

Missouri State Senior Games Records

Updated - April 2026

ARCHERY

Recurve

50-54 F	Janis Grellner, Graham ('17)	813
55-59 F	Janis Grellner, Linn ('22)	817
60-64 F	Janis Grellner, Linn ('24)	807
70-74 F	Theresa Johnson, The Villages, FL ('25)	605
75-79 F	Ann Hoyt, Bridgeton ('97)	763
80-84 F	Ann Hoyt, St Charles ('02)	683
50-54 M	Paul Winterbower, Mexico ('07)	840
55-59 M	Paul Winterbower, Mexico ('09)	830
60-64 M	Paul Winterbower, Mexico ('14)	792
	Larry Skinner, Moberly ('04)	792
65-69 M	Larry Skinner, Moberly ('10)	818
70-74 M	Larry Skinner, Moberly ('13)	805
75-79 M	J.C. Spelce, O' Fallon, IL ('03)	763
80-84 M	J.C. Spelce, O' Fallon, IL ('06)	721
85-89 M	Earl Hoyt, Bridgeton ('97)	551

Compound Fingers

50-54 F	Connie Randall, Skidmore ('08)	650
55-59 F	Marsha Criger, Bethany ('12)	757
60-64 F	Marsha Criger, Bethany ('13)	747
50-54 M	Roger Hensley, Nevada ('01)	825
55-59 M	Carroll Walker, Green City ('08)	858
60-64 M	Carroll Walker, Green City ('11)	836
65-69 M	Gary Lair, Smithville ('07)	805
70-74 M	Don Haney, Smithville ('00)	794
75-79 M	Winston Parkinson, Bull Shoals, AR ('99)	781
80-84 M	Winston Parkinson, Bull Shoals, AR ('00)	756
85-89 M	Winston Parkinson, Bull Shoals, AR ('06)	695
90-94 M	Winston Parkinson, Rolla ('10)	519

Compound Release

50-54 F	Ellen Cameron-Rice, Greenfield ('22)	853
55-59 F	Ellen Cameron-Rice, Greenfield ('25)	846
60-64 F	Wanda Mehaffy, Ballwin ('98)	815
65-69 F	Wanda Mehaffy, Ballwin ('03)	825
70-74 F	Rose Dorion, Wichita KS ('14)	778
75-79 F	Wanda Mehaffy, Ballwin ('14)	793
50-54 M	Bill Myers, High Ridge ('04, '06)	877
55-59 M	Bill Myers, High Ridge ('11)	878
60-64 M	Bill Myers, High Ridge ('13)	879
65-69 M	Richard Gibson, Bethany ('13)	858
70-74 M	Bill Myers, High Ridge ('22)	859
	Roger Dobias, Joplin ('13)	859
75-79 M	Roger Dobias, Joplin ('18)	825
80-84 M	Al Tuller, Buffalo ('19)	812

Barebow Recurve (no sights)

50-54 F	Sabrina Cornman, Mountain View ('25)	512
55-59 F	Linda Cornman, Mountain View ('25)	569
50-54 M	Mark Hodges, Lawrence KS ('14)	744
55-59 M	Matt Cornan, Mountain View ('25)	764

60-64 M	Mark Hodges, Lawrence KS ('13)	707
65-69 M	John Carrell, ('12)	692
70-74 M	Steve Craycraft, Inman SC ('22)	633
75-79 M	Stephen Amsden, Ballwin ('23)	507
80-84 M	Roger Wertanen, Peterson ('23)	215

Barebow Compound (no sights)

60-64 M	Clint Kasten, St Louis ('04)	770
65-69 M	Clint Kasten, St Louis ('08)	763
70-74 M	Clint Kasten, St Louis ('14)	749
75-79 M	Clint Kasten, St Louis ('16)	676

BOWLING

Singles - Scratch

50-54 F	Monica Woodsmall, Lake St Louis ('23)	651
55-59 F	Joyce Wolf, Sedalia ('04)	670
60-64 F	Jo Schlafer, Berger ('14)	626
65-69 F	Peggy Peuster, Knob Noster ('25)	628
70-74 F	Jerri Korber, Warsaw ('06)	582
75-79 F	Goldie Wolford, Marshall ('99)	538
80-84 F	Virginia Serb, St Louis ('00)	510
85-89 F	Bernita Bartel, Columbia ('25)	483
90-94 F	Blanche Deal, Marshall ('06)	437
50-54 M	Ronald Paubel, Claycomo ('01)	743
55-59 M	Douglas Hufendick, Maryland Heights ('16)	721
60-64 M	Oscar Maddox, Steedman ('02)	726
65-69 M	John Brown, St. Louis ('05)	742
70-74 M	Jim Barksdale, Steelville ('06)	807
75-79 M	Harold Long, Camdenton ('01)	668
80-84 M	Gus Marsala, St Charles ('18)	647
85-89 M	Melvorn Winter, Columbia ('17)	510
90-94 M	Melvorn Winter, Columbia ('21)	498
95-99 M	Charles Myers Columbia ('99)	430

Doubles - Scratch

50-54 F	Joyce Wolf, Sedalia Florine Reynolds, Sedalia ('02)	1230
55-59 F	Judith Seckel, Florissant Mary Anne Mueller, Arnold ('00)	1117
60-64 F	Lynn Angle, St Louis Glenda Weaver, Eureka ('02)	1178
65-69 F	Beverly Wilson, Marshall Shirley Keyton, Slater ('06)	1140
70-74 F	Rose Davis, Marshall Leann Westbrook, Marshall ('02)	1081
75-79 F	Phyllis Jesse, Mexico Dot Davidson, Mexico ('02)	902
80-84 F	Dot Davidson, Mexico Reita Allen, Mexico ('05)	911
50-54 M	Charles Clutts, Jefferson City Mike Heinaman, Holts Summit ('23)	1527
55-59 M	Jim Costello, St. Louis Paul Costello, Eureka ('05)	1315

60-64 M	Robert Dierking, Columbia Edward Hinderberger, Columbia ('06).....	1363
65-69 M	Robert Murray, Waterloo, IL John Seckman, Hillsboro ('02).....	1342
70-74 M	Dale Mackey, St Peters Donald Swegel, Kansas City, KS ('02)	1341
75-79 M	John Brown, St Louis Donald Lipka, Kirkwood ('14).....	1127
80-84 M	Robert Dierking, Columbia Robert Dougherty, Boonville ('25).....	1084

Mixed Doubles - Scratch

50-54	Gina Green, Independence John Snowden, Independence ('14).....	1244
55-59	Donna Spectra Phillip Wagner ('11)	1202
60-64	Jo Schlafer, Berger Gregory Schlafer, Berger ('12).....	1176
65-69	Sylvia Antrim, Raytown Marvin Antrim, Raytown ('02).....	1159
70-74	Ruth Lowe, Waverly, IL James Lowe, Waverly, IL ('02).....	1133
75-79	Evelyn Dougherty, Boonville Robert Dougherty, Boonville ('22).....	1186
80-84	Dot Davidson, Mexico Don Beckett, Mexico ('06).....	1009
85-59	Dorothy Rasp, Kirkwood Donald Lipka, Kirkwood ('17).....	864
90-94	Gina Green, Independence Jim Barksdale, Steelville ('25)	813

Team - Scratch

50-54	Donna's Hunks ('05)..... Jim Costello, St. Louis John Brown, St. Louis Michael Hackett, Chesterfield Paul Costello, Eureka	2344
55-59	Good Timers ('02)..... Zed Dougherty, Boonville Norris Kruse, Columbia Omer Ball, Clark James Flower, Columbia	2387
60-64	('25)..... Ronald Astrino, Columbia Mark Evaniak, Columbia Jon Walcott, Columbia Don Cope, Columbia	2394
60-64	Good Timers ('01)..... John Riechers, Columbia Norris Kruse, Columbia James Flower, Columbia William Huber, Columbia	2253
65-69	Rock 'n Rollers ('02)	2198
	Albert "Bud" Green, Odessa Mary "Gina" Green, Odessa H. Hawkins, Jerico Springs Regina Baker, Grandview	

70-74	Good Timers ('06)..... Norris, Kruse, Columbia Richard Potrafka, Columbia Wayne Sapp, Ashland John Starbuck, Kirksville	2277
75-79	Don's Crew ('03)	2057
	Dot Davidson, Mexico William Diehl, Mexico Don Beckett, Mexico Elsie Martin, Mexico	
80-84	Don's Crew ('07)	1882
	Reita Allen, Mexico William Diehl, Mexico Dot Davidson, Mexico Don Beckett, Mexico	

CYCLING

1 Mile Time Trial

50-54 F	Deb Schopp, Ballwin ('05).....	2:43
55-59 F	Charlene McMenemy, St Charles ('95).....	2:54
60-64 F	Charlene McMenemy, St Charles ('00).....	2:54
65-69 F	Charlene McMenemy, St Charles ('04).....	3:00.2
70-74 F	Dorothy Davis, Houston ('04).....	3:24.8
50-54 M	Raymond Sapp, Columbia ('99, '00).....	2:16
55-59 M	Dick Walker, Shawnee Mission, KS ('99).....	2:25
60-64 M	Jim Witt, Grandview ('04).....	2:29.4
65-69 M	Herbert Mittlehauser, Sedalia ('95)	2:36
70-74 M	David Oakes, Kosciusko, MS ('06).....	2:37.30
75-79 M	Ray Wageman, Springfield ('00).....	3:00
80-84 M	Ray Wageman, Springfield ('05).....	3:08
85-89 M	Eugene Gotsch, St Louis ('95)	3:29

5K Time Trial

50-54 F	Patti Vanderhoff, Centerton, AR ('14).....	6:29
55-59 F	Sheryl Galvin, Clever ('14)	6:40
60-64 F	Roberta Dierks, Leadwood ('12).....	8:47
65-69 F	Sandra Wulff, Holts Summit ('12).....	8:02
70-74 F	Sister Josepha Schaeffer, Spfd, IL ('04)	10:28
75-79 F	Lois Jazo, Bloomington, IL ('18)	10:45
50-54 M	Chip Asher, St Louis ('14).....	5:39
55-59 M	Lance Farr, Evansville IN ('14).....	5:50
60-64 M	Ron Sapp, Columbia ('14).....	5:02
65-69 M	Andy Brown, Kearney ('14).....	4:38
70-74 M	Gary Carr, Mascoutah IL ('14).....	5:03
75-79 M	Dean Wilkinson, Dallas TX ('14).....	5:12
80-84 M	Bill Earp, Independence MO ('23).....	7:24
85-89 M	Herbert Mittlehauser, Sedalia ('14)	7:19

10K Time Trial

50-54 F	Peggy Donovan, Grandview ('98).....	16:50
55-59 F	Charlene McMenemy, St Charles ('96).....	15:32
60-64 F	Sister Josepha Schaeffer, Spfd, IL ('96)	15:33
65-69 F	Dorothy Davis, Houston ('96).....	17:28
70-74 F	Sister Josepha Schaeffer, Spfd, IL ('06)	20:06
75-79 F	Charlene McMenemy, St. Charles ('12).....	21:50
50-54 M	John Ollar, Columbia ('96).....	13:28
55-59 M	Scott Sifferman, Mt Vernon ('10).....	12:35
60-64 M	Carl Penzel, Jackson ('96).....	13:12

65-69 M	Gary Carr, Mascoutah IL ('10).....	13:59
	Robert Cohn, Creve Couer ('96).....	13:59
70-74 M	Earl Higler, Gravette, AR ('10).....	14:30
75-79 M	Bill Mundy, Grantwood Village ('96).....	16:14
80-84 M	Ray Wageman, Springfield ('06).....	18:29
85-89 M	Eugene Gotsch, St Louis ('96).....	22:17

20K Road Race

50-54 F	Catherine Finn, Festus ('22).....	30:16
55-59 F	Christine Smith('24).....	32:52
60-64 F	Sister Josepha Schaeffer, Spfd, IL ('96).....	33:06
65-69 F	Charlene McMenemy, St. Charles ('05).....	36:17
70-74 F	Debra Wood, Raytown ('24).....	39:22
75-79 F	Lois Jazo, Bloomington, IL ('18).....	39:52
50-54 M	John Ollar, Columbia ('96).....	29:06
55-59 M	Dick Walker, Shawnee, KS ('97).....	26:05
60-64 M	Carl Penzel, Jackson ('96).....	28:58
65-69 M	Dennis Lilly, St Louis ('22).....	30:05
70-74 M	Andy Brown, Overland Park, KS ('18).....	30:49
75-79 M	Gary McGregor, Atchison, KS ('10).....	33:47
80-84 M	Bill Fare (259).....	33:15
85-89 M	Herbert Mittlehauser, Sedalia ('15).....	45:00

40K Road Race

50-54 F	Catherine Finn, Festus ('22).....	1:00:37
55-59 F	Sandra Wulff, Holts Summit ('01).....	1:06:52
60-64 F	Pamela Creech, St Louis ('25).....	1:04:14
65-69 F	Charlene McMenemy, St. Charles ('06).....	1:14:29
70-74 F	Charlene McMenemy, St Charles ('08).....	1:23:38
75-79 F	Sandra Wulff, Clermont FL ('22).....	1:26:17
50-54 M	JC Vandeventer, Lee's Summit ('22).....	1:00:25
55-59 M	Charles Givens, Springfield ('22).....	1:00:38
60-64 M	John Cole, Lake Lotawana ('22).....	1:00:35
65-69 M	Dennis Lilly, St Louis ('22).....	1:00:39
70-74 M	Craig Lofgren, Lee's Summit ('22).....	1:00:44
75-79 M	Martin Vance, Lee's Summit ('22).....	1:00:40
80-84 M	Bill Earp, Independence, MO ('23).....	1:02:10
85-89 M	Patrick Bunch, Roeland Park, KS ('21).....	1:30:00

50K Road Race

50-54 F	Sandra Wulff, Hots Summit ('98).....	1:30:20
55-59 F	Charlene McMenemy, St Charles ('96).....	1:37:05
60-64 F	Sister Josepha Schaeffer, Springfield, IL ('96).....	1:32:10
65-69 F	Sister Josepha Schaeffer, Springfield, IL ('97).....	1:43:18
50-54 M	John Ollar, Columbia ('96).....	1:24:17
55-59 M	Dick Walker, Shawnee, KS ('96).....	1:17:57
60-64 M	Carl Penzel, Jackson ('96).....	1:21:43
65-69 M	Robert Cohn, Creve Couer ('96).....	1:27:09
70-74 M	Ray Wageman, Springfield ('96).....	1:29:01
75-79 M	Dick Oldakowski, Chillicothe ('96).....	1:42:14

GOLF

50-54 F	Lee Shattuck, Warrensburg ('99).....	84
	Sherri Sommerer, California ('12).....	84
55-59 F	Vicki Briggs, Mexico ('04).....	78
60-64 F	Mary Rose Heil, Clayton ('96).....	77
65-69 F	Fern Carter, Columbia ('96).....	79
	Mildred Barnes, Warrensburg ('99).....	79
70-74 F	Fern Carter, Columbia ('97).....	78

75-79 F	Millie Barnes, Warrensburg ('06).....	87
80-84 F	Helen Crawford, Columbia ('11).....	98
90-94 F	Peggy Hall, St Peters ('15).....	118
50-54 M	Jerry McCarty, Columbia ('99).....	68
55-59 M	Mike Goff, Huntsville ('09).....	73
	Ronald Stein, Moberly ('97).....	73
60-64 M	Vernon Frank, Versailles ('96).....	71
65-69 M	Henry Hartle, Lebanon ('06).....	72
70-74 M	Francis Hagan, Columbia ('96).....	70
75-79 M	John Hiesberger, Columbia ('23).....	71
80-84 M	Bob Iglehart, Columbia ('21).....	72
85-89 M	Bob Iglehart, Columbia ('24).....	75
90-94 M	Fred Merell, Blue Springs ('24).....	45

RACE WALK**1,500M Race Walk**

50-54 F	Jeanine Allsup, Belleville, IL ('05).....	9:12
55-59 F	Eileen McManus, Kansas City ('12).....	8:14
60-64 F	Maurine Lia, Creve Coeur ('97).....	8:35
65-69 F	Maurine Lia, Creve Coeur ('98).....	8:36
70-74 F	Maurine Lia, Creve Coeur ('03).....	9:05
75-79 F	Maruine Lia, Creve Coeur ('08).....	9:38
80-84 F	Maurine Lia, Creve Coeur ('12).....	10:22
85-89 F	Maurine Lia, Fenton ('18).....	11:51
50-54 M	David Couts, Whiteside ('06).....	7:00
55-59 M	David Couts, Whiteside ('13).....	7:10
60-64 M	David Couts, Whiteside ('15).....	7:27
65-69 M	David Couts, Whiteside ('23).....	7:51
70-74 M	David Eisenberg, Leawood, KS ('23).....	9:04
75-79 M	Alan Poisner, Overland Park KS ('10).....	9:16
80-84 M	Alan Poisner, Overland Park KS ('14).....	9:37
85-89 M	Fred Adams, Kansas City ('19).....	11:41
90-94 M	Alan Poisner, Overland Park, KS ('24).....	11:32

5K Race Walk

50-54 F	Patty Zinchuk, Lee's Summit ('01).....	32:11
55-59 F	Gayle Johnson, Columbia ('07).....	30:16
60-64 F	Liz Kyger, Oldfield ('23).....	27:30
65-69 F	Maurine Lia, Creve Coeur ('98).....	31:03
70-74 F	Maurine Lia, Creve Coeur ('03).....	33:46
75-79 F	Maruine Lia, Creve Coeur ('08).....	35:27
80-84 F	Maurine Lia, Creve Coeur ('12).....	37:22
85-89 F	Maurine Lia, Fenton ('18).....	43:46
50-54 M	David Couts, Whiteside ('06).....	24:50
55-59 M	David Couts, Whiteside ('13).....	25:24
60-64 M	David Couts, Whiteside ('19).....	25:48
65-69 M	David Couts, Whiteside ('23).....	24:49
70-74 M	Fred Adams, Liberty ('04).....	34:12
75-79 M	James Veenstra, Jacksonville IL ('15).....	34:52
80-84 M	Tom Kirley, Kewanee, IL ('99).....	35:02
85-59 M	Fred Adams, Kansas City ('19).....	41:03
90-94 M	Thomas Young, Overland Park, KS ('07).....	48:47

ROAD RACE**5K Road Race**

50-54 F	Liz Kyger, Oldfield ('12).....	21:58
55-59 F	Liz Kyger, Oldfield ('14).....	22:47

60-64 F	Liz Kyger, Oldfield ('22).....	21:00
65-69 F	Liz Kyger, Oldfield ('24).....	27:39
70-74 F	Rita Kilker, Ballwin ('12).....	28:23
75-79 F	Rita Kilker, Ballwin ('14).....	29:17
80-84 F	Dottie Gray, Kirkwood ('06).....	38:53
50-54 M	Marc Keys, Columbia ('14).....	18:00
55-59 M	Bobby Kincaid, Farley ('96).....	18:48
60-64 M	Patrick Moreton, Webster Groves ('21).....	19:40
65-69 M	John Howland, Jefferson City ('14).....	19:58
70-74 M	Neville Davis, Hartsburg ('23).....	20:20
75-79 M	Delbert Camp, Griggsville, IL ('08).....	25:20
80-84 M	Sandy MacLean, St. Louis ('16).....	31:32
85-89 M	Barney Sword, Columbia ('16).....	34:35
90-94 M	Barney Sword, Columbia ('22).....	42:00

10K Road Race

50-54 F	Pam Sailors, Springfield ('13).....	47:29
55-59 F	Pam Sailors, Springfield ('18).....	48:49
60-64 F	Carol Kuhlmann, New Haven ('06).....	58:16
65-69 F	Mary Specking, St Charles ('95).....	56:38
70-74 F	Rita Kilker, Ballwin ('12).....	59:39
75-79 F	Rita Kilker, Ballwin ('14).....	1:04:02
80-84 F	Dottie Gray, Kirkwood ('00).....	1:25:04
50-54 M	Jack Uhrig, Marshall ('06).....	42:04
55-59 M	Bobby Kincaid, Farley ('96).....	39:53
60-64 M	Granville White, Town and Country ('02).....	42:00
65-69 M	Steve Terry, Lexington ('21).....	47:37
70-74 M	Thom Wilkins, Lebanon ('16).....	46:47
75-79 M	Ernie Hirschfeld, Pacific ('02).....	50:30
80-84 M	Richard Kane, Kansas City ('14).....	1:09:20
85-89 M	Ed Burnham, Kansas City ('06).....	1:29:28

SHOOTING**Trap**

50-54 F	Mary Ann Gates, Columbia ('00).....	44
	Peggy Siler, Branson ('96).....	44
55-59 F	Mary Ann Gates, Columbia ('02).....	44
60-64 F	Mary Ann Gates, Columbia ('06).....	39
65-69 F	Cathy Paben, Camdenton ('16).....	39
70-74 F	Joan Allison, Carrollton ('04).....	44
75-79 F	Mary Dale, Napoleon ('19).....	35
50-54 M	Bob Rassler, Roach ('15).....	49
	George Nichols, Shawnee, KS ('96).....	49
55-59 M	Karrol Hildebrand, Vandalia ('96).....	50
60-64 M	Clark Marks, Columbia ('04).....	49
	James Badaracco, Mexico ('99, '01).....	49
	Karrol Hildebrand, Vandalia ('00).....	49
	James Huffington, Madison ('96).....	49
65-69 M	Karrol Hildebrand, Vandalia ('06, '08).....	50
70-74 M	Steve Manion, Villa Ridge ('24).....	47
	Mike Szemplenski, Camdenton ('13).....	47
	Karrol Hillebrand, Vandalis ('11).....	47
	Jim Badaracco, Mexico ('08).....	47
75-79 M	Richard Dale, Napoleon ('19).....	48
	Glenn Taylor, Eldon ('06).....	48
80-84 M	Ronald Kleiboeker, Lake St Louis ('19).....	47
85-89 M	Elmer Hawse, St Charles ('19, '21).....	36

90-94 M	Elmer Hawse, St Charles ('23).....	32
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Modified International Trap (50 targets)

50-54 F	Sandy Harvey, Lebanon ('10).....	31
55-59 F	Mary Ann Gates, Columbia ('04).....	42
60-64 F	Cathy Pabon, Camdenton ('15).....	32
65-69 F	Mary Ann Gates, Columbia ('13).....	39
70-74 F	Kathy Paben, Camdenton ('21).....	36
75-79 F	Linda Kittle, Columbus, OH ('18).....	8
50-54 M	Jerry Morgan, Lebanon ('02).....	50
55-59 M	Stephen Sasek, Madison ('04).....	50
60-64 M	Kenneth Finley, Columbia ('24).....	49
	Karrol Hillebrand, Vandalia ('04).....	49
65-69 M	Don Deven, St. Louis ('05).....	49
70-74 M	Wayne Gerlemann, New Haven ('24).....	47
75-79 M	Glen Jungmeyer, Eldon ('17).....	45
80-84 M	Edward Ruehter, Sunrise Beach ('15).....	46
85-89 M	Elmer Hawse, St Charles ('19).....	36
90-94 M	Elmer Hawse, St Charles ('23).....	21

Modified International Trap (25 targets)

50-54 F	Mary Ann Gates, Columbia ('00).....	21
50-54 M	Ralph Gates, Columbia ('00).....	21
55-59 M	Everett Stout, Glencoe ('00).....	20
60-64 M	Chuck Farquhar, Columbia ('00).....	21
65-69 M	Clifford Holmes, Columbia ('00).....	22
	Bill McCray, Columbia ('00).....	22
75-79 M	Harvey Tuner, Thompson ('00).....	16

Doubles Trap

50-54 F	Sandy Harvey, Lebanon ('10).....	27
55-59 F	Joyce Rice, Freeman ('03).....	16
50-54 M	Rob Rassler, Roach ('13).....	46
55-59 M	Ralph Gates, Columbia ('03).....	47
	Jerry Morgan, Lebanon ('05).....	47
60-64 M	Karrol Hillebrand, Vandalia ('04).....	47
65-69 M	Jim Badaracco, Mexico ('05).....	48
70-74 M	James Badaracco, Mexico ('07).....	45
75-79 M	Clifford Holmes, Columbia ('07).....	42
	Ronald Kleiboeker, Lake St. Louis ('16).....	42
80-84 M	Gordon Becht, Hermann ('05).....	45
85-89 M	Carl Meisenheimer, California ('21).....	34
90-94 M	Elmer Hawse, Columbia ('23).....	23

Bunker Trap (25 targets)

50-54 M	Tim Beauchamp, Jefferson City ('19).....	10
55-59 M	John Brummett, Marshall ('19).....	17
60-64 M	Jeff Cockerham, Jefferson City ('19).....	18
65-69 M	David Horton, Tusculumbia ('19).....	20
70-74 M	Robert Rehmeier, Jefferson City ('19).....	15
75-79 M	Richard Dale, Napoleon ('19).....	16
80-84 M	Carl Meisenheimer, California ('19).....	4

Bunker Trap (50 targets)

50-54 M	John Arnold, Clarksburg ('24).....	40
55-59 M	Brian McMullan, Fulton ('24).....	36
60-64 M	Stuart DeVore, Columbia ('23).....	39
65-69 M	Robert Hyder, Jefferson City ('23).....	40
70-74 M	Robert Rehmeier, Jefferson City ('21).....	33
75-79 M	Robert Rehmeier, Jefferson City ('23).....	37
80-84 M	Glen Jungmeyer, Eldon ('23).....	30

American Skeet

50-54 F	Darcy Marlow, Columbia ('10, '11)	18
55-59 F	Mary Ann Gates, Columbia ('03)	49
60-64 F	Mary Ann Gates, Columbia ('06)	48
65-69 F	Mary Ann Gates, Columbia ('12)	42
70-74 F	Mary Ann Gates, Columbia ('18)	40
50-54 M	Joe Wilkins, St Louis ('08)	50
	Harry Knollhoff, St Charles ('07)	50
	Ralph Gates, Columbia ('97)	50
	Joe Wilkins, St. Louis ('05)	50
55-59 M	Ralph Gates, Columbia ('06)	50
60-64 M	D.C. Look, Rolla ('02)	50
65-69 M	Tim Ripperger, Jefferson City ('22)	49
	Bill Motley, Rocheport ('21)	49
	Ralph Gates, Columbia ('13)	49
	George Miller, Vandalia ('06)	49
	Richard Fritz, Eldon ('97)	49
70-74 M	Lawrence Cannon, St Charles ('08)	49
75-79 M	Joe Sullivan, Columbia ('23)	47
80-84 M	Lawrence Cannon, St Charles ('17)	44
	Elmer Hawse, St Charles ('15)	44
85-89 M	Elmer Hawse, St Charles ('19)	42
90-94 M	Ramie Julian, Rolla ('00)	40

Modern Skeet

50-54 F	Mary Ann Gates, Columbia ('98, '99)	42
55-59 F	Mary Ann Gates, Columbia ('04)	44
60-64 F	Mary Ann Gates, Columbia ('06)	39
50-54 M	Rick Pityer, O' Fallon ('01)	49
	Ralph Gates, Columbia ('99)	49
	Mike Rhodes, Center ('98)	49
55-59 M	Ralph Gates, Columbia ('02)	50
60-64 M	Ralph Gates, Columbia ('08)	49
	Harold Toalson, Columbia ('02)	49
65-69 M	Ralph Gates, Columbia ('13)	50
70-74 M	Ralph Gates, Columbia ('18)	48
75-79 M	Robert Rehmeier, Jefferson City ('22)	47
80-84 M	Elmer Hawse, St Charles ('13)	43
85-89 M	Elmer Hawse, St Charles ('21)	37
90-94 M	Elmer Hawse, St Charles ('23)	32

International Skeet

55-59 F	Mary Ann Gates, Columbia ('02)	23
50-54 M	Ralph Gates, Columbia ('98, '99, '01)	46
55-59 M	Ralph Gates, Columbia ('02)	45
60-64 M	Ralph Gates, Columbia ('10 & '11)	42
65-69 M	Ralph Gates, Columbia ('12)	45
70-74 M	Ralph Gates, Columbia ('17)	40
75-79 M	Lawrence Cannon, St Charles ('13)	34
80-84 M	Glenn Taylor, Eldon ('03)	33
85-89 M	Elmer Hawse, St Charles ('21)	15

Doubles Skeet

55-59 F	Mary Ann Gates, Columbia ('03)	43
60-64 F	Mary Ann Gates, Columbia ('10)	38
65-69 F	Mary Ann Gates, Columbia ('11)	36
50-54 M	Terry Elliott, Wentzville ('11)	47
	Joe Wilkins, St. Louis ('05)	47
55-59 M	Ralph Gates, Columbia ('04)	49

60-64 M	Ralph Gates, Columbia ('10)	49
65-69 M	Harry Knollhoff, St Charles ('21)	47
	Ralph Gates, Columbia ('15)	47
70-74 M	Ralph Gates, Columbia ('18)	47
75-79 M	Fred Schwarz, Chesterfield ('06)	46
80-84 M	Elmer Hawse, St Charles ('15)	39
85-89 M	Elmer Hawse, St Charles ('21)	36
90-94 M	Elmer Hawse, St Charles ('23)	24

Sporting Clays

50-54 F	Mary Ann Gates, Columbia ('00)	37
55-59 F	Sharon Jobses, St Joseph ('04)	37
60-64 F	Deann Turner ('25)	37
	Mary Ann Gates, Columbia ('10)	37
65-69 F	Mary Ann Gates, Columbia ('12)	30
75-79 F	Linda Kittle, Columbus, OH ('18)	18
50-54 M	Brian Coleman ('24)	49
55-59 M	Brian Coleman ('25)	50
60-64 M	Jim Morgan, Lebanon ('07)	49
65-69 M	Ralph Gates, Columbia ('12)	49
70-74 M	Ralph Gates, Columbia ('18)	46
75-79 M	Glen Jungmeyer, Eldon ('17)	46
80-84 M	Elmer Hawse, St Charles ('17)	43
85-89 M	Ron Kleiboeker ('25)	39
90-94 M	Elmer Hawse, St Charles ('23)	21

5-Stand (50 targets)

50-54 F	Nancy Rodney, St Louis ('12)	28
55-59 F	Sharon Jobses, St Joseph ('04)	29
75-79 F	Linda Kittle, Columbus, OH ('18)	17
50-54 M	Curt Mauldin ('22)	47
	Alan Lynch, Hallsville ('02)	47
55-59 M	Mark Rowden, Fulton ('06)	49
	Ralph Gates, Columbia ('04)	49
60-64 M	Steve Jobses, St Joseph ('04)	49
65-69 M	Ralph Gates, Columbia ('15)	47
70-74 M	Terry Pollard ('25)	43
75-79 M	Glenn Taylor, Eldon ('04)	44
80-84 M	Ron Kleiboeker, Sunrise Beach ('22)	31
85-89 M	Elmer Hawse, St Charles ('19)	28

5-Stand (25 targets)

50-54 M	Ralph Gates, Columbia ('00)	24
55-59 M	Ray Haeffner, Hermann ('00)	20
	Ted Smith, Madison ('00)	20
60-64 M	Richard Crigler, Centralia ('00)	20
65-69 M	Bill McCray, Columbia ('00)	19

SKILL CONTESTS**Basketball - Around the World**

50-54 F	Hazel Urquilla, Warrensburg ('00)	13-12
55-59 F	Hazel Urquilla, Warrensburg ('01)	11-4
	Dolores Hurley, Hazelwood ('96)	11
60-64 F	Freddie Walker, Springfield ('00, '02)	10
65-69 F	Freddie Walker, Springfield ('06)	10-7
70-74 F	Carole Kennedy, Columbia ('14)	12-4
75-79 F	Alice Purdes, Madison, IL ('10, '08)	4-2
80-84 F	Georgie Bender, Oregon ('18)	1
	Donna Wilson, Columbia ('09)	1

85-89 F	Bonnie Champion, Denver, CO ('24).....	4
90-64F	Georgie Bender, Oregon ('24).....	1
50-54 M	Dean Homan, Sedalia ('04).....	13-6
55-59 M	Bob Owens, Valparaiso, IN ('02).....	14
60-64 M	Bob Bryant, Columbia ('03).....	13
65-69 M	Bob Bryant, Columbia ('04).....	14-14
	Bill Little, Maryland Hts ('02).....	14
70-74 M	Raymond Schumann, Hull, IL ('01).....	14-11
75-79 M	Raymond Schumann, Hull, IL ('02).....	14
80-84 M	William Faunce, Independence ('22).....	13-12
	Bob McCoid, West Alexander PA ('21).....	13-9
	Gary Filbert, Columbia ('10).....	13-7
85-89 M	Ron Jelinek, Smithton, IL ('18).....	13
90-94 M	Ed Storey, Jefferson City ('21).....	7-2

Basketball - Free Throws

50-54 F	Melissa Lawson, Columbia ('19).....	20
55-59 F	Michelle Whitaker, Holts Summit ('22, '23).....	20-5
60-64 F	Shirley Dickherber, Wentzville ('99).....	20-9
65-69 F	Freddie Walker, Harrison, AR ('07).....	23-10
70-74 F	Freddie Walker, Harrison, AR ('11).....	19-9
75-79 F	Alice Purdes, Madison, IL ('08).....	12
80-84 F	Ilene Woods, Mountain Grove ('24).....	9
85-89 F	Bonnie Champion, Denver CO ('24).....	4
90-94 F	Georgie Bender, Oregon ('24).....	3
50-54 M	Russell Cobb, Columbia ('17).....	25-25
55-59 M	Sonny Brown, Auburn, IL ('98).....	25-25
60-64 M	Jerry Layton, Kansas City ('11).....	25-25
	Jerry Layton, Kansas City ('09).....	25-25
	G..A. Salmon, Creighton ('06).....	25-25
65-69 M	Jerry Layton, Kansas City ('14).....	25-25
	Bob Bryant, Columbia ('04, '05).....	25-25
	Paul Adams, University City ('03).....	25-25
70-74 M	Raymond Schumann, Hull, IL ('98).....	25-25
75-79 M	Raymond Schumann, Hull, IL ('02, '03, '04).....	24
80-84 M	Gary Filbert, Columbia ('10).....	24-22
85-89 M	Jack Weston, Raytown ('05).....	17-8
90-94 M	Dave McCoy, Carthage ('24).....	17

Football - Throw for Accuracy

50-54 F	Mitzi Clayton, Columbia ('23).....	96
55-59 F	Terry Basler, Ste Genevieve ('07).....	96
60-64 F	Janet Ossie, Troy ('19).....	87
65-69 F	Rita Eckert, Bridgeton, MO ('15).....	96
70-74 F	Betty Adams, University City ('04).....	29
75-79 F	Loretta Hopgood, St Louis ('12).....	36
80-84 F	Loretta Hopgood, St Louis ('17).....	27
85-89 F	Bonnie Champion Denver, CO ('24).....	38
	Georgie Bender, Oregon ('19).....	38
90-94 F	Georgie Bender, Oregon ('24).....	0
50-54 M	Jim Gould, Glenmount, NY ('98).....	13
55-59 M	Russell Cobb, California ('21).....	125
60-64 M	Jeff Minasian, Springfield ('21).....	118
	Dean Homan, Sedalia ('14).....	118
65-69 M	Churng Anderson, Kansas City ('99).....	120
70-74 M	Dennis Squires, St. Charles ('12).....	116
75-79 M	Lyle Pfaff, Leonardville, KS ('11).....	105
80-84 M	Lyle Pfaff, Leonardville KS ('12).....	89

85-89 M	Ron Jelinek, Smithton, IL ('18).....	96
90-94 M	Dave McCoy, Carthage ('21).....	58

Football - Throw for Distance

50-54 F	Connie Strobach, Town & Country ('98).....	106-07.50
55-59 F	Betty Tanurchis, Eureka ('98).....	101-00.00
60-64 F	Myra Everette ('24).....	86-07.00
65-69 F	Betty Adams, University City ('99).....	68-10.00
70-74 F	Betty Adams, University City ('05).....	61-08.50
75-79 F	Rose Marie Karius, St Louis ('02).....	82-01.50
80-84 F	Georgie Bender, Oregon ('18).....	48-07.00
85-89 F	Georgie Bender, Oregon ('23).....	38-04.00
90-94 F	Georgie Bender, Oregon ('24).....	27-03.00
95-99 F	Edith Brown, Carthage ('99).....	22-04.00
50-54 M	Tarry Cory, Urbandale, IL ('02).....	188-08.50
55-59 M	Tarry Cory, Urbandale, IL ('03).....	183-03.50
60-64 M	Bob Bryant, Columbia ('99).....	166-04.00
65-69 M	Art Tayon, Perryville ('00).....	159-03.00
70-74 M	Art Tayon, Perryville ('00).....	142-10.00
75-79 M	James Moffatt, Texarkana TX ('14).....	116-05.00
80-84 M	Dave McCoy, Carthage ('12).....	111-03.00
85-89 M	Dave McCoy, Carthage ('17).....	99-02.00
90-94 M	Dave McCoy, Carthage ('22).....	72-06.00

Softball - Throw for Accuracy

50-54 F	Janet Ossie, Troy ('11).....	145
55-59 F	Terry Basler, Ste Genevieve ('08).....	145
60-64 F	Terry Basler, Ste Genevieve ('13).....	136
65-69 F	Char Sobkowski, Edwardsville, IL ('04).....	116
70-74 F	Rita Eckert, Bridgeton ('19).....	67
75-79 F	Loretta Hopgood, St Louis ('14).....	78
80-84 F	Loretta Hopgood, St Louis ('17).....	54
85-89 F	Bonnie Champion, Denver CO ('24).....	67
90-94 F	Georgie Bender, Oregon ('24).....	29
50-54 M	Marvin Ashley, Wildwood ('97).....	140
55-59 M	Tarry Cory, Clive, IA ('03).....	145
	Russle Cobb California MO ('24).....	145
	Dean Homan, Sedalia ('07).....	145
60-64 M	Scott Schwartz, Chesterfield ('19).....	145
65-69 M	Lyle Pfaff, Leonardville, KS ('01).....	140
70-74 M	James Moffatt, Texarkana TX ('10).....	145
75-79 M	Ray Schumann, Hull, IL ('02).....	145
80-84 M	Edgar Curtis, Columbia ('02).....	116
	James, Moffatt, Texarkana, TX ('16).....	116
85-89 M	Dave McCoy, Carthage ('16).....	116
90-94 M	Dave McCoy, Carthage ('23).....	87

Softball - Throw for Distance

50-54 F	Connie Strobach, Town & Country ('99).....	166-05.00
55-59 F	Marj Locker, Ludlow ('14).....	140-04.00
60-64 F	Barb Borger, Freeburg, IL ('18).....	127-05.00
65-69 F	Vera Whitesides, Mt Vernon, IL ('00).....	105-03.00
70-74 F	Aileen McComas, Blue Springs ('06).....	77-11.00
75-79 F	Loretta Hopgood, St. Louis ('12).....	55-03.00
80-84 F	Georgie Bender, Oregon ('18).....	70-09.00
85-89 F	Georgie Bender, Oregon ('19).....	49-00.00
90-94 F	Georgie Bender, Oregon ('24).....	37-07
95-99 F	Edith Brown, Carthage ('99).....	29-02.00
50-54 M	Tarry Cory, Urbandale, IA ('02).....	261-04.50

55-59 M	Bob Henning, Lake Winnebago ('05).....	249-05.00
60-64 M	Bob Bryant, Columbia ('00).....	221-10.00
65-69 M	Art Tayon, Perryville ('97).....	202-10.00
70-74 M	James McCoy, Carthage ('05).....	202-11.00
75-79 M	Dave McCoy, Carthage ('09).....	178-11.00
80-84 M	Dave McCoy, Carthage ('11).....	174-05.00
85-89 M	Dave McCoy, Carthage ('17, '16).....	151-02.00
90-94 M	Dave McCoy, Carthage ('21).....	119-11.00

SPEED WALK**2-Mile Speed Walk**

55-59 F	Bonnie Bell, St Charles ('04).....	28:43
55-59 M	Jack Hudson, Mexico ('04).....	24:57
60-64 M	Jack Hudson, Mexico ('05).....	27:46
65-69 M	Dave Lundgren, St Louis ('04).....	28:43
75-79 M	Herbert Mittelhauser, Sedalia ('05).....	25:11

SWIMMING**50yd Backstroke**

50-54 F	Terry Freerks, St Louis ('04).....	32.19
55-59 F	Terry Freerks, St Louis ('08).....	33.18
60-64 F	Teresa McDowell, St Louis ('11).....	37.17
65-69 F	Teresa McDowell, St Louis ('16).....	41.00
70-74 F	Teresa McDowell, St Louis ('23).....	42.82
75-79 F	Regan Kenner, Canton ('99).....	49.21
80-84 F	Carol Harris, Jefferson City ('22).....	53.73
85-89 F	Carol Harris, Jefferson City ('25).....	1:03.69
90-94 F	Hedy Pullman, Leawood, KS ('01).....	1:39.36
50-54 M	James Halliburton, Jefferson City ('09).....	27.70
55-59 M	Charles Shedd, Chesterfield ('99).....	34.42
60-64 M	Steven Hancock, Florissant ('16).....	34.48
65-69 M	William Ryan, Lake Lotawana ('14).....	35.17
70-74 M	Ted Iverson, St Louis ('22).....	36.42
75-79 M	Dave Noble, Raymore ('19).....	40.42
80-84 M	Dave Noble, Raymore ('23).....	48.83
85-89 M	Albert Fisher, Springfield ('02).....	1:00.37
90-94 M	Lowell Coon, Sparta ('13).....	1:18.51

100yd Backstroke

50-54 F	Terry Freerks, St Louis ('04).....	1:08.80
55-59 F	Terry Freerks, St Louis ('08).....	1:12.02
60-64 F	Teresa McDowell, St Louis ('11).....	1:20.80
65-69 F	Teresa McDowell, St Louis ('16).....	1:30.38
70-74 F	Teresa McDowell, St Louis ('23).....	1:30.62
75-79 F	Regan Kenner, Canton ('01).....	1:42.88
80-84 F	Carol Harris, Jefferson City ('22).....	1:58.82
85-89 F	Carol Harris, Jefferson City ('25).....	2:11.50
90-94 F	Hedy Pullman, Leawood, KS ('01).....	3:30.99
50-54 M	Jim Halliburton, Grover ('10).....	58.78
55-59 M	Steven Hancock, Florissant ('11).....	1:14.81
60-64 M	Cal Biesecker, Columbia ('21).....	1:11.48
65-69 M	Dave Noble, Raymore ('12).....	1:17.95
70-74 M	Dave Noble, Raymore ('13).....	1:20.83
75-79 M	Dave Noble, Raymore ('19).....	1:23.85
80-84 M	Dave Noble, Raymore ('23).....	1:31.82
85-89 M	William Cannon, Ballwin ('17).....	2:18.75
90-94 M	Lowell Coon, Sparta ('13).....	2:59.14

200yd Backstroke

50-54 F	Terry Freerks, St Louis ('04).....	2:28.41
55-59 F	Terry Freerks, St Louis ('08).....	2:32.60
60-64 F	Mary Woehler, Lake St Louis ('21).....	2:42.76
65-69 F	Mary Pohlmann, Carbondale, IL ('06).....	2:53.03
70-74 F	Teresa McDowell, St Louis ('23).....	3:13.35
75-79 F	Regan Kenner, Canton ('01).....	3:44.18
80-84 F	Carol Harris, Jefferson City ('21).....	4:15.70
85-89 F	Carol Harris, Jefferson City ('25).....	4:35.85
50-54 M	Jim Halliburton, Grover ('10).....	2:08.45
55-59 M	Steve Hancock, Florissant ('11).....	2:43.68
60-64 M	Steve Hancock, Florissant ('19).....	2:48.07
65-69 M	Dave Noble, Raymore ('12).....	2:44.31
70-74 M	Dave Noble, Raymore ('15).....	2:50.82
75-79 M	Dave Noble, Raymore ('18).....	2:54.59
80-84 M	Dave Noble, Raymore ('23).....	3:18.99
85-89 M	William Cannon, Ballwin ('16).....	4:55.17
90-94 M	Lowell Coon, Rogersville ('15).....	7:08.75

50yd Breaststroke

50-54 F	Terry Freerks, St Louis ('04).....	37.39
55-59 F	Mary Woehler, Lake St Louis ('18).....	38.47
60-64 F	Mary Woehler, Lake St Louis ('21).....	39.64
65-69 F	Jeanne Mathiesen, Kansas City ('19).....	48.29
70-74 F	Regan Kenner, Canton ('96).....	47.96
75-79 F	Regan Kenner, Canton ('99).....	46.95
80-84 F	Marie Kreipe, Tecumseh, KS ('99).....	1:17.60
85-89 F	Hedy Pullman, Leawood, KS ('98).....	1:58.75
90-94 F	Hedy Pullman, Leawood, KS ('01).....	2:19.89
50-54 M	Ronald Cervenka, High Ridge ('98).....	33.54
55-59 M	Charles Shedd, Chesterfield ('03).....	35.32
60-64 M	Dave Noble, Kansas City ('08).....	35.09
65-69 M	Dave Noble, Raymore ('10).....	33.64
70-74 M	Dave Noble, Raymore ('16).....	36.31
75-79 M	Dave Noble, Raymore ('19).....	36.93
80-84 M	Dave Noble, Raymore ('23).....	39.06
85-89 M	James Jackson, Marthasville ('11).....	1:04.66

100yd Breaststroke

50-54 F	Heather Huettner, Overland Park KS ('17).....	1:27.99
55-59 F	Catherine Kohn, St Louis ('08).....	1:26.66
60-64 F	Teresa McGiverin, Kansas City ('17).....	1:36.11
65-69 F	Jeanne Mathiesen, Kansas City ('19).....	1:45.24
70-74 F	Regan Kenner, Canton ('96).....	1:44.45
75-79 F	Regan Kenner, Canton ('99).....	1:54.27
80-84 F	Carol Harris, Jefferson City ('22).....	2:43.91
85-89 F	Hedy Pullman, Leawood, KS ('98).....	3:53.85
90-94 F	Hedy Pullman, Leawood, KS ('01).....	4:45.08
50-54 M	Ronald Cervenka, High Ridge ('98).....	1:16.26
55-59 M	Charles Shedd, Chesterfield ('02).....	1:17.79
60-64 M	Dave Noble, Kansas City ('08).....	1:15.56
65-69 M	Dave Noble, Raymore ('10).....	1:14.95
70-74 M	Dave Noble, Raymore ('15).....	1:18.32
75-79 M	Dave Noble, Raymore ('19).....	1:21.17
80-84 M	Dave Noble, Raymore ('23).....	1:27.51
85-89 M	Tom Hairabedian, Independence ('10).....	2:36.26
90-94 M	Tom Hairabedian, Independence ('14).....	2:56.21

200yd Breaststroke

50-54 F	Terry Freerks, St Louis ('04)	2:50.71
55-59 F	Catherine Kohn, St Louis ('08)	3:06.34
60-64 F	Samantha Martoni, Grain Valley ('22)	3:22.14
65-69 F	Caryl Simon, St Louis ('02)	4:05.32
70-74 F	Barbara Zaremski, Leawood, KS ('08)	4:03.79
75-79 F	Regan Kenner, Canton ('03)	4:30.49
80-84 F	Mary Pat Henehan, St Louis ('23)	6:01.20
50-54 M	Keith Loving, Kirkwood ('06)	3:00.22
55-59 M	Stephen Smith, Ballwin ('08)	2:56.88
60-64 M	Dave Noble, Kansas City ('08)	2:55.14
65-69 M	Dave Noble, Raymore ('10)	2:44.99
70-74 M	Dave Noble, Raymore ('13)	2:55.57
75-79 M	Dave Noble, Raymore ('18)	3:00.73
80-84 M	Dave Noble, Raymore ('23)	3:13.24
85-89 M	William Cannon, Ballwin ('16)	6:49.55

50yd Butterfly

50-54 F	Terry Freerks, St Louis ('04)	31.12
55-59 F	Mary Woehler, Lake St Louis ('18)	30.80
60-64 F	Mary Woehler, Lake St Louis ('21)	31.25
65-69 F	Ardeth Mueller, Ballwin ('06)	33.07
70-74 F	Teresa McDowell, St Louis ('23)	45.36
75-79 F	Carol Harris, Jefferson City ('18)	1:05.78
80-84 F	Carol Harris, Jefferson City ('21)	1:15.55
50-54 M	Jim Halliburton, Grover ('10)	25.23
55-59 M	David Whitaker, Rolla ('97)	30.23
60-64 M	Larry Doerr, St Louis ('16)	31.18
65-69 M	William Ryan, Lake Lotawana ('14)	29.92
70-74 M	Dave Noble, Raymore ('15)	33.17
75-79 M	Dave Noble, Raymore ('19)	35.47
80-84 M	Dave Noble, Raymore ('23)	37.64
85-89 M	Loyal Buckingham, Pleasant Hill ('98)	1:14.70

100yd Butterfly

50-54 F	Terry Freerks, St Louis ('04)	1:09.82
55-59 F	Mary Woehler, Lake St Louis ('18)	1:11.49
60-64 F	Mary Woehler, Lake St Louis ('22)	1:13.87
65-69 F	Teresa McDowell, St Louis ('12)	1:34.06
70-74 F	Teresa McDowell, St Louis ('21)	1:51.51
75-79 F	Carol Harris, Jefferson City ('18)	2:28.60
80-84 F	Carol Harris, Jefferson City ('21)	2:55.17
50-54 M	Jeff Haliburton, Jefferson City ('09)	56.09
55-59 M	Stanley Freerks, St Louis ('08)	1:12.18
60-64 M	David Kough, Lawrence, KS ('24)	1:11.30
65-69 M	Dave Noble, Raymore ('11)	1:17.62
70-74 M	Dave Noble, Raymore ('15)	1:19.24
75-79 M	Dave Noble, Raymore ('19)	1:27.33
80-84 M	Dave Noble, Raymore ('23)	1:37.53

200yd Butterfly

50-54 F	Diane Jones, Washington ('16)	4:27.09
55-59 F	Mary Woehler, Lake St Louis ('16)	2:50.87
60-64 F	Mary Woehler, Lake St Louis ('21)	2:50.38
70-74 F	Teresa McDowell, St Louis ('24)	4:31.50
75-79 F	Carol Harris, Jefferson City ('18)	5:16.28
80-84 F	Carol Harris, Jefferson City ('21)	6:21.98
60-64 M	David Kough, Lawrence, KS ('24)	2:44.20
65-69 M	Dave Noble, Raymore ('11)	3:00.57
70-74 M	Dave Noble, Raymore ('14)	3:08.87

75-79 M	Dave Noble, Raymore ('18)	3:08.62
80-84 M	Dave Noble, Raymore ('23)	3:27.04

50yd Freestyle

50-54 F	Heather Huettner, Overland Park KS ('17)	29.16
55-59 F	Mary Woehler, Lake St Louis ('18)	27.99
60-64 F	Mary Woehler, Lake St Louis ('21)	28.47
65-69 F	Barbara Zaremski, Leawood, KS ('04)	35.08
70-74 F	Barbara Zaremski, Leawood, KS ('04)	35.45
75-79 F	Clara Sotak, Springfield, IL ('00)	47.70
80-84 F	Carol Harris, Jefferson City ('22)	50.75
85-89 F	Edith Hendry, Saint Peters ('96)	1:02.55
90-94 F	Hedy Pullman, Leawood, KS ('01)	1:41.02
50-54 M	Jim Halliburton, Grover ('10)	23.36
55-59 M	Steven Hancock, Florissant ('11)	26.59
60-64 M	Steven Hancock, Florissant ('16)	26.68
65-69 M	William Ryan, Lake Lotawana ('14)	25.90
70-74 M	Ted Iverson, St Louis ('22)	29.85
75-79 M	Robert Blake, Bridgeton ('00)	31.14
80-84 M	Robert Blake, O' Fallon ('06)	33.95
85-89 M	William Cannon, Ballwin ('16)	48.43
90-94 M	Lowell Coon, Rogersville ('15)	1:08.42

100yd Freestyle

50-54 F	Heather Huettner, Overland Park KS ('17)	1:04.58
55-59 F	Mary Woehler, Lake St Louis ('18)	1:02.36
60-64 F	Mary Woehler, Lake St Louis ('21)	1:02.73
65-69 F	Barbara Zaremski, Leawood, KS ('04)	1:19.82
70-74 F	Barbara Zaremski, Leawood, KS ('08)	1:21.41
75-79 F	Regan Kenner, Canton ('00)	1:43.10
80-84 F	Carol Harris, Jefferson City ('22)	1:57.48
	Carol Harris, Jefferson City ('23)	1:57.48
85-89 F	Carol Harris, Jefferson City ('25)	2:05.46
50-54 M	James Halliburton, Jefferson City ('09)	51.67
55-59 M	Stanley Freerks, St Louis ('08)	57.74
60-64 M	Steve Hancock, Florissant ('18)	1:01.23
65-69 M	Steve Hancock, Florissant ('23)	1:04.45
70-74 M	Ted Iverson, St Louis ('22)	1:06.59
75-79 M	Robert Blake, Bridgeton ('01)	1:09.71
80-84 M	Dave Noble, Raymore ('23)	1:18.71
85-89 M	William Cannon, Ballwin ('16)	1:53.24
90-94 M	Lowell Coon, Rogersville ('15)	2:48.06

200yd Freestyle

50-54 F	Heather Huettner, Overland Park KS ('17)	2:21.97
55-59 F	Mary Woehler, Lake St Louis ('17)	2:21.35
60-64 F	Mary Woehler, Lake St Louis ('21)	2:21.07
65-69 F	Ardeth Mueller, Ballwin ('06)	2:27.28
70-74 F	Teresa McDowell, St Louis ('22)	2:58.75
75-79 F	Clara Sotak, Springfield, IL ('00)	3:46.03
80-84 F	Carol Harris, Jefferson City ('23)	4:05.13
85-89 F	Edith Hendry, St. Peters ('96)	5:27.89
90-94 F	Glenda Crites, Glen Carbon IL ('07)	8:55.19
50-54 M	Jim Halliburton, Grover ('10)	1:59.93
55-59 M	Stanley Freerks, St Louis ('08)	2:11.15
60-64 M	Cal Biesecker, Columbia ('21)	2:07.40
65-69 M	Steve Hancock, Florissant ('21)	2:26.13
70-74 M	Dave Noble, Raymore ('14)	2:30.98
75-79 M	Dave Noble, Raymore ('18)	2:38.43

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80-84 M	Dave Noble, Raymore ('23)	2:52.95
85-89 M	William Cannon, Ballwin ('16)	4:17.39
90-94 M	Lowell Coon, Rogersville ('15)	6:29.31

500yd Freestyle

50-54 F	Terry Freerks, St Louis ('04)	6:03.29
55-59 F	Bernie Hereth, Columbia ('21)	6:31.66
60-64 F	Mary Woehler, Lake St Louis ('21)	6:16.17
65-69 F	Ardeth Mueller, Ballwin ('06)	6:30.64
70-74 F	Teresa McDowell, St Louis ('23)	8:14.89
75-79 F	Carol Harris, Jefferson City ('17)	9:32.09
80-84 F	Carol Harris, Jefferson City ('22)	10:36.26
85-89 F	Edith Hendry, St Peters ('96)	15:12.71
50-54 M	Stan Freerks, St Louis ('04)	5:50.18
55-59 M	Stanley Freerks, St Louis ('08)	5:56.07
60-64 M	Cal Biesecker, Columbia ('21)	5:45.64
65-69 M	Steven Hancock, Florissant ('21)	6:36.24
70-74 M	Dave Noble, Raymore ('14)	7:07.95
75-79 M	Dave Noble, Raymore ('18)	7:21.83
80-84 M	Dave Noble, Raymore ('24)	7:58.75
85-89 M	William Cannon, Florissant ('16)	12:08.66
90-94 M	Lowell Coon, Rogersville ('15)	16:50.01

1,000yd Freestyle

55-59 F	Teresa McDowell, St Louis ('09)	14:13.60
60-64 F	Teresa McDowell, St Louis ('11)	14:22.06
70-74 F	Carol Harris, Jefferson City ('13)	19:45.28
50-54 M	James Halliburton, Jefferson City ('09)	10:57.20
55-59 M	Steven Hancock, Florissant ('13)	12:44.95
60-64 M	Joe Robert Niesen, Ava ('11)	16:37.98
65-69 M	Tom Woods, Long Lane ('09)	14:13.60
70-74 M	John Crooks, Kansas City ('13)	22:02.89
80-84 M	William Cannon, Ballwin ('12)	21:35.10

100yd Individual Medley

50-54 F	Terry Freerks, St Louis ('04)	1:11.36
55-59 F	Mary Woehler, Lake St Louis ('18)	1:11.36
60-64 F	Mary Woehler, Lake St Louis ('22)	1:13.36
65-69 F	Teresa McDowell, St Louis ('16)	1:34.76
70-74 F	Teresa McDowell, St Louis ('22)	1:37.79
75-79 F	Carol Harris, Jefferson City ('18)	2:07.32
80-84 F	Carol Harris, Jefferson City ('21)	2:18.08
85-89 F	Carol Harris, Jefferson City ('25)	2:32.06
50-54 M	James Halliburton, Jefferson City ('09)	1:00.30
55-59 M	Charles Shedd, Chesterfield ('02)	1:11.31
60-64 M	Steven Hancock, Florissant ('16)	1:13.98
65-69 M	Dave Noble, Raymore ('10)	1:15.88
70-74 M	Dave Noble, Raymore ('14)	1:18.68
75-79 M	Dave Noble, Raymore ('18)	1:19.39
80-84 M	Dave Noble, Raymore ('23)	1:24.41
85-89 M	Albert Fisher, Springfield ('02)	2:06.26

200yd Individual Medley

50-54 F	Heather Huettner, Overland Park KS ('17)	2:44.34
55-59 F	Terry Freerks, St Louis ('08)	2:35.86
60-64 F	Mary Woehler, Lake St Louis ('22)	2:38.27
65-69 F	Ardeth Mueller, Ballwin ('06)	2:23.59
70-74 F	Barbara Zaremski, Leawood, KS ('08)	3:36.85
75-79 F	Carol Harris, Jefferson City ('18)	4:28.66
80-84 F	Carol Harris, Jefferson City ('21)	4:54.37

85-89 F	Carol Harris, Jefferson City ('25)	5:32.63
50-54 M	Jim Halliburton, Grover ('10)	2:11.99
55-59 M	Richard Baldwin, Lee's Summit ('10)	2:39.59
60-64 M	Cal Biesecker, Columbia ('21)	2:29.12
65-69 M	Dave Noble, Raymore ('10)	2:50.02
70-74 M	Dave Noble, Raymore ('15)	2:48.36
75-79 M	Dave Noble, Raymore ('18)	2:52.55
80-84 M	Dave Noble, Raymore ('23)	3:05.54
85-89 M	William Cannon, Ballwin ('16)	5:58.09

400yd Individual Medley

50-54 F	Luci Branyon, Jefferson City ('17)	7:35.58
55-59 F	Mary Woehler, Lake St Louis ('16)	5:52.16
60-64 F	Mary Woehler, Lake St Louis ('21)	5:41.36
65-69 F	Teresa McDowell, St Louis ('16)	7:23.81
70-74 F	Teresa McDowell, St Louis ('22)	7:44.87
80-84 F	Carol Harris, Jefferson City ('21)	10:06.99
55-59 M	Chris Sheets, St Charles ('14)	6:28.68
60-64 M	David Kough, Lawrence, KS ('24)	5:48.22
65-69 M	Denny Koonce, Marine IL ('25)	6:38.28
70-74 M	Dave Noble, Raymore ('14)	6:02.49
75-79 M	Dave Noble, Raymore ('18)	6:17.74
80-84 M	Dave Noble, Raymore ('23)	6:52.49

TRACK AND FIELD

50m Dash

50-54 F	Jacqueline Board, Allen, TX ('06)	7.29
55-59 F	Peggy O'Neil, Carthage ('01)	7.90
60-64 F	Barb Borger, Freeburg, IL ('19)	8.15
65-69 F	Kay Glynn, Hastings IA ('22)	8.48
70-74 F	Pamela Junk, Leslie ('21)	8.89
75-79 F	Pamela Junk, Washington ('25)	8.78
80-84 F	Jeanann Roth, Huntsville ('24)	11.42
85-89 F	Alice Mohr, Kirkwood ('18)	15.01
90-94 F	Georgie Bender, Oregon ('24)	20.08
50-54 M	Steve Bunn, St. Louis ('16)	6.41
55-59 M	David Golden, St Charles ('99)	6.30
60-64 M	Clifton Manning, Lee Summit ('05)	6.40
65-69 M	John Pace, Fredericksburg, TX ('19)	6.73
70-74 M	Donald Ohmes, O'Fallon ('17)	7.29
75-79 M	Roderick Parker, Amity, AR ('98)	7.65
80-84 M	Tom Walsh, Hannibal ('98)	8.36
85-89 M	Marvin Champion, Denver, CO ('25)	8.68
90-94 M	Curt Davidson, Kirkwood ('15)	9.57

100m Dash

50-54 F	Denise McField, St. Louis ('07)	13.92
55-59 F	Peggy O'Neill, Carthage ('02)	15.20
60-64 F	Barb Borger, Freeburg, IL ('19)	15.44
65-69 F	Pamela Junk, Leslie ('17)	15.83
70-74 F	Kay Glenn, Walker MO ('25)	16:46
75-79 F	Pamela Junk, Washington ('25)	16.43
80-84 F	Jeanna Roth, Huntsville ('24)	22.92
85-89 F	Alice Mohr, Kirkwood ('18)	31.00
90-94 F	Georgie Bender, Oregon ('24)	42.28
50-54 M	Grant Robinson, St Louis ('22)	11.73
55-59 M	Steve Bunn, St Louis ('19)	11.81
60-64 M	Jimmy Weaver, Fort Worth, TX ('96)	12.20

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65-69 M	Bob Lida, Wichita, KS ('03, '05).....	12.90
70-74 M	Wendell Roehrs, Warrenton ('06).....	13.62
75-79 M	Bob Lida, Wichita, KS ('11).....	13.40
80-84 M	Bob Lida, Wichita, KS ('16).....	13.92
85-89 M	Curt Davison, Kirkwood ('10).....	16.70
90-94 M	Curt Davison, Kirkwood ('15).....	18.62

200m Dash

50-54 F	Jacqueline Board, Allen, TX ('06).....	29.07
55-59 F	Janet Ossie, Troy ('14).....	28.20
60-64 F	Barb Borger, Freeburg, IL ('18).....	34.62
65-69 F	Char Lane, Topeka, KS ('08).....	37.94
70-74 F	Char Lane, Topeka, KS ('10).....	40.40
75-79 F	Pamela Junk, Washington ('24).....	39.51
80-84 F	Dottie Gray, Kirkwood ('06).....	56.42
85-89 F	Alice Mohr, Kirkwood ('18).....	1:13.96
50-54 M	Ben Leflore, Lee's Summit ('25).....	25.04
55-59 M	David Golden, St. Charles ('99).....	25.50
60-64 M	John Pace, Fredericksburg, TX ('15).....	25.51
65-69 M	Bob Lida, Wichita, KS ('03).....	26.30
70-74 M	Douglas Spencer, Warren, AR ('19).....	28.85
75-79 M	Bob Lida, Wichita, KS ('11).....	27.20
80-84 M	Bob Lida, Wichita, KS ('16).....	28.91
85-89 M	Curt Davison, Kirkwood ('13).....	35.70
90-94 M	Curt Davison, Kirkwood ('15).....	47.82

400m Dash

50-54 F	Jacqueline Board, Allen, TX ('06).....	1:09.25
55-59 F	Barb Borger, Freeburg, IL ('16).....	1:18.47
60-64 F	Barb Borger, Freeburg, IL ('18).....	1:18.00
65-69 F	Mary Ares, St Charles ('03).....	1:25.00
70-74 F	Dottie Gray, Kirkwood ('96).....	1:46.10
75-79 F	Rita Kilker, Ballwin ('15).....	1:41.70
80-84 F	Dottie Gray, Kirkwood ('06).....	2:24.64
85-89 F	Alice Mohr, Kirkwood ('18).....	2:40.00
50-54 M	Steven Trulaske, O' Fallon ('07).....	57.77
55-59 M	David Pitts, St Louis ('21).....	57.65
60-64 M	Bob Lida, Wichita, KS ('00).....	59.70
65-69 M	Bob Lida, Wichita, KS ('04).....	1:00.86
70-74 M	Richard Hope, St Charles ('25).....	1:11.41
75-79 M	Bob Lida, Wichita, KS ('12).....	1:05.90
80-84 M	Oscar Hartmann, St Louis ('98).....	1:34.70
85-59 M	Daniel Gilbert, Forsyth ('22).....	1:48.00
90-94 M	Dave McCoy, Carthage ('21).....	2:28.40

800m Run

50-54 F	Lauren Rose Laughlin, Springfield ('18).....	2:46.34
55-59 F	Jan Daugherty, Chesterfield ('14).....	2:54.66
60-64 F	Jan Daugherty, Chesterfield ('18).....	2:57.81
65-69 F	Mary Ares, St Charles ('03).....	3:35.60
70-74 F	Chau Smith, Kansas City ('23).....	4:05.96
75-79 F	Rita Kilker, Ballwin ('15).....	3:55.06
80-84 F	Alice Mohr, Kirkwood, MO ('16).....	5:49.67
85-89 F	Alice Mohr, Kirkwood, MO ('18).....	6:13.00
50-54 M	David Carruthers, St Louis ('09).....	2:19.28
55-59 M	Greg Sargent, Lake St Louis ('00).....	2:13.84
60-64 M	Tim Wigger, Shawnee, KS ('08).....	2:21.00
65-69 M	Gayle Van Durme, Overland Park, KS ('17).....	2:31.90
70-74 M	Tim Wigger, Shawnee, KS ('18).....	2:44.52

75-79 M	Paul Schmitt, Florissant ('98).....	3:05.40
80-84 M	Joseph Bell, Florissant ('08).....	3:36.00
85-89 M	Joseph Bell, Florissant ('14).....	4:45.95
90-94 M	Dave McCoy, Carthage ('21).....	6:26.00

1,500m Run

50-54 F	Lauren Rose Laughlin, Springfield ('18).....	5:37.00
55-59 F	Jan Daugherty, Chesterfield ('14).....	5:43.91
60-64 F	Jan Daugherty, Chesterfield ('18).....	5:53.00
65-69 F	Mary Ares, St. Charles ('03).....	7:02.00
70-74 F	Dottie Gray, Kirkwood ('96).....	7:58.00
75-79 F	Rita Kilker, Ballwin ('15).....	7:51.42
80-84 F	Jeanann Roth, Huntsville ('24).....	10:02.47
85-89 F	Alice Mohr, Kirkwood ('18).....	11:53.00
50-54 M	David Carruthers, St Louis ('09).....	4:41.97
55-59 M	Randy Taylor, Little Rock, AR ('04).....	5:05.46
60-64 M	Tim Wigger, Shawnee, KS ('12).....	5:14.90
65-69 M	Gayle Van Durme, Overland Park, KS ('17).....	5:16.72
70-74 M	Jack Gentry, Rogers, AR ('99).....	5:46.10
75-79 M	Paul Schmitt, Florissant ('98).....	6:17.15
80-84 M	Joseph Bell, Florissant ('08).....	7:21.15
85-89 M	Joseph Bell, Florissant ('14).....	9:17.33
90-94 M	Dave McCoy, Carthage, MO ('24).....	15:23.88

High Jump

50-54 F	Kathy Lord, Chesterfield ('01).....	4-02.00
55-59 F	Kathy Lord, Chesterfield ('08, '04).....	3-10.00
	Peggy O'Neil, Carthage ('01).....	3-10.00
60-64 F	Joan Graves, Pacific ('96).....	3-10.00
65-69 F	Kay Glynn, Hastings, IA ('18).....	4-00.00
70-74 F	Kay Glynn, Walker, MO ('25).....	3-09.25
75-79 F	Wanda Morgan, Poplar Bluff ('02).....	3-00.00
80-84 F	Carol Bussen, West Plains ('23).....	2-06.00
50-54 M	Thomas Foley, Chesterfield ('09).....	5-09.00
55-59 M	Kent Powers, St Louis ('19).....	5-03.00
60-64 M	Kent Powers, Maryville IL ('21).....	5-03.00
	Garry Pirch, Vandalia ('16).....	5-03.00
65-69 M	J.C. Brown, Liberty ('95).....	5-00.00
70-74 M	J.C. Brown, Liberty ('00).....	4-08.00
75-79 M	Frank Tilton, Springfield ('21).....	4-01.25
80-84 M	Donald Pellmann, Mtn. Home, AR ('98).....	3-11.25
85-89 M	Curt Davison, Kirkwood ('10, '12).....	3-04.00
90-94 M	Curt Davison, Kirkwood ('15, '16).....	3-04.00

Pole Vault

50-54 F	Joan Ellis, Edmond, OK ('09).....	6-06
55-59 F	Kay Glynn, Hastings, IA ('09, '12).....	9-00
60-64 F	Mary Clark, Effingham IL ('10, '11, '12).....	5-06
65-69 F	Kay Glynn, Hastings, IA ('18, '22).....	9-00
70-74 F	Kay Glynn, Walker, MO ('25).....	8-06
50-54 M	Kelly Meares, Carl Junction ('04).....	13-00
55-59 M	Dave Gilbert, Oregon, IL ('19).....	12-06
60-64 M	Dave Gilbert, Oregon, IL ('24).....	12-00
65-69 M	Dan Limbaugh, St Louis ('14, '13, '12).....	10-00
70-74 M	Dan Limbaugh, St Louis ('17).....	9-06
75-79 M	Dan Limbaugh, St Louis ('25).....	8-11.75
80-84 M	Donald Pellman, Mtn. Home, AR ('98).....	7-06
85-89 M	Rodger Young, Marionville ('23).....	4-09

Running Long Jump

50-54 F	Maureen Halloran, St Louis ('05)	12-08.50	65-69 F	Myrle Mensey, St Louis ('15).....	31-04.50
55-59 F	Kay Glynn, Hastings, IA ('12)	13-00.00	70-74 F	Myrle Mensey, St Louis ('19).....	27-03.00
60-64 F	Peggy O'Neill, Carthage ('04)	12-03.00	75-79 F	Pamela Junk, Washington ('23, '25)	26-09.25
65-69 F	Kay Glynn, Hastings, IA ('21)	12-01.00	80-84 F	Claire Vieth, Webster Groves ('96)	18-10.25
70-74 F	Pamela Junk, Leslie ('18)	9-11.00	85-89 F	Georgie Bender, Oregon ('19).....	19-04.50
75-79 F	Pamela Junk, Washington ('24).....	9-09.50	90-94 F	Georgie Bender, Oregon ('24).....	15-06.75
80-84 F	Alice Mohr, Kirkwood ('16).....	4-08.00	50-54 M	Ron Summer, Jacksonville, IL ('05).....	51-10.00
85-89 F	Alice Mohr, Kirkwood ('18).....	4-00.50	55-59 M	Patrick O'Connor, Lee's Summit ('16)	45-06.00
50-54 M	Mike Henson, Beebe, AR ('16)	19-00.50	60-64 M	Bill Leffler, Gibbs ('13)	48-02.25
55-59 M	Larry Rodenbeck, West Plains ('04).....	17-01.50	65-69 M	Richard Cochran, Lake St Louis ('04).....	42-04.00
60-64 M	Ridley Holder, Lake Worth, FL ('12)	15-11.00	70-74 M	Joe Myers, White Pine, TN ('23).....	43-09.25
65-69 M	Jeffrey Duke, Carbondale, IL ('15).....	15-04.00	75-79 M	Larry Rheams, Eureka ('18)	37-08.50
70-74 M	Dennis Blauvelt, Battlefield ('21).....	15-11.75	80-84 M	Larry Rheams, Eureka ('22)	38-07.00
75-79 M	Frank Tilton, Springfield ('21)	12-11.50	85-89 M	Phil Brusca, Maryland Heights ('13).....	33-04.50
80-84 M	Donald Pellmann, Mt Home, AR ('98)	12-00.75	90-94 M	Curt Davison, Kirkwood ('15)	30-00.00
85-89 M	Curt Davison, Kirkwood ('13)	11-04.00			
90-94 M	Curt Davison, Kirkwood ('16)	8-10.50			

Standing Long Jump

50-54 F	Maureen Halloran, St Louis ('04, '06).....	7-01.50	50-54 F	Mitzi Clayton, Columbia ('24).....	94-06.00
55-59 F	Barb Borger, Freeburg, IL ('16).....	7-01.75	55-59 F	Laura Kaczmarek-Brown, Texarkana, TX ('23)	94-00.00
60-64 F	Barb Borger, Freeburg, IL ('18).....	9-06.25	60-64 F	Myrle Mensey, St Louis ('09).....	97-06.00
65-69 F	Ora Thompson, Florissant ('19)	6-00.50	65-69 F	Myrle Mensey, St Louis ('17).....	85-08.00
70-74 F	Pamela Junk, Washington ('22).....	6-01.00	70-74 F	Myrle Mensey, St Louis ('19).....	73-05.00
75-79 F	Pamela Junk, Washington ('23).....	5-05.50	75-79 F	Jane Kaiser, St Louis ('24)	53-03.00
80-84 F	Georgie Bender, Oregon ('18).....	3-05.25	80-84 F	Georgie Bender, Oregon ('18).....	30-05.00
85-89 F	Alice Mohr, Kirkwood ('18).....	3-04.50	85-89 F	Georgie Bender, Oregon ('21).....	34-02.00
50-54 M	Mark Barinque, Lubbock, TX ('19)	8-10.50	90-94 F	Georgie Bender, Oregon ('24).....	28-04.00
55-59 M	Bill Weber, Boonville ('15)	9-04.25	50-54 M	Valentino Martinez, Ballwin ('03).....	158-04.00
60-64 M	Ridley Hodler, Lake Worth, FL ('12)	8-09.00	55-59 M	Valentino Martinez, Ballwin ('05).....	147-10.00
65-69 M	Dennis Blauvelt, Battlefield ('18).....	8-06.50	60-64 M	Richard Cochran, Lake St Louis ('01).....	184-00.00
70-74 M	Larry Rheams, Eureka ('12).....	8-07.00	65-69 M	Richard Cochran, Lake St Louis ('04).....	169-03.00
75-79 M	Larry Rheams, Eureka ('17).....	7-07.50	70-74 M	Richard Cochran, Lake St Louis ('09).....	136-04.00
80-84 M	Tom Walsh, Hannibal ('98)	6-08.75	75-79 M	Phil Brusca, Maryland Hts ('03)	114-06.00
85-89 M	Wayne McDaniel, Lake St Louis ('16).....	6-00.75	80-84 M	Larry Rheams, Eureka ('23)	102-06.00
90-94 M	Curt Davison, Kirkwood ('17)	5-06.50	85-89 M	Dave McCoy, Cathage ('16).....	75-10.00
			90-94 M	Jean Brockman, Springfield ('21).....	64-07.00

Triple Jump

50-54 F	Cheryl Bryant, Springfield ('15).....	24-04.75	50-54 F	Connie Strobach, Town & Country ('98)	114-02.00
55-59 F	Kay Glynn, Hastings, IA ('12)	25-06.50	55-59 F	Linda Rowe, Bloomfield IA ('11).....	85-07.00
60-64 F	Cheryl Bryant, Springfield ('23).....	21-02.50	60-64 F	Barb Borger, Freeburg, IL ('19).....	81-06.00
65-69 F	Kay Glynn, Hastings, IA ('22)	27-05.00	65-69 F	Linda Rowe, Bloomfield IA ('18)	78-04.00
70-74 F	Corky Duhlstine Feeney, East Moline IL ('24).....	19-06.00	70-74 F	Myrle Mensey, St Louis ('19).....	67-10.25
75-79 F	Joan Graves, Pacific ('07).....	20-02.50	75-79 F	Jane Kaiser, St Louis ('24)	33-08.00
50-54 M	Mike Henson, Beebe, AR ('16)	35-05.25	80-84 F	Claire Vieth, Webster Groves ('96)	32-01.00
55-59 M	Larry Rodenbeck, West Plains ('06).....	36-07.50	85-89 F	Georgie Bender, Oregon ('19).....	28-03.00
60-64 M	Larry Rodenbeck, West Plains ('10).....	35-15.00	90-94 F	Daisy Edwards, St Louis ('15)	14-09.00
65-69 M	Larry Rodenbeck, West Plains ('14).....	32-10.50	50-54 M	Ken Ellis, Edmond, OK ('09).....	145-04.00
70-74 M	Ken Griffin, St Louis ('22)	29-01.25	55-59 M	Robert Orell, Lake St Louis ('10).....	147-03.00
75-79 M	Frank Tilton, Springfield ('21)	26-06.50	60-64 M	Daniel Narzenski, Columbia ('10).....	146-11.00
80-84 M	Frank Bollinger, Excelsior Springs ('10).....	19-01.00	65-69 M	Kurt Gruenbacher, Lenexa KS ('24)	137-10.00
85-89 M	Richard Grater, St Louis ('16).....	17-00.75	70-74 M	Phillip Brusca, Maryland Hts ('97)	119-03.00
90-94 M	Dave McCoy, Carthage ('21).....	15-03.25	75-79 M	Geoffrey Kent, Washington D.C. ('12).....	109-04.00
			80-84 M	Bruce McDonald, St John ('00).....	105-11.00
			85-89 M	Bruce McDonald, St Louis ('04).....	81-10.00
			90-94 M	J.D. Brockman, Springfield ('24)	72-10.00

Shot Put

50-54 F	Mitzi Clayton, Columbia ('22).....	35-08.50
55-59 F	Myrle Mensey, St Louis ('05).....	37-01.25
60-64 F	Myrle Mensey, St Louis ('13).....	32-06.50

Discus

50-54 F	Mitzi Clayton, Columbia ('24).....	94-06.00
55-59 F	Laura Kaczmarek-Brown, Texarkana, TX ('23)	94-00.00
60-64 F	Myrle Mensey, St Louis ('09).....	97-06.00
65-69 F	Myrle Mensey, St Louis ('17).....	85-08.00
70-74 F	Myrle Mensey, St Louis ('19).....	73-05.00
75-79 F	Jane Kaiser, St Louis ('24)	53-03.00
80-84 F	Georgie Bender, Oregon ('18).....	30-05.00
85-89 F	Georgie Bender, Oregon ('21).....	34-02.00
90-94 F	Georgie Bender, Oregon ('24).....	28-04.00
50-54 M	Valentino Martinez, Ballwin ('03).....	158-04.00
55-59 M	Valentino Martinez, Ballwin ('05).....	147-10.00
60-64 M	Richard Cochran, Lake St Louis ('01).....	184-00.00
65-69 M	Richard Cochran, Lake St Louis ('04).....	169-03.00
70-74 M	Richard Cochran, Lake St Louis ('09).....	136-04.00
75-79 M	Phil Brusca, Maryland Hts ('03)	114-06.00
80-84 M	Larry Rheams, Eureka ('23)	102-06.00
85-89 M	Dave McCoy, Cathage ('16).....	75-10.00
90-94 M	Jean Brockman, Springfield ('21).....	64-07.00

Javelin

50-54 F	Connie Strobach, Town & Country ('98)	114-02.00
55-59 F	Linda Rowe, Bloomfield IA ('11).....	85-07.00
60-64 F	Barb Borger, Freeburg, IL ('19).....	81-06.00
65-69 F	Linda Rowe, Bloomfield IA ('18)	78-04.00
70-74 F	Myrle Mensey, St Louis ('19).....	67-10.25
75-79 F	Jane Kaiser, St Louis ('24)	33-08.00
80-84 F	Claire Vieth, Webster Groves ('96)	32-01.00
85-89 F	Georgie Bender, Oregon ('19).....	28-03.00
90-94 F	Daisy Edwards, St Louis ('15)	14-09.00
50-54 M	Ken Ellis, Edmond, OK ('09).....	145-04.00
55-59 M	Robert Orell, Lake St Louis ('10).....	147-03.00
60-64 M	Daniel Narzenski, Columbia ('10).....	146-11.00
65-69 M	Kurt Gruenbacher, Lenexa KS ('24)	137-10.00
70-74 M	Phillip Brusca, Maryland Hts ('97)	119-03.00
75-79 M	Geoffrey Kent, Washington D.C. ('12).....	109-04.00
80-84 M	Bruce McDonald, St John ('00).....	105-11.00
85-89 M	Bruce McDonald, St Louis ('04).....	81-10.00
90-94 M	J.D. Brockman, Springfield ('24)	72-10.00

Weight Throw

50-54 F	Ollie Bogdon, Trimble ('17).....	42-05.75
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Missouri State Senior Games Records

55-59 F	Myrle Mensey, St Louis ('08).....	44-10.50	70-74 F	Dorothy Esher, Butler ('18).....	1:59:26
60-64 F	Myrle Mensey, St Louis ('12).....	55-10.25	75-79 F	Jeanann Roth, Huntsville ('19).....	1:49.44
65-69 F	Myrle Mensey, St Louis ('15).....	54-06.00	50-54 M	Ronney Adkinson, Lohman ('12).....	1:11.28
70-74 F	Myrle Mensey, St Louis ('19).....	47-11-75	55-59 M	Denny Koonce, Benton ('15)	1:19.04
75-79 F	Joan Graves, Pacific ('07).....	17-06.00	60-64 M	Tom Magruder, Edgar Springs ('11).....	1:23:22
80-84 F	Georgie Bender, Oregon ('18).....	18-06.00	65-69 M	Tom Magruder, Edgar Springs ('15)	1:25.17
85-89 F	Georgie Bender, Oregon ('19).....	15-02.00	70-74 M	Tom Magruder, Edgar Springs ('17)	1:39.02
90-94 F	Daisy Edwards, St Louis ('17)	6-08.25	75-79 M	Tom Magruder, Edgar Springs ('22)	1:53.34
50-54 M	Ron Summers, Jacksonville, IL ('06).....	57-11.25			
55-59 M	Ron Summers, Jacksonville, IL ('08).....	58-01.00			
60-64 M	Bill Embry, Malden ('18)	53-03.00			
65-69 M	Larry Rheams, Eureka ('11)	47-11.25			
70-74 M	Larry Rheams, Eureka ('14).....	51-00.75			
75-79 M	Larry Rheams, Eureka ('17).....	49-00.50			
80-84 M	Curt Davison, Kirkwood ('05)	36-07.50			
85-89 M	Curt Davison, Kirkwood ('13)	35-10.50			
90-94 M	Curt Davison, Kirkwood ('15)	32-11.75			

Hammer Throw

50-54 F	Ollie Bogdon, Oregon ('17)	102.04.00
55-59 F	Myrle Mensey, St Louis ('07).....	104-08.00
60-64 F	Myrle Mensey, St Louis ('13).....	117-08.00
65-69 F	Myrle Mensey, St Louis ('15).....	124-00.00
70-74 F	Myrle Mensey, St Louis ('19).....	115-04.00
75-79 F	Joan Graves, Pacific ('07).....	39-00.50
80-84 F	Georgie Bender, Oregon ('08).....	21-08.00
85-89 F	Georgie Bender, Oregon ('19).....	24-00.00
90-94 F	Daisy Edwards, St Louis ('17)	11-02.75
50-54 M	Paul Kennedy, St Louis ('17)	122-09.25
55-59 M	Ron Summers, Jacksonville IL ('08).....	153-02.00
60-64 M	Bill Embry, Malden ('18)	136-06.00
65-69 M	Larry Rheams, Eureka ('11)	120-02.00
70-74 M	Larry Rheams, Eureka ('15).....	133-09.00
75-79 M	Larry Rheams, Eureka ('17).....	130-06.25
80-84 M	Phillip Brusca, Maryland Hts ('08)	96-00.00
85-89 M	Curt Davison, Kirkwood ('12)	86-10.00
90-94 M	Curt Davison, Kirkwood ('16)	85-09.00

TRIATHLON - THROUGH 2010

50-54 F	Peggy Donovan, Grandview ('98).....	1:43:59
55-59 F	Cathy Thurwachter, Lake St Louis ('10).....	1:57:38
60-64 F	Patti Hoddinott, Columbia ('96).....	2:17:08
65-69 F	Sister Josepha Schaeffer, Spfd, IL ('99)	1:47:43
70-74 F	Dorothy Davis, Houston ('02).....	2:52:18
50-54 M	Duane Fritchie, Lee's Summit ('00)	1:27:34
55-59 M	Jim Boyt, Springfield ('99).....	1:33:55
60-64 M	Chad Wright ('99).....	1:36:46
65-69 M	John Schimweg, St. Charles ('99).....	1:50:26
70-74 M	Charles Depaepe, Maryland Hts ('99).....	2:14:33
75-79 M	Ray Wageman, Springfield ('00).....	2:09:55

TRIATHLON - NEW COURSE STARTING IN 2011

50-54 F	Jackie Chen, Waynesville ('15)	1:23:48
55-59 F	Jackie Chen, Waynesville ('18)	1:32:44
60-64 F	Mary Willett, Columbia ('18).....	1:45:21
65-69 F	Debbie Stiles, St Louis ('15)	1:52.22