1:06.59 |
| 75-79 M | Robert Blake, Bridgeton ('01)..... | 1:09.71 |
| 80-84 M | Dave Noble, Raymore ('23)..... | 1:18.71 |
| 85-89 M | William Cannon, Ballwin ('16)..... | 1:53.24 |
| 90-94 M | Lowell Coon, Rogersville ('15)..... | 2:48.06 |

200yd Freestyle

| | | |
|---------|---|---------|
| 50-54 F | Heather Huettner, Overland Park KS ('17)..... | 2:21.97 |
| 55-59 F | Mary Woehler, Lake St Louis ('17)..... | 2:21.35 |
| 60-64 F | Mary Woehler, Lake St Louis ('21)..... | 2:21.07 |
| 65-69 F | Ardeth Mueller, Ballwin ('06)..... | 2:27.28 |
| 70-74 F | Teresa McDowell, St Louis ('22)..... | 2:58.75 |
| 75-79 F | Clara Sotak, Springfield, IL ('00)..... | 3:46.03 |
| 80-84 F | Carol Harris, Jefferson City ('23)..... | 4:05.13 |
| 85-89 F | Edith Hendry, St. Peters ('96)..... | 5:27.89 |
| 90-94 F | Glenda Crites, Glen Carbon IL ('07)..... | 8:55.19 |
| 50-54 M | Jim Halliburton, Grover ('10)..... | 1:59.93 |
| 55-59 M | Stanley Freerks, St Louis ('08)..... | 2:11.15 |
| 60-64 M | Cal Biesecker, Columbia ('21)..... | 2:07.40 |
| 65-69 M | Steve Hancock, Florissant ('21)..... | 2:26.13 |
| 70-74 M | Dave Noble, Raymore ('14)..... | 2:30.98 |
| 75-79 M | Dave Noble, Raymore ('18)..... | 2:38.43 |
| 80-84 M | Dave Noble, Raymore ('23)..... | 2:52.95 |
| 85-89 M | William Cannon, Ballwin ('16)..... | 4:17.39 |
| 90-94 M | Lowell Coon, Rogersville ('15)..... | 6:29.31 |

500yd Freestyle

| | | |
|---------|---|----------|
| 50-54 F | Terry Freerks, St Louis ('04)..... | 6:03.29 |
| 55-59 F | Bernie Hereth, Columbia ('21)..... | 6:31.66 |
| 60-64 F | Mary Woehler, Lake St Louis ('21)..... | 6:16.17 |
| 65-69 F | Ardeth Mueller, Ballwin ('06)..... | 6:30.64 |
| 70-74 F | Teresa McDowell, St Louis ('23)..... | 8:14.89 |
| 75-79 F | Carol Harris, Jefferson City ('17)..... | 9:32.09 |
| 80-84 F | Carol Harris, Jefferson City ('22)..... | 10:36.26 |
| 85-89 F | Edith Hendry, St Peters ('96)..... | 15:12.71 |
| 50-54 M | Stan Freerks, St Louis ('04)..... | 5:50.18 |
| 55-59 M | Stanley Freerks, St Louis ('08)..... | 5:56.07 |
| 60-64 M | Cal Biesecker, Columbia ('21)..... | 5:45.64 |
| 65-69 M | Steven Hancock, Florissant ('21)..... | 6:36.24 |
| 70-74 M | Dave Noble, Raymore ('14)..... | 7:07.95 |
| 75-79 M | Dave Noble, Raymore ('18)..... | 7:21.83 |

Missouri State Senior Games Records

| | | |
|---------|----------------------------------|----------|
| 80-84 M | Dave Noble, Raymore ('23) | 8:09.53 |
| 85-89 M | William Cannon, Florissant ('16) | 12:08.66 |
| 90-94 M | Lowell Coon, Rogersville ('15) | 16:50.01 |

1,000yd Freestyle

| | | |
|---------|---|----------|
| 55-59 F | Teresa McDowell, St Louis ('09) | 14:13.60 |
| 60-64 F | Teresa McDowell, St Louis ('11) | 14:22.06 |
| 70-74 F | Carol Harris, Jefferson City ('13) | 19:45.28 |
| 50-54 M | James Halliburton, Jefferson City ('09) | 10:57.20 |
| 55-59 M | Steven Hancock, Florissant ('13) | 12:44.95 |
| 60-64 M | Joe Robert Niesen, Ava ('11) | 16:37.98 |
| 65-69 M | Tom Woods, Long Lane ('09) | 14:13.60 |
| 70-74 M | John Crooks, Kansas City ('13) | 22:02.89 |
| 80-84 M | William Cannon, Ballwin ('12) | 21:35.10 |

100yd Individual Medley

| | | |
|---------|---|---------|
| 50-54 F | Terry Freerks, St Louis ('04) | 1:11.36 |
| 55-59 F | Mary Woehler, Lake St Louis ('18) | 1:11.36 |
| 60-64 F | Mary Woehler, Lake St Louis ('22) | 1:13.36 |
| 65-69 F | Teresa McDowell, St Louis ('16) | 1:34.76 |
| 70-74 F | Teresa McDowell, St Louis ('22) | 1:37.79 |
| 75-79 F | Carol Harris, Jefferson City ('18) | 2:07.32 |
| 80-84 F | Carol Harris, Jefferson City ('21) | 2:18.08 |
| 50-54 M | James Halliburton, Jefferson City ('09) | 1:00.30 |
| 55-59 M | Charles Shedd, Chesterfield ('02) | 1:11.31 |
| 60-64 M | Steven Hancock, Florissant ('16) | 1:13.98 |
| 65-69 M | Dave Noble, Raymore ('10) | 1:15.88 |
| 70-74 M | Dave Noble, Raymore ('14) | 1:18.68 |
| 75-79 M | Dave Noble, Raymore ('18) | 1:19.39 |
| 80-84 M | Dave Noble, Raymore ('23) | 1:24.41 |
| 85-89 M | Albert Fisher, Springfield ('02) | 2:06.26 |

200yd Individual Medley

| | | |
|---------|--|---------|
| 50-54 F | Heather Huettner, Overland Park KS ('17) | 2:44.34 |
| 55-59 F | Terry Freerks, St Louis ('08) | 2:35.86 |
| 60-64 F | Mary Woehler, Lake St Louis ('22) | 2:38.27 |
| 65-69 F | Ardeth Mueller, Ballwin ('06) | 2:23.59 |
| 70-74 F | Barbara Zaremski, Leawood, KS ('08) | 3:36.85 |
| 75-79 F | Carol Harris, Jefferson City ('18) | 4:28.66 |
| 80-84 F | Carol Harris, Jefferson City ('21) | 4:54.37 |
| 50-54 M | Jim Halliburton, Grover ('10) | 2:11.99 |
| 55-59 M | Richard Baldwin, Lee's Summit ('10) | 2:39.59 |
| 60-64 M | Cal Biesecker, Columbia ('21) | 2:29.12 |
| 65-69 M | Dave Noble, Raymore ('10) | 2:50.02 |
| 70-74 M | Dave Noble, Raymore ('15) | 2:48.36 |
| 75-79 M | Dave Noble, Raymore ('18) | 2:52.55 |
| 80-84 M | Dave Noble, Raymore ('23) | 3:05.54 |
| 85-89 M | William Cannon, Ballwin ('16) | 5:58.09 |

400yd Individual Medley

| | | |
|---------|------------------------------------|----------|
| 50-54 F | Luci Branyon, Jefferson City ('17) | 7:35.58 |
| 55-59 F | Mary Woehler, Lake St Louis ('16) | 5:52.16 |
| 60-64 F | Mary Woehler, Lake St Louis ('21) | 5:41.36 |
| 65-69 F | Teresa McDowell, St Louis ('16) | 7:23.81 |
| 70-74 F | Teresa McDowell, St Louis ('22) | 7:44.87 |
| 80-84 F | Carol Harris, Jefferson City ('21) | 10:06.99 |
| 55-59 M | Chris Sheets, St Charles ('14) | 6:28.68 |
| 60-64 M | Steven Hancock, Florissant ('16) | 6:11.12 |
| 65-69 M | Denny Koonce, Marine IL ('23) | 6:53.29 |
| 70-74 M | Dave Noble, Raymore ('14) | 6:02.49 |

| | | |
|---------|---------------------------|---------|
| 75-79 M | Dave Noble, Raymore ('18) | 6:17.74 |
| 80-84 M | Dave Noble, Raymore ('23) | 6:52.49 |

TRACK AND FIELD

50m Dash

| | | |
|---------|-------------------------------------|-------|
| 50-54 F | Jacqueline Board, Allen, TX ('06) | 7.29 |
| 55-59 F | Peggy O'Neil, Carthage ('01) | 7.90 |
| 60-64 F | Barb Borger, Freeburg, IL ('19) | 8.15 |
| 65-69 F | Kay Glynn, Hastings IA ('22) | 8.48 |
| 70-74 F | Pamela Junk, Leslie ('21) | 8.89 |
| 75-79 F | Pamela Junk, Washington ('23) | 8.89 |
| 80-84 F | Dottie Gray, Kirkwood ('06) | 12.58 |
| 85-89 F | Alice Mohr, Kirkwood ('18) | 15.01 |
| 50-54 M | Steve Bunn, St. Louis ('16) | 6.41 |
| 55-59 M | David Golden, St Charles ('99) | 6.30 |
| 60-64 M | Clifton Manning, Lee Summit ('05) | 6.40 |
| 65-69 M | John Pace, Fredericksburg, TX ('19) | 6.73 |
| 70-74 M | Donald Ohmes, O'Fallon ('17) | 7.29 |
| 75-79 M | Roderick Parker, Amity, AR ('98) | 7.65 |
| 80-84 M | Tom Walsh, Hannibal ('98) | 8.36 |
| 85-89 M | Curt Davidson, Kirkwood ('12) | 8.90 |
| 90-94 M | Curt Davidson, Kirkwood ('15) | 9.57 |

100m Dash

| | | |
|---------|------------------------------------|-------|
| 50-54 F | Denise McField, St. Louis ('07) | 13.92 |
| 55-59 F | Peggy O'Neill, Carthage ('02) | 15.20 |
| 60-64 F | Barb Borger, Freeburg, IL ('19) | 15.44 |
| 65-69 F | Pamela Junk, Leslie ('17) | 15.83 |
| 70-74 F | Pamela Junk, Leslie ('18) | 17.00 |
| 75-79 F | Pamela Junk, Washington ('23) | 16.99 |
| 80-84 F | Dottie Gray, Kirkwood ('06) | 25.10 |
| 85-89 F | Alice Mohr, Kirkwood ('18) | 31.00 |
| 50-54 M | Grant Robinson, St Louis ('22) | 11.73 |
| 55-59 M | Steve Bunn, St Louis ('19) | 11.81 |
| 60-64 M | Jimmy Weaver, Fort Worth, TX ('96) | 12.20 |
| 65-69 M | Bob Lida, Wichita, KS ('03, '05) | 12.90 |
| 70-74 M | Wendell Roehrs, Warrenton ('06) | 13.62 |
| 75-79 M | Bob Lida, Wichita, KS ('11) | 13.40 |
| 80-84 M | Bob Lida, Wichita, KS ('16) | 13.92 |
| 85-89 M | Curt Davison, Kirkwood ('10) | 16.70 |
| 90-94 M | Curt Davison, Kirkwood ('15) | 18.62 |

200m Dash

| | | |
|---------|-------------------------------------|---------|
| 50-54 F | Jacqueline Board, Allen, TX ('06) | 29.07 |
| 55-59 F | Janet Ossie, Troy ('14) | 28.20 |
| 60-64 F | Barb Borger, Freeburg, IL ('18) | 34.62 |
| 65-69 F | Char Lane, Topeka, KS ('08) | 37.94 |
| 70-74 F | Char Lane, Topeka, KS ('10) | 40.40 |
| 75-79 F | Pamela Junk, Washington ('23) | 40.58 |
| 80-84 F | Dottie Gray, Kirkwood ('06) | 56.42 |
| 85-89 F | Alice Mohr, Kirkwood ('18) | 1:13.96 |
| 50-54 M | Tom Ott, Gladstone ('02) | 25.20 |
| 55-59 M | David Golden, St. Charles ('99) | 25.50 |
| 60-64 M | John Pace, Fredericksburg, TX ('15) | 25.51 |
| 65-69 M | Bob Lida, Wichita, KS ('03) | 26.30 |
| 70-74 M | Douglas Spencer, Warren, AR ('19) | 28.85 |
| 75-79 M | Bob Lida, Wichita, KS ('11) | 27.20 |
| 80-84 M | Bob Lida, Wichita, KS ('16) | 28.91 |

85-89 M Curt Davison, Kirkwood ('13) 35.70
 90-94 M Curt Davison, Kirkwood ('15) 47.82

400m Dash

50-54 F Jacqueline Board, Allen, TX ('06)..... 1:09.25
 55-59 F Barb Borger, Freeburg, IL ('16)..... 1:18.47
 60-64 F Barb Borger, Freeburg, IL ('18)..... 1:18.00
 65-69 F Mary Ares, St Charles ('03)..... 1:25.00
 70-74 F Dottie Gray, Kirkwood ('96)..... 1:46.10
 75-79 F Rita Kilker, Ballwin ('15)..... 1:41.70
 80-84 F Dottie Gray, Kirkwood ('06)..... 2:24.64
 85-89 F Alice Mohr, Kirkwood ('18)..... 2:40.00
 50-54 M Steven Trulaske, O' Fallon ('07)..... 57.77
 55-59 M David Pitts, St Louis ('21)..... 57.65
 60-64 M Bob Lida, Wichita, KS ('00)..... 59.70
 65-69 M Bob Lida, Wichita, KS ('04)..... 1:00.86
 70-74 M Donald Ohmes, O'Fallon ('17) 1:11.90
 75-79 M Bob Lida, Wichita, KS ('12)..... 1:05.90
 80-84 M Oscar Hartmann, St Louis ('98) 1:34.70
 85-59 M Daniel Gilbert, Forsyth ('22)..... 1:48.00
 90-94 M Dave McCoy, Carthage ('21)..... 2:28.40

800m Run

50-54 F Lauren Rose Laughlin, Springfield ('18)..... 2:46.34
 55-59 F Jan Daugherty, Chesterfield ('14)..... 2:54.66
 60-64 F Jan Daugherty, Chesterfield ('18)..... 2:57.81
 65-69 F Mary Ares, St Charles ('03)..... 3:35.60
 70-74 F Chau Smith, Kansas City ('23)..... 4:05.96
 75-79 F Rita Kilker, Ballwin ('15)..... 3:55.06
 80-84 F Alice Mohr, Kirkwood, MO ('16)..... 5:49.67
 85-89 F Alice Mohr, Kirkwood, MO ('18)..... 6:13.00
 50-54 M David Carruthers, St Louis ('09)..... 2:19.28
 55-59 M Greg Sargent, Lake St Louis ('00)..... 2:13.84
 60-64 M Tim Wigger, Shawnee, KS ('08) 2:21.00
 65-69 M Gayle Van Durme, Overland Park, KS ('17)..... 2:31.90
 70-74 M Tim Wigger, Shawnee, KS ('18) 2:44.52
 75-79 M Paul Schmitt, Florissant ('98)..... 3:05.40
 80-84 M Joseph Bell, Florissant ('08)..... 3:36.00
 85-89 M Joseph Bell, Florissant ('14)..... 4:45.95
 90-94 M Dave McCoy, Carthage ('21)..... 6:26.00

1,500m Run

50-54 F Lauren Rose Laughlin, Springfield ('18)..... 5:37.00
 55-59 F Jan Daugherty, Chesterfield ('14)..... 5:43.91
 60-64 F Jan Daugherty, Chesterfield ('18)..... 5:53.00
 65-69 F Mary Ares, St. Charles ('03)..... 7:02.00
 70-74 F Dottie Gray, Kirkwood ('96)..... 7:58.00
 75-79 F Rita Kilker, Ballwin ('15)..... 7:51.42
 80-84 F Dottie Gray, Kirkwood ('06)..... 10:47.08
 85-89 F Alice Mohr, Kirkwood ('18)..... 11:53.00
 50-54 M David Carruthers, St Louis ('09)..... 4:41.97
 55-59 M Randy Taylor, Little Rock, AR ('04)..... 5:05.46
 60-64 M Tim Wigger, Shawnee, KS ('12) 5:14.90
 65-69 M Gayle Van Durme, Overland Park, KS ('17)..... 5:16.72
 70-74 M Jack Gentry, Rogers, AR ('99)..... 5:46.10
 75-79 M Paul Schmitt, Florissant ('98)..... 6:17.15
 80-84 M Joseph Bell, Florissant ('08)..... 7:21.15
 85-89 M Joseph Bell, Florissant ('14)..... 9:17.33

High Jump

50-54 F Kathy Lord, Chesterfield ('01) 4-02.00
 55-59 F Kathy Lord, Chesterfield ('08, '04)..... 3-10.00
 Peggy O'Neil, Carthage ('01) 3-10.00
 60-64 F Joan Graves, Pacific ('96)..... 3-10.00
 65-69 F Kay Glynn, Hastings, IA ('18) 4-00.00
 70-74 F Joan Graves, Pacific ('03)..... 3-06.00
 75-79 F Wanda Morgan, Poplar Bluff ('02)..... 3-00.00
 80-84 F Carol Bussen, West Plains ('23) 2-06.00
 50-54 M Thomas Foley, Chesterfield ('09) 5-09.00
 55-59 M Kent Powers, St Louis ('19) 5-03.00
 60-64 M Kent Powers, Maryville IL ('21) 5-03.00
 Garry Pirsch, Vandalia ('16) 5-03.00
 65-69 M J.C. Brown, Liberty ('95) 5-00.00
 70-74 M J.C. Brown, Liberty ('00) 4-08.00
 75-79 M Frank Tilton, Springfield ('21) 4-01.25
 80-84 M Donald Pellmann, Mtn. Home, AR ('98) 3-11.25
 85-89 M Curt Davison, Kirkwood ('10, '12) 3-04.00
 90-94 M Curt Davison, Kirkwood ('15, '16)..... 3-04.00

Pole Vault

50-54 F Joan Ellis, Edmond, OK ('09) 6-06
 55-59 F Kay Glynn, Hastings, IA ('09, '12)..... 9-00
 60-64 F Mary Clark, Effingham IL ('10, '11, '12)..... 5-06
 65-69 F Kay Glynn, Hastings, IA ('18, '22)) 9-00
 50-54 M Kelly Meares, Carl Junction ('04)..... 13-00
 55-59 M Dave Gilbert, Oregon, IL ('19)..... 12-06
 60-64 M Dan Limbaugh, St Louis ('10)..... 10-03
 65-69 M Dan Limbaugh, St Louis ('14, '13, '12) 10-00
 70-74 M Dan Limbaugh, St Louis ('17)..... 9-06
 75-79 M Dan Limbaugh, St Louis ('22, '23)..... 8-06
 80-84 M Donald Pellman, Mtn. Home, AR ('98) 7-06
 85-89 M Rodger Young, Marionville ('23) 4-09

Running Long Jump

50-54 F Maureen Halloran, St Louis ('05) 12-08.50
 55-59 F Kay Glynn, Hastings, IA ('12) 13-00.00
 60-64 F Peggy O'Neill, Carthage ('04) 12-03.00
 65-69 F Kay Glynn, Hastings, IA ('21) 12-01.00
 70-74 F Pamela Junk, Leslie ('18) 9-11.00
 75-79 F Joan Graves, Pacific ('07)..... 9-01.75
 80-84 F Alice Mohr, Kirkwood ('16)..... 4-08.00
 85-89 F Alice Mohr, Kirkwood ('18)..... 4-00.50
 50-54 M Mike Henson, Beebe, AR ('16) 19-00.50
 55-59 M Larry Rodenbeck, West Plains ('04)..... 17-01.50
 60-64 M Ridley Holder, Lake Worth, FL ('12) 15-11.00
 65-69 M Jeffrey Duke, Carbondale, IL ('15)..... 15-04.00
 70-74 M Dennis Blauvelt, Battlefield ('21)..... 15-11.75
 75-79 M Frank Tilton, Springfield ('21) 12-11.50
 80-84 M Donald Pellmann, Mt Home, AR ('98) 12-00.75
 85-89 M Curt Davison, Kirkwood ('13) 11-04.00
 90-94 M Curt Davison, Kirkwood ('16) 8-10.50

Standing Long Jump

50-54 F Maureen Halloran, St Louis ('04, '06)..... 7-01.50
 55-59 F Barb Borger, Freeburg, IL ('16)..... 7-01.75
 60-64 F Barb Borger, Freeburg, IL ('18)..... 9-06.25
 65-69 F Ora Thompson, Florissant ('19) 6-00.50
 70-74 F Pamela Junk, Washington ('22)..... 6-01.00
 75-79 F Pamela Junk, Washington ('23)..... 5-05.50

Missouri State Senior Games Records

| | | |
|---------|--|---------|
| 80-84 F | Georgie Bender, Oregon ('18)..... | 3-05.25 |
| 85-89 F | Alice Mohr, Kirkwood ('18)..... | 3-04.50 |
| 50-54 M | Mark Barinque, Lubbock, TX ('19) | 8-10.50 |
| 55-59 M | Bill Weber, Boonville ('15) | 9-04.25 |
| 60-64 M | Ridley Hodler, Lake Worth, FL ('12)..... | 8-09.00 |
| 65-69 M | Dennis Blauvelt, Battlefield ('18)..... | 8-06.50 |
| 70-74 M | Larry Rheams, Eureka ('12)..... | 8-07.00 |
| 75-79 M | Larry Rheams, Eureka ('17)..... | 7-07.50 |
| 80-84 M | Tom Walsh, Hannibal ('98) | 6-08.75 |
| 85-89 M | Wayne McDaniel, Lake St Louis ('16)..... | 6-00.75 |
| 90-94 M | Curt Davison, Kirkwood ('17) | 5-06.50 |

Triple Jump

| | | |
|---------|---|----------|
| 50-54 F | Cheryl Bryant, Springfield ('15)..... | 24-04.75 |
| 55-59 F | Kay Glynn, Hastings, IA ('12) | 25-06.50 |
| 60-64 F | Cheryl Bryant, Springfield ('23)..... | 21-02.50 |
| 65-69 F | Kay Glynn, Hastings, IA ('22) | 27-05.00 |
| 70-74 F | Char Lane, Topeka, KS ('10)..... | 18-11.00 |
| 75-79 F | Joan Graves, Pacific ('07)..... | 20-02.50 |
| 50-54 M | Mike Henson, Beebe, AR ('16) | 35-05.25 |
| 55-59 M | Larry Rodenbeck, West Plains ('06)..... | 36-07.50 |
| 60-64 M | Larry Rodenbeck, West Plains ('10)..... | 35-15.00 |
| 65-69 M | Larry Rodenbeck, West Plains ('14)..... | 32-10.50 |
| 70-74 M | Ken Griffin, St Louis ('22) | 29-01.25 |
| 75-79 M | Frank Tilton, Springfield ('21) | 26-06.50 |
| 80-84 M | Frank Bollinger, Excelsior Springs ('10)..... | 19-01.00 |
| 85-89 M | Richard Grater, St Louis ('16)..... | 17-00.75 |
| 90-94 M | Dave McCoy, Carthage ('21)..... | 15-03.25 |

Shot Put

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|---------|--|----------|
| 50-54 F | Mitzi Clayton, Columbia ('22)..... | 35-08.50 |
| 55-59 F | Myrle Mensey, St Louis ('05)..... | 37-01.25 |
| 60-64 F | Myrle Mensey, St Louis ('13)..... | 32-06.50 |
| 65-69 F | Myrle Mensey, St Louis ('15)..... | 31-04.50 |
| 70-74 F | Myrle Mensey, St Louis ('19)..... | 27-03.00 |
| 75-79 F | Pamela Junk, Washington ('23)..... | 26-09.25 |
| 80-84 F | Claire Vieth, Webster Groves ('96) | 18-10.25 |
| 85-89 F | Georgie Bender, Oregon ('19)..... | 19-04.50 |
| 90-94 F | Daisy Edwards, St Louis ('15) | 13-01.00 |
| 50-54 M | Ron Summer, Jacksonville, IL ('05)..... | 51-10.00 |
| 55-59 M | Patrick O'Connor, Lee's Summit ('16) | 45-06.00 |
| 60-64 M | Bill Leffler, Gibbs ('13) | 48-02.25 |
| 65-69 M | Richard Cochran, Lake St Louis ('04)..... | 42-04.00 |
| 70-74 M | Joe Myers, White Pine, TN ('23)..... | 43-09.25 |
| 75-79 M | Larry Rheams, Eureka ('18)..... | 37-08.50 |
| 80-84 M | Larry Rheams, Eureka ('22)..... | 38-07.00 |
| 85-89 M | Phil Brusca, Maryland Heights ('13)..... | 33-04.50 |
| 90-94 M | Curt Davison, Kirkwood ('15) | 30-00.00 |

Discus

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|---------|--|----------|
| 50-54 F | Mitzi Clayton, Columbia ('23)..... | 94-04.00 |
| 55-59 F | Laura Kaczmarek-Brown, Texarkana, TX ('23) | 94-00.00 |
| 60-64 F | Myrle Mensey, St Louis ('09)..... | 97-06.00 |
| 65-69 F | Myrle Mensey, St Louis ('17)..... | 85-08.00 |
| 70-74 F | Myrle Mensey, St Louis ('19)..... | 73-05.00 |
| 75-79 F | Joan Graves, Pacific ('07)..... | 43-07.25 |
| 80-84 F | Georgie Bender, Oregon ('18)..... | 30-05.00 |
| 85-89 F | Georgie Bender, Oregon ('21)..... | 34-02.00 |

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| 90-94 F | Daisy Edwards, St Louis ('17) | 20-00.25 |
| 50-54 M | Valentino Martinez, Ballwin ('03)..... | 158-04.00 |
| 55-59 M | Valentino Martinez, Ballwin ('05)..... | 147-10.00 |
| 60-64 M | Richard Cochran, Lake St Louis ('01)..... | 184-00.00 |
| 65-69 M | Richard Cochran, Lake St Louis ('04)..... | 169-03.00 |
| 70-74 M | Richard Cochran, Lake St Louis ('09)..... | 136-04.00 |
| 75-79 M | Phil Brusca, Maryland Hts ('03) | 114-06.00 |
| 80-84 M | Larry Rheams, Eureka ('23) | 102-06.00 |
| 85-89 M | Dave McCoy, Cathage ('16)..... | 75-10.00 |
| 90-94 M | Jean Brockman, Springfield ('21)..... | 64-07.00 |

Javelin

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|---------|---|-----------|
| 50-54 F | Connie Strobach, Town & Country ('98) | 114-02.00 |
| 55-59 F | Linda Rowe, Bloomfield IA ('11)..... | 85-07.00 |
| 60-64 F | Barb Borger, Freeburg, IL ('19)..... | 81-06.00 |
| 65-69 F | Linda Rowe, Bloomfield IA ('18) | 78-04.00 |
| 70-74 F | Myrle Mensey, St Louis ('19)..... | 67-10.25 |
| 75-79 F | Phylliss Anderson, Ohio, IL ('96)..... | 29-08.00 |
| 80-84 F | Claire Vieth, Webster Groves ('96) | 32-01.00 |
| 85-89 F | Georgie Bender, Oregon ('19)..... | 28-03.00 |
| 90-94 F | Daisy Edwards, St Louis ('15) | 14-09.00 |
| 50-54 M | Ken Ellis, Edmond, OK ('09)..... | 145-04.00 |
| 55-59 M | Robert Orell, Lake St Louis ('10)..... | 147-03.00 |
| 60-64 M | Daniel Narzenski, Columbia ('10)..... | 146-11.00 |
| 65-69 M | Robert Schmidt, Topeka KS ('22) | 134-05.00 |
| 70-74 M | Phillip Brusca, Maryland Hts ('97) | 119-03.00 |
| 75-79 M | Geoffrey Kent, Washington D.C. ('12)..... | 109-04.00 |
| 80-84 M | Bruce McDonald, St John ('00)..... | 105-11.00 |
| 85-89 M | Bruce McDonald, St Louis ('04) | 81-10.00 |
| 90-94 M | J.D. Brockman, Springfield ('22) | 71-11.00 |

Weight Throw

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|---------|--|----------|
| 50-54 F | Ollie Bogdon, Trimble ('17)..... | 42-05.75 |
| 55-59 F | Myrle Mensey, St Louis ('08)..... | 44-10.50 |
| 60-64 F | Myrle Mensey, St Louis ('12)..... | 55-10.25 |
| 65-69 F | Myrle Mensey, St Louis ('15)..... | 54-06.00 |
| 70-74 F | Myrle Mensey, St Louis ('19)..... | 47-11-75 |
| 75-79 F | Joan Graves, Pacific ('07)..... | 17-06.00 |
| 80-84 F | Georgie Bender, Oregon ('18)..... | 18-06.00 |
| 85-89 F | Georgie Bender, Oregon ('19)..... | 15-02.00 |
| 90-94 F | Daisy Edwards, St Louis ('17) | 6-08.25 |
| 50-54 M | Ron Summers, Jacksonville, IL ('06)..... | 57-11.25 |
| 55-59 M | Ron Summers, Jacksonville, IL ('08)..... | 58-01.00 |
| 60-64 M | Bill Embry, Malden ('18) | 53-03.00 |
| 65-69 M | Larry Rheams, Eureka ('11) | 47-11.25 |
| 70-74 M | Larry Rheams, Eureka ('14)..... | 51-00.75 |
| 75-79 M | Larry Rheams, Eureka ('17) | 49-00.50 |
| 80-84 M | Curt Davison, Kirkwood ('05) | 36-07.50 |
| 85-89 M | Curt Davison, Kirkwood ('13) | 35-10.50 |
| 90-94 M | Curt Davison, Kirkwood ('15) | 32-11.75 |

Hammer Throw

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|---------|-----------------------------------|-----------|
| 50-54 F | Ollie Bogdon, Oregon ('17) | 102.04.00 |
| 55-59 F | Myrle Mensey, St Louis ('07)..... | 104-08.00 |
| 60-64 F | Myrle Mensey, St Louis ('13)..... | 117-08.00 |
| 65-69 F | Myrle Mensey, St Louis ('15)..... | 124-00.00 |
| 70-74 F | Myrle Mensey, St Louis ('19)..... | 115-04.00 |
| 75-79 F | Joan Graves, Pacific ('07)..... | 39-00.50 |

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| 80-84 F | Georgie Bender, Oregon ('08)..... | 21-08.00 |
| 85-89 F | Georgie Bender, Oregon ('19)..... | 24-00.00 |
| 90-94 F | Daisy Edwards, St Louis ('17)..... | 11-02.75 |
| 50-54 M | Paul Kennedy, St Louis ('17)..... | 122-09.25 |
| 55-59 M | Ron Summers, Jacksonville IL ('08)..... | 153-02.00 |
| 60-64 M | Bill Embry, Malden ('18)..... | 136-06.00 |
| 65-69 M | Larry Rheams, Eureka ('11)..... | 120-02.00 |
| 70-74 M | Larry Rheams, Eureka ('15)..... | 133-09.00 |
| 75-79 M | Larry Rheams, Eureka ('17)..... | 130-06.25 |
| 80-84 M | Phillip Brusca, Maryland Hts ('08)..... | 96-00.00 |
| 85-89 M | Curt Davison, Kirkwood ('12)..... | 86-10.00 |
| 90-94 M | Curt Davison, Kirkwood ('16)..... | 85-09.00 |

TRIATHLON - THROUGH 2010

| | | |
|---------|---|---------|
| 50-54 F | Peggy Donovan, Grandview ('98)..... | 1:43:59 |
| 55-59 F | Cathy Thurwachter, Lake St Louis ('10)..... | 1:57:38 |
| 60-64 F | Patti Hoddinott, Columbia ('96)..... | 2:17:08 |
| 65-69 F | Sister Josepha Schaeffer, Spfd, IL ('99)..... | 1:47:43 |
| 70-74 F | Dorothy Davis, Houston ('02)..... | 2:52:18 |
| 50-54 M | Duane Fritchie, Lee's Summit ('00)..... | 1:27:34 |
| 55-59 M | Jim Boyt, Springfield ('99)..... | 1:33:55 |
| 60-64 M | Chad Wright ('99)..... | 1:36:46 |
| 65-69 M | John Schimweg, St. Charles ('99)..... | 1:50:26 |
| 70-74 M | Charles Depaepe, Maryland Hts ('99)..... | 2:14:33 |
| 75-79 M | Ray Wageman, Springfield ('00)..... | 2:09:55 |

TRIATHLON - NEW COURSE STARTING IN 2011

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|---------|--|---------|
| 50-54 F | Jackie Chen, Waynesville ('15)..... | 1:23:48 |
| 55-59 F | Jackie Chen, Waynesville ('18)..... | 1:32:44 |
| 60-64 F | Mary Willett, Columbia ('18)..... | 1:45:21 |
| 65-69 F | Debbie Stiles, St Louis ('15)..... | 1:52:22 |
| 70-74 F | Dorothy Esher, Butler ('18)..... | 1:59:26 |
| 75-79 F | Jeanann Roth, Huntsville ('19)..... | 1:49:44 |
| 50-54 M | Ronney Adkinson, Lohman ('12)..... | 1:11:28 |
| 55-59 M | Denny Koonce, Benton ('15)..... | 1:19:04 |
| 60-64 M | Tom Magruder, Edgar Springs ('11)..... | 1:23:22 |
| 65-69 M | Tom Magruder, Edgar Springs ('15)..... | 1:25:17 |
| 70-74 M | Tom Magruder, Edgar Springs ('17)..... | 1:39:02 |
| 75-79 M | Tom Magruder, Edgar Springs ('22)..... | 1:53:34 |