

**2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS**

50 METER DASH

50-54 F	1	Rainy Cadenhead, Kansas City, MO	12.07
50-54 F	2	Colette Gieck	13.75
55-59 F	1	Alane Watts, Kansas City, MO	9.47
60-64 F	1	Caroline Vemulapalli, St Louis, MO	9.07
60-64 F	2	Rose Burt, Grandview, MO	9.43
60-64 F	3	Lori Lewis, Dupo, IL	9.73
60-64 F	4	Myra Everette, Kansas City, MO	10.10
65-69 F	1	Janet Ossie, Troy, MO	10.49
65-69 F	2	Donna Bruns, Ozark, MO	11.15
70-74 F	1	Debra Wood, Raytown, MO	10.62
70-74 F	2	Deanna Maxwell, Peculiar, MO	12.80
75-79 F	1	Pamela Junk, Washington, MO	8.98
80-84 F	1	Jeanann Roth, Huntsville, MO	11.42
80-84 F	2	Ilene Woods, Mountain Grove, MO	16.49
90-94 F	1	Georgie Bender, Oregon, MO	20.08
50-54 M	1	James Chevalier, Saint Louis, MO	10.85
55-59 M	1	Bryan Martin, Wichita, KS	6.77
55-59 M	2	Kevin ONeill, Lees Summit, MO	7.51
55-59 M	3	Steve Mauchenheimer, Saint Peters, MO	7.98
55-59 M	4	Wayne Horne, N Kansas City, MO	9.12
60-64 M	1	Timothy Turnbeaugh, Alton II, IL	10.46
65-69 M	1	John Locker, Ludlow, MO	7.57
65-69 M	2	Garry Anderson, Crestwood, MO	7.97
65-69 M	3	Thomas Davis, Kansas City, MO	8.31
65-69 M	4	Joseph Peebles	8.70
65-69 M	5	Rob Votaw, Oak Grove, MO	9.36
70-74 M	1	Steve Terry, Lexington, MO	7.77
70-74 M	2	Russ Ritchhart, Carthage, MO	8.54
70-74 M	3	Jeff Moran, Fulton, MO	11.98
75-79 M	1	Donald Ohmes, O' Fallon, MO	8.01

75-79 M	2	Allen Crim	9.22
75-79 M	3	Larry Pauley, Columbia, MO	10.34
75-79 M	4	Bill Henderson, St Louis, MO	10.99
75-79 M	5	Larry Hightower, Raymore, MO	13.88
80-84 M	1	Robert Reeder, Dubach, LA	9.48
80-84 M	2	James Snook, Overland Park, KS	11.09
80-84 M	3	Jack Smith, Lake St Louis, MO	21.26
80-84 M	4	George Ruh, Ballwin, MO	43.14
85-89 M	1	Marvin Champion, Denver, CO	9.08
85-89 M	2	Thomas Sensabaugh, Ellington, MO	19.96
90-94 M	1	Dave McCoy, Carthage, MO	20.82

2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS
100 METER

50-54 M	1	James Chevalier, Saint Louis, MO	22.89
55-59 M	1	Bryan Martin, Wichita, KS	13.19
55-59 M	2	Hakan Eksi, Vlg of Loch Lloyd, MO	14.01
55-59 M	3	Steve Mauchenheimer, Saint Peters, MO	14.23
55-59 M	4	Kevin O'Neill, Lees Summit, MO	14.45
55-59 M	5	Kevin Harvey, Florissant, MO	15.86
60-64 M	1	Joseph Soignet, Fayetteville, AR	13.29
60-64 M	2	Timothy Turnbeaugh, Alton II, IL	16.26
60-64 M	3	Ted McDaniel, Wentzville, MO	22.24
65-69 M	1	Craig Moeller, Kirkwood, MO	13.97
65-69 M	2	John Locker, Ludlow, MO	14.92
65-69 M	3	Garry Anderson, Crestwood, MO	15.23
65-69 M	4	Thomas Davis, Kansas City, MO	16.17
65-69 M	5	Rob Votaw, Oak Grove, MO	16.40
65-69 M	6	Joseph Peebles	17.23
65-69 M	7	Paul Schindler, St Louis, MO	17.82
70-74 M	1	David Walker, Louisville, KY	15.16
70-74 M	2	Donald Kritzer	22.65
75-79 M	1	Donald Ohmes, O' Fallon, MO	15.74
75-79 M	2	Ike Murphy, Lees Summit, MO	16.38
75-79 M	3	Larry Pauley, Columbia, MO	19.97
75-79 M	4	Roy Dunn, Wright City, MO	20.54
75-79 M	5	Larry Hightower, Raymore, MO	29.18
80-84 M	1	Robert Reeder, Dubach, LA	19.47
80-84 M	2	James Snook, Overland Park, KS	22.35
80-84 M	3	Jack Smith, Lake St Louis, MO	31.52
85-89 M	1	Marvin Champion, Denver, CO	17.16
85-89 M	2	Thomas Sensabaugh, Ellington, MO	22.01
90-94 M	1	Dave McCoy, Carthage, MO	33.92
50-54 F	1	Rainy Cadenhead, Kansas City, MO	18.32
55-59 F	1	Judy Girard, Arnold, MO	16.91
55-59 F	2	Inge Metcalfe	17.28
55-59 F	3	Alane Watts, Kansas City, MO	19.67

55-59 F	4	Jen Layer	24.43
60-64 F	1	Cheryl Bryant, Springfield, MO	17.35
60-64 F	2	Myra Everette, Kansas City, MO	17.67
60-64 F	3	Lori Lewis, Dupo, IL	18.05
60-64 F	4	Susan Freeman, Festus, MO	20.64
60-64 F	5	Caroline Vemulapalli, St Louis, MO	29.13
65-69 F	1	Janet Ossie, Troy, MO	20.64
70-74 F	1	Debra Wood, Raytown, MO	19.47
70-74 F	2	Deanna Maxwell, Peculiar, MO	25.37
75-79 F	1	Pamela Junk, Washington, MO	16.84
80-84 F	1	Jeanann Roth, Huntsville, MO	22.92
80-84 F	2	Ilene Woods, Mountain Grove, MO	35.36
90-94 F	1	Georgie Bender, Oregon, MO	48.28

2024 SHOW-ME STATE GAMES**TRACK AND FIELD RESULTS****200 METER DASH**

50-54 F	1	Rainy Cadenhead, Kansas City, MO	N/A
50-54 F	2	Colette Gieck	N/A
55-59 F	1	Alane Watts, Kansas City, MO	39.12
55-59 F	2	Caroline Vemulapalli	40.92
55-59 F	3	Inge Metcalfe	41.29
55-59 F	4	Jen Layer	N/A
60-64 F	1	Lori Lewis, Dupo, IL	41.08
60-64 F	2	Susan Freeman, Festus, MO	43.51
60-64 F	3	Janet Ossie, Troy, MO	58.35
70-74 F	1	Debra Wood, Raytown, MO	43.18
70-74 F	2	Corky Duhlstine Feeney, East Moline, IL	46.09
70-74 F	3	Chau Smith, Kansas City, MO	50.77
70-74 F	4	Deanna Maxwell, Peculiar, MO	1:00.46
75-79 F	1	Pamela Junk, Washington, MO	39.51
75-79 F	2	Cynthia MacPherson, Mtn Grove, MO	1:07.30
75-79 F	3	Jane Kaiser, St Louis, MO	1:26.17
55-59 M	1	Bryan Martin, Wichita, KS	26.67
55-59 M	2	Steve Mauchenheimer, Saint Peters, MO	29.51
55-59 M	3	Kevin O'Neill, Lees Summit, MO	30.53
55-59 M	4	Leonardo Garay, Independence, MO	31.11
60-64 M	1	Dennis Pickard, Liberty, MO	32.75
60-64 M	2	Timothy Turnbeaugh, Alton II, IL	42.68
65-69 M	1	Garry Anderson, Crestwood, MO	32.32
65-69 M	2	Randy McDermott	34.15
65-69 M	3	Rob Votaw, Oak Grove, MO	37.06
65-69 M	4	Warren Hayden, St Louis, MO	49.71
70-74 M	1	Russ Ritchhart, Carthage, MO	35.16
70-74 M	2	Donald Kritzer	56.62
75-79 M	1	Donald Ohmes, O' Fallon, MO	34.36
75-79 M	2	Ike Murphy, Lees Summit, MO	37.53
75-79 M	3	Roy Dunn, Wright City, MO	47.19
80-84 M	1	Robert Reeder, Dubach, LA	45.28
80-84 M	2	Jack Smith, Lake St Louis, MO	1:25.34
85-89 M	1	Marvin Champion, Denver, CO	37.60
85-89 M	2	Thomas Sensabaugh, Ellington, MO	52.59

2024 SHOW-ME STATE GAMES**TRACK AND FIELD RESULTS****400 METER RUN**

50-54 F	1	Rainy Cadenhead, Kansas City, MO	1:33.04
55-59 F	1	Becky Lowery, Nevada, MO	1:26.97
55-59 F	2	Alane Watts, Kansas City, MO	1:29.06
55-59 F	3	Inge Metcalfe	1:34.49
60-64 F	1	Myra Everette, Kansas City, MO	1:28.60
60-64 F	2	Kathy Ritchhart, Carthage, MO	1:30.77
60-64 F	3	Lori Lewis, Dupo, IL	1:38.09
60-64 F	4	Rose Burt, Grandview, MO	N/A
70-74 F	1	Debra Wood, Raytown, MO	1:49.03
70-74 F	2	Chau Smith, Kansas City, MO	N/A
75-79 F	1	Jane Kaiser, St Louis, MO	2:49.93
55-59 M	1	Steve Mauchenheimer, Saint Peters, MO	1:07.10
55-59 M	2	Hakan Eksi, Vlg of Loch Lloyd, MO	1:08.44
55-59 M	3	John Reamer, Ballwin, MO	1:10.04
55-59 M	4	Kevin Harvey, Florissant, MO	1:10.60
55-59 M	5	Kevin O'Neill, Lees Summit, MO	1:11.16
55-59 M	-	Stephen Durr, Saint Louis, MO	DNF
60-64 M	1	Dennis Pickard, Liberty, MO	1:09.79
60-64 M	2	Jay Carter, St Louis, MO	1:10.85
60-64 M	3	Alejo Morales, Springfield, MO	1:20.41
60-64 M	4	Timothy Turnbeaugh, Alton Il, IL	1:25.69
65-69 M	1	Garry Anderson, Crestwood, MO	1:19.47
65-69 M	2	Paul Schindler, St Louis, MO	1:22.08
65-69 M	3	Jeff Bryant, Springfield, MO	1:41.29
65-69 M	4	Warren Hayden, St Louis, MO	2:05.74
70-74 M	1	David Walker, Louisville, KY	1:15.31
70-74 M	2	Russ Ritchhart, Carthage, MO	1:19.96
70-74 M	3	John Marshall, Columbia, MO	1:58.87
75-79 M	1	Tim Wigger, Shawnee, KS	1:18.32
75-79 M	2	Max Reinhart, Fredonia, KS	1:19.33
75-79 M	3	Larry Rink, Overland Park, KS	1:21.27
75-79 M	4	Ross Bolding	1:22.42
80-84 M	1	Jack Smith, Lake St Louis, MO	2:25.51
85-89 M	1	Thomas Sensabaugh, Ellington, MO	2:28.75

**2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS
800 METER DASH**

50-54 F	1	Rainy Cadenhead, Kansas City, MO	4:11.02
50-54 F	2	Collette Gieck	7:51.16
55-59 F	1	Becky Lowery, Nevada, MO	3:17.39
55-59 F	2	Inge Metcalfe	4:06.19
60-64 F	1	Kathy Richhart	3:48.17
60-64 F	2	Rose Burt, Grandview, MO	5:14.60
65-69 F	1	Liz Kyger, Oldfield, MO	3:42.43
70-74 F	1	Debra Wood, Raytown, MO	4:13.88
70-74 F	2	Chau Smith, Kansas City, MO	4:21.71
75-79 F	1	Cynthia MacPherson, Mtn Grove, MO	6:51.80
75-79 F	2	Jane Kaiser, St Louis, MO	07:23.8
55-59 M	1	Steve Mauchenheimer, Saint Peters, MO	2:36.36
55-59 M	2	John Reamer, Ballwin, MO	2:44.91
60-64 M	1	Jay Carter, St Louis, MO	2:54.70
60-64 M	2	Dennis Pickard, Liberty, MO	2:55.71
60-64 M	3	Alejo Morales, Springfield, MO	3:33.59
65-69 M	1	Randy McDermott	2:55.24
65-69 M	2	Jeff Bryant, Springfield, MO	3:57.06
65-69 M	3	Warren Hayden, St Louis, MO	5:21.83
70-74 M	1	Steve Terry, Lexington, MO	3:08.14
75-79 M	1	Tim Wigger, Shawnee, KS	3:08.33
75-79 M	2	Larry Rink, Overland Park, KS	3:19.12
75-79 M	3	Ross Bolding	3:26.32
80-84 M	1	Jack Smith, Lake St Louis, MO	7:29.32
85-89 M	1	Thomas Sensabaugh, Ellington, MO	8:26.61

2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS
1500 METER

55-59 M	1	Steve Mauchenheimer, Saint Peters, MO	5:25.74
55-59 M	2	John Reamer, Ballwin, MO	5:34.22
55-59 M	3	Leonardo Garay, Independence, MO	6:19.73
60-64 M	1	Jay Carter, St Louis, MO	5:50.23
60-64 M	2	Dennis Pickard, Liberty, MO	6:18.88
65-69 M	1	Randy McDermott	6:06.65
65-69 M	2	Jeff Bryant, Springfield, MO	15:45.81
70-74 M	1	Steve Terry, Lexington, MO	6:21.93
70-74 M	2	Charles Sides	14:29.72
75-79 M	1	Tim Wigger, Shawnee, KS	6:15.55
75-79 M	2	Larry Rink, Overland Park, KS	6:30.25
85-89 M	1	Thomas Sensabaugh, Ellington, MO	17:16.57
90-94 M	1	Dave McCoy, Carthage, MO	15:23.88
55-59 F	1	Becky Lowery, Nevada, MO	6:58.03
55-59 F	2	Alane Watts, Kansas City, MO	8:17.84
55-59 F	3	Terri Swearingen, St Peters, MO	8:19.80
65-69 F	1	Liz Kyger, Oldfield, MO	7:16.39
70-74 F	1	Debra Wood, Raytown, MO	8:33.66
70-74 F	2	Chau Smith, Kansas City, MO	8:59.45
70-74 F	3	Sherryl Laws, Columbia, MO	14:07.67
75-79 F	1	Cynthia MacPherson, Mtn Grove, MO	10:16.47
75-79 F	2	Jane Kaiser, St Louis, MO	13:25.95
80-84 F	1	Jeanann Roth, Huntsville, MO	10:02.47

**2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS
1500 METER RACEWALK**

50-54 F	1	Colette Gieck	19:42.67
55-59 F	1	Gina Bufe, Chesterfield, MO	14:17.05
60-64 F	1	Lori Groom, Leawood, KS	10:26.59
70-74 F	1	Lajuana Reeder, Dubach, LA	13:35.67
65-69 M	1	David Coutts, Whiteside, MO	8:06.94
65-69 M	2	Jim Scott, Springfield, IL	8:13.61
70-74 M	1	David Eisenberg, Leawood, KS	10:04.32
70-74 M	2	Michael Devaney, Globe, AZ	10:38.62
70-74 M	3	Jeff Moran, Fulton, MO	13:18.62
75-79 M	1	Larry Hightower, Raymore, MO	15:01.87
85-89 M	1	Robert Nichols, St Louis, MO	12:07.53
90-94 M	1	Alan Poisner, Overland Park, KS	11:32.22
90-94 M	2	Gene Hall, Troy, MO	13:52.58

**2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS
COED RELAY (4x100)**

60-64	1	Schindler, Kopff, Hodes, & Allen	1:20.82
65-69	1	Terry, Walker, Locker, & Bryant	1:07.68
65-69	2	Junk, Votaw, Roth, & Peebles	1:12.43
75-79	1	Pauley, Bender, Wood, & Sensabaugh	2:03.21

**2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS
800 METER PREDICTION WALK**

			prediction	time	difference
60-64 M	1	Raymond Kopek, Kansas City, MO	7:30.00	6:34.11	00:55.89
65-69 M	1	Jim Scott	4:52.00	4:55.90	00:03.90
65-69 M	2	David Coutts, Whiteside, MO	4:53.00	4:57.70	00:04.70
65-69 M	3	Warren Hayden, St Louis, MO	14:00.00	10:45.60	03:14.40
70-74 M	1	Michael Devaney	5:40.00	5:37.10	00:02.90
70-74 M	2	Steve Terry, Lexington, MO	7:55.00	7:36.36	00:18.64
70-74 M	3	David Eisenberg	6:30.00	5:51.09	00:38.91
75-79 M	1	Larry Pauley, Columbia, MO	11:00.00	10:53.57	00:06.43
75-79 M	2	Larry Hightower, Raymore, MO	9:45.00	8:37.61	01:07.39
80-84 M	1	Raymond Auen, West Plains, MO	11:15.00	10:19.95	00:55.05
80-84 M	2	George Ruh, Ballwin, MO	24:00.00	19:01.43	04:58.57
90-94 M	1	Alan Poisner, Overland Park, KS	7:35.00	6:25.71	01:09.29
55-59 F	1	Leah Ricke	10:56.00	10:50.83	00:05.17
55-59 F	2	Gina Bufe, Chesterfield, MO	24:00.00	19:00.80	04:59.20
60-64 F	1	Lori Graff, Marienthal, KS	10:47.00	10:25.66	00:21.34
60-64 F	2	Lori Groom	5:25.00	5:47.92	00:22.92
60-64 F	3	Carol Bussen	11:15.00	10:21.11	00:53.89
60-64 F	4	Kim Dickerson, Kansas City, MO	11:30.00	10:26.98	01:03.02

2024 SHOW.ME STATE GAMES
TRACK AND FIELD RESULTS

SHOT PUT

50-54 F	1	Mitzi Clayton, Columbia, MO	10.12
	2	Mindy Barratt, Mason City, NE	6.94
55-59 F	1	Jennifer Layer, Kirkwood, MO	6.8
60-64 F	1	Lori Graff, Marienthal, KS	9.82
	2	Crystal Carl, Fredericktown, MO	8.41
	3	Rebecca Murdock, Tulsa, OK	6.51
65-69 F	1	Janet Ossie, Troy, MO	5.69
70-74 F	1	Deanna Maxwell, Peculiar, MO	5.61
	2	Debra Wood, Raytown, MO	5.61
75-79 F	1	Pamela Junk, Washington, MO	8.13
	2	Jane Kaiser, St Louis, MO	7.62
80-84 F	1	Carol Bussen, West Plains, MO	4.84
90-94 F	1	Georgie Bender, Oregon, MO	4.74
50-54 M	1	Don Larsen, West Plains, MO	11.06
55-59 M	1	Chad Craig, Tulsa, OK	11.65
	2	Tim McDonald	9.49
	3	Hakan Eksi, Vlg of Loch Lloyd, MO	9.39
	4	Steven Durr	8.51
60-64 M	1	John Carl, Fredericktown, MO	13.05
	2	Mike Chai, Olivette, MO	10.62
	3	Paul James, Columbia, MO	9.84
	4	Al Odom, Springfield, MO	9.62
	5	Randy Hansen, Ames, NE	9.11
	6	Matt Naumann, O Fallon, MO	8.9
65-69 M	1	John Jelinek, O' Fallon, IL	8.92
	2	Myron Davis	7.91
	3	Michael Jones, Jefferson City, MO	7.81
	4	David Chalupa, Omaha, NE	7.46
70-74 M	1	Greg Malan, Salem, IL	11.46
	2	Jeffrey Carl, Sterling, IL	11.38
	3	Daniel Narzinski, Columbia, IL	10.58
	4	Stan Youngblood, Florissant, MO	9.05
	5	Rick Nelson, St Louis, MO	8.36
	6	Garry Pirch, Summersville, MO	7.33
75-79 M	1	Tom Pitts, Brookfield, MO	9.6
	2	Charles Shrader, Abilene, KS	8.83
	3	Bill Henderson, St Louis, MO	7.6
	4	Larry Hightower, Raymore, MO	7.38
	5	Larry Pauley, Columbia, MO	6.89
80-84 M	1	Jack Smith, Lake St Louis, MO	7.19
	2	John Dawson, Union, MO	6.94
	3	George Ruh, Ballwin, MO	6.85
85-89 M	1	John McBee, Quitman, AR	7.63

90-94 M	1	JD Brockman, Springfield, MO	7.73
	2	Dave McCoy, Carthage, MO	5.22

**2024 SHOW.ME STATE GAMES
TRACK AND FIELD RESULTS**

RUNNING LONG JUMP

55-59 F	1	Judy Girard, Arnold, MO	2.62
60-64 F	1	Cheryl Bryant, Springfield, MO	2.71
	2	Myra Everette, Kansas City, MO	2.6
	2	Lori Lewis, Dupo, IL	2.6
65-69 F	1	Janet Ossie, Troy, MO	1.28
70-74 F	1	Corky Duhstine Feeney, East Moline, IL	2.52
	2	Deanna Maxwell, Peculiar, MO	1.89
	3	Debra Wood, Raytown, MO	1.56
75-79 F	1	Pamela Junk, Washington, MO	2.98
	2	Jane Kaiser, St Louis, MO	1.59
80-84 F	1	Ilene Woods, Mountain Grove, MO	0.73
50-54 M	1	Don Larsen, West Plains, MO	4.26
55-59 M	1	Hakan Eksi, Vlg of Loch Lloyd, MO	4.31
	2	Steve Mauchenheimer, Saint Peters, MO	4.2
	3	Kevin O'Neill, Lees Summit, MO	3.82
60-64 M	1	Mike Chai, Olivette, MO	4.46
	2	Thomas Girard, St Louis, MO	3.94
	3	Kevin Ijames, Sullivan, MO	3.1
65-69 M	1	Craig Moeller, Kirkwood, MO	4.18
	2	John Locker, Ludlow, MO	3.88
	3	Garry Anderson, Crestwood, MO	3.56
	4	Scott Schwartz, Chesterfield, MO	3.03
70-74 M	1	William Griffin, St Louis, MO	3.86
	2	Stan Youngblood, Florissant, MO	3.08
	3	Nicholas Hamra, Lake Ozark, MO	2.91
	4	Russ Ritchhrt	2.79
	5	Donald Kritzer	1.92
75-79 M	1	Donald Ohmes, O' Fallon, MO	3.83
	2	Michael Bruce, High Ridge, MO	3.59
	3	Larry Rodenbeck, St Charles, MO	3.31
	4	Larry Rink, Overland Park, KS	2.88
	5	Allen Crim	2.82
	6	Tim Wigger, Shawnee, KS	Scr
80-84 M	1	Jack Smith, Lake St Louis, MO	1.4
	2	George Ruh, Ballwin, MO	1.03
90-94 M	1	Dave McCoy, Carthage, MO	1.21

**2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS**

TRIPLE JUMP

60-64 F	1	Lori Lewis	6.02
65-69 F	1	Janet Ossie, Troy, MO	2.93
70-74 F	1	Corky Duhstine Feeney, East Moline, IL	5.94
	2	Debra Wood, Raytown, MO	3.3
75-79 F	1	Jane Kaiser, St Louis, MO	2.86
50-54 M	1	Don Larsen, West Plains, MO	7.84
55-59 M	1	Steve Mauchenheimer, Saint Peters, MO	8.63
	2	Kevin O'Neill, Lees Summit, MO	8.29
60-64 M	1	Mike Chai, Olivette, MO	8.71
	2	Thomas Girard, St Louis, MO	7.17
65-69 M	1	Craig Moeller, Kirkwood, MO	8.97
	2	Garry Anderson, Crestwood, MO	7.44
	3	John Locker, Ludlow, MO	7.34
70-74 M	1	Steve Terry, Lexington, MO	8.24
	2	William Griffin, St Louis, MO	8.13
	3	Stan Youngblood, Florissant, MO	6.22
	4	Garry Pirch, Summersville, MO	5.72
75-79 M	1	Larry Rodenbeck, St Charles, MO	7.77
	2	Michael Bruce, High Ridge, MO	6.94
	3	Larry Rink, Overland Park, KS	5.93
	4	Allen crim	5.76
80-84 M	1	Jack Smith, Lake St Louis, MO	3.06
	2	George Ruh, Ballwin, MO	2.6
90-94 M	1	Dave McCoy, Carthage, MO	3.24

**2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS**

POLE VAULT

65-69 F	1	Janet Ossie, Troy, MO	3-00
50-54 M	1	Anthony Sicola, Grain Valley, MO	9-00
55-59 M	1	Trey Hadaway, Papillion, NE	11-00
55-59 M	2	Hakan Eksi, Vlg of Loch Lloyd, MO	8-00
60-64 M	1	Dave Gilbert, Oregon, IL	12-00
	2	Randy Hansen, Ames, NE	8-00
	3	Wade Sorenson, Kirksville, MO	7-06
65-69 M	1	Dan Huber, Ballwin, MO	9-06

**2024 SHOW.ME STATE GAMES
TRACK AND FIELD RESULTS**

JAVELIN

55-59 F	1	Jennifer Layer, Kirkwood, MO	13.35
	2	Leah Ricke	7.4
60-64 F	1	Crystal Carl, Fredericktown, MO	15.99
	2	Lori Graff, Marienthal, KS	15.61
	3	Rebecca Murdock, Tulsa, OK	12.75
65-69 F	1	Liz Kyger, Oldfield, MO	14.71
	2	Janet Ossie, Troy, MO	10.77
70-74 F	1	Debra Wood, Raytown, MO	10.04
75-79 F	1	Jane Kaiser, St Louis, MO	10.27
80-84 F	1	Ilene Woods, Mountain Grove, MO	Scr
90-94 F	1	Georgie Bender, Oregon, MO	3.21
50-54 M	1	Don Larsen, West Plains, MO	41.13
	2	Anthony Sicola, Grain Valley, MO	31.91
50-54 M	3	Jake Simon, Webster Groves, MO	23.07
55-59 M	1	Tim McDonald	36.41
	2	Hakan Eksi, Vlg of Loch Lloyd, MO	33.94
60-64 M	1	Wade Sorenson, Kirksville, MO	32.33
	2	John Carl, Fredericktown, MO	30.65
	3	Mike Chai, Olivette, MO	30.55
	4	Dennis Pickard, Liberty, MO	26.57
65-69 M	1	Kurt Gruenbacher, Lenexa, KS	42.01
	2	Stan McCurdy, Ladue, MO	33.31
	3	Edward Kuntz, Fenton, MO	31.81
	4	John Jelinek, O' Fallon, IL	30.48
	5	David Chalupa, Omaha, NE	22.81
	6	Scott Schwartz	13.81
70-74 M	1	Robert Orell, Lake St Louis, MO	34.77
	2	Jeffrey Carl, Sterling, IL	33.57
	3	Daniel Narzinski, Columbia, IL	31.42
	4	Nicholas Hamra, Lake Ozark, MO	30.56
	5	Stan Youngblood, Florissant, MO	20.69
	6	Donald Kritzer	18.67
	7	Rick Nelson, St Louis, MO	18.53
	8	Lynn Cline, Springfield, MO	14.02
75-79 M	1	Larry Rodenbeck, St Charles, MO	28.67
	2	Charles Shrader, Abilene, KS	24.07
	3	Stan Szydowski, Arnold, MO	22.37
	4	Bill Henderson, St Louis, MO	20.23
	5	Larry Hightower, Raymore, MO	19.02
	6	Larry Pauley, Columbia, MO	16.05
	7	Willie Oberman, Stockton, MO	14.79
80-84 M	1	Steve Domahidy, Chesterfield, MO	19.64
	2	John Dawson, Union, MO	16

	3	George Ruh, Ballwin, MO	10.14
	4	Jack Smith, Lake St Louis, MO	Scr
85-89 M	1	John McBee, Quitman, AR	24.04
90-94 M	1	JD Brockman, Springfield, MO	22.21
	2	Dave McCoy, Carthage, MO	13.15

**2024 SHOW.ME STATE GAMES
TRACK AND FIELD RESULTS**

STANDING LONG JUMP

55-59 F	1	Becky Lowery, Nevada, MO	2.03
	2	Judy Girard, Arnold, MO	1.74
60-64 F	1	Lori Lewis	1.71
65-69 F	1	Janet Ossie, Troy, MO	1.39
70-74 F	1	Corky Duhlstine Feeney, East Moline, IL	1.37
	2	Deanna Maxwell, Peculiar, MO	1.22
75-79 F	1	Pamela Junk, Washington, MO	1.65
50-54 M	1	Don Larsen, West Plains, MO	2.56
55-59 M	1	Steve Mauchenheimer, Saint Peters, MO	2.36
	2	Kevin O'Neill, Lees Summit, MO	2.28
60-64 M	1	Mike Chai, Olivette, MO	2.32
	2	Thomas Girard, St Louis, MO	2.18
65-69 M	1	John Locker, Ludlow, MO	2.23
	2	John Jelinek, O' Fallon, IL	2.09
	3	Rob Votaw, Oak Grove, MO	2.05
	4	Scott Schwartz, Chesterfield, MO	2.04
	5	David Chalupa, Omaha, NE	1.42
70-74 M	1	Steve Terry, Lexington, MO	2.22
	2	Stan Youngblood, Florissant, MO	1.96
	3	Garry Pirch, Summersville, MO	1.94
	4	Donald Kritzer	1.58
75-79 M	1	Donald Ohmes, O' Fallon, MO	2.09
	2	Michael Bruce, High Ridge, MO	2.07
	3	Larry Rink, Overland Park, KS	1.77
	3	Allen Crim	1.77
	4	Bill Henderson, St Louis, MO	1.69
	5	Larry Pauley	1.46
80-84 M	6	Larry Hightower, Raymore, MO	1
	1	Jack Smith, Lake St Louis, MO	1.14
	2	George Ruh, Ballwin, MO	1.03
85-89 M	1	John McBee	1.12
90-94 M	1	JD Brockman, Springfield, MO	1.16
	2	Dave McCoy	0.87

**2024 SHOW-ME STATE GAMES
TRACK AND FIELD RESULTS**

HIGH JUMP

60-64 F	1	Caroline Vemulapalli	3-00
65-69 F	1	Janet Ossie, Troy, MO	2-04
70-74 F	1	Corky Duhlstine Feeney, East Moline, IL	3-00
	2	Debra Wood, Raytown, MO	2-04
75-79 F	1	Jane Kaiser, St Louis, MO	2-04
50-54 M	1	Don Larsen, West Plains, MO	4-06
55-59 M	1	Hakan Eksi, Vlg of Loch Lloyd, MO	4-06
	2	Steve Mauchenheimer, Saint Peters, MO	4-06
	3	Wayne Horne, N Kansas City, MO	4-00
60-64 M	1	Wade Sorenson, Kirksville, MO	4-09
	2-tie	Mike Chai, Olivette, MO	4-00
	2-tie	Dennis Pickard, Liberty, MO	4-00
	-	Thomas Girard, St Louis, MO	NH
65-69 M	1	John Locker, Ludlow, MO	3-10
	2	David Coutts, Whiteside, MO	3-08
70-74 M	1	Garry Pirch, Summersville, MO	4-04
	2	Nicholas Hamra, Lake Ozark, MO	4-00
75-79 M	1	Allen Crim	3-06
	2	Larry Rink, Overland Park, KS	3-04
	3	Larry Hightower, Raymore, MO	2-06
80-84 M	1-tie	George Ruh, Ballwin, MO	2-04
	1-tie	Jack Smith, Lake St Louis, MO	2-04

**2024 SHOW.ME STATE GAMES
TRACK AND FIELD RESULTS**

DISCUS

50-54 F	1	Mitzi Clayton, Columbia, MO	28.82
	2	Mindy Barratt, Mason City, NE	20.22
55-59 F	1	Laura Kaczmarek.Brown, Texarkana, TX	25.92
	2	Inge Metcalf	19.11
	3	Jennifer Layer	15.71
60-64 F	1	Lori Graff, Marienthal, KS	23.84
	2	Cheryl Bryant, Springfield, MO	16.34
	3	Rebecca Murdock, Tulsa, OK	16.12
	4	Crystal Carl, Fredericktown, MO	15.38
65-69 F	1	Janet Ossie, Troy, MO	13.2
70-74 F	1	Deanna Maxwell, Peculiar, MO	11.93
	2	Debra Wood, Raytown, MO	11.02
75-79 F	1	Jane Kaiser, St Louis, MO	16.25
90-94 F	1	Georgie Bender, Oregon, MO	8.65
50-54 M	1	Don Larsen, West Plains, MO	36.14
55-59 M	1	Tim McDonald	35.15
	2	Chad Craig, Tulsa, OK	29.75
	3	Hakan Eksi, Vlg of Loch Lloyd, MO	26.07
60-64 M	1	Mike Chai, Olivette, MO	37.11
	2	John Carl, Fredericktown, MO	35.78
	3	Wade Sorenson, Kirksville, MO	32.59
	4	Al Odom, Springfield, MO	25.16
	5	Paul James, Columbia, MO	24.43
65-69 M	1	John Finley, Olathe, KS	38.53
	2	John Jelinek, O' Fallon, IL	26.39
	3	David Chalupa, Omaha, NE	25.27
70-74 M	1	Jeffrey Carl, Sterling, IL	37.36
	2	Greg Malan, Salem, IL	33.75
	3	Daniel Narzinski, Columbia, IL	28.2
	4	Rick Nelson, St Louis, MO	25.74
	5	Garry Pirch, Summersville, MO	24.25
	6	Stan Youngblood, Florissant, MO	22.54
	7	Nicholas Hamra, Lake Ozark, MO	F
75-79 M	1	Tom Pitts, Brookfield, MO	27.74
	2	Charles Shrader, Abilene, KS	23.78
	3	Larry Hightower, Raymore, MO	23.1
	4	Bill Henderson, St Louis, MO	23.03
	5	Willie Oberman, Stockton, MO	19.88
80-84 M	1	John Dawson, Union, MO	17.54
	2	George Ruh, Ballwin, MO	16.04
	3	Jack Smith, Lake St Louis, MO	8.29
85-89 M	1	John McBee, Quitman, AR	19.7
90-94 M	1	JD Brockman, Springfield, MO	17.85

